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# Ethics In Counseling Psychotherapy

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*Ethics In Counseling  
Psychotherapy*

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## NASH BENJAMIN

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Real-Life Ethical Decision Making  
Springer Publishing Company  
This edited volume comprehensively examines the critical ethical challenges that arise in the practice of counselling and psychotherapy. It translates philosophical positions and professional ethical guidelines in a way that can be applied to practice. The various chapters focus on specific ethical issues that emerge in working with a range of different client groups; for example, children, couples and families. While some ethical imperatives are common across the board, others could be more closely associated with certain client groups. Practitioners might experience uncertainty in working with vulnerable client groups; for example, lesbian/gay/transgender/intersex (LGBT) clients, or persons who report intimate partner violence. Several chapters raise questions, provide information and additional resources to enhance ethically informed practice. Chapter contributions also highlight the ethical dilemmas that might be unique to certain contexts; for example, private practice, schools and consultation-liaison settings. This volume also addresses contemporary and relatively less understood playing fields

like 'digital ethics' related to therapist-client interface in the internet space and the navigation of ethical dilemmas in the newly emerging field of employee assistance programmes which address mental health needs in the corporate sector. Written by experienced practitioners of psychotherapy, and culturally contextualized, this is a valuable resource for academics and practitioners interested in psychotherapy and counselling.

### **A Case-Based Guide to Virtuous Practice** Ethics in Counseling & Psychotherapy

Editor Randolph K. Sanders assembles a team of scholar-practitioners to forge a comprehensive ethical approach to Christian counseling. Christian psychotherapists, pastors and others in the counseling profession will find here a ready resource for a whole array of contemporary clinical scenarios.

*Ethics In Counseling & Psychotherapy*  
Springer Publishing Company

Praise for Ethics in Psychotherapy and Counseling, Fourth Edition "A stunningly good book. . . . If there is only one book you buy on ethics, this is the one."

—David H. Barlow, PhD, ABPP, Professor of Psychology and Psychiatry, Boston University "The Fourth Edition continues to be the gold standard. . . . a must-read in every counseling/therapy training program. It is that good and valuable."

—Derald Wing Sue, PhD, Professor of Psychology and Education, Teachers College, Columbia University "A must-have for therapists at every step of their career from student to wise elder."

—Bonnie Strickland, PhD, former president, American Psychological Association "This Fourth Edition of the best book in its field has much timely new material. . . . A brilliant addition is an exploration of how reasonable people can conscientiously follow the same ethical principles yet reach different conclusions . . . an essential sourcebook."

—Patrick O'Neill, PhD, former president, Canadian Psychological Association "Essential for all practicing mental health professionals and students." —Nadine Kaslow, PhD, ABPP, President, American Board of Professional Psychology "I particularly enjoyed the chapter on ethical practice in the electronic world, which was informative even to this highly tech-savvy psychologist. The chapter on responses to the interrogations issue is destined to be a classic. . . . Bravo! Mandatory reading."

—Laura Brown, PhD, ABPP, 2010 President, APA Division of Trauma Psychology "There's no better resource to have at your fingertips."

—Eric Drogin, JD, PhD, ABPP, former chair, APA Committee on Professional Practice and Standards and APA Committee on Legal Issues "Two of psychology's national treasures, Drs. Ken Pope and Melba Vasquez walk the walk of psychotherapy ethics. Simply the best book in its genre." —John Norcross, PhD, ABPP, Professor of Psychology and Distinguished University Fellow, University of Scranton

*Instructor's Guide for Ethics in Counseling and Psychotherapy*  
InterVarsity Press

This book offers an introduction to

values and ethics in counselling and psychotherapy, helping you to develop the ethical awareness needed throughout the counselling process. The book covers: - Context and emergence of ethics in counselling - Exercises to explore personal and professional values - Tools to develop ethical mindfulness - Differences between therapeutic models - Relational ethics - Ethical dilemmas and issues - Practice issues including confidentiality, boundaries and autonomy versus beneficence. Using in-depth case studies of counselling students, the author demonstrates the constant relevance of values and ethics to counselling and psychotherapy, equipping trainees with the tools to successfully navigate values and ethics in their professional practice.

*A Practical Guide* Routledge

With comments and evaluations from the viewpoint of mental health professionals, *Confronting Malpractice* contributes greatly to the needs of newly certified and seasoned therapists alike, as well as being an accessible handbook for anyone in counseling/training, psychology, social work/social welfare, family studies, interpersonal violence, and aging/gerontology. "The cogent material presented in *Confronting Malpractice* could serve as an antidote for many in mental health professions who may be taking risks without knowing it. This ambitious but wieldy tome is rich with information on ethical strategies for professional survival during an era of growing litigiousness. . . . This book successfully provides a needed roadmap for confidently traversing the rough territory that lies ahead. . . . Readers of this thoroughgoing book will find renewed confidence that they understand the fundamentals and realities of

malpractice litigation. The well-documented and briskly authoritative writing includes compelling vignettes and questions to consider that should prompt lively discussion with colleagues, interns, and students." --Contemporary Psychology "This volume is an excellent handbook for the psychotherapy practitioner at any level. . . . Teachers . . . will find this volume to be an excellent aid. . . . This is the best example I know--and perhaps the only one--in which the ethical principles of all mental health professions have been analyzed and integrated with case law to form common standards of psychotherapeutic care and service delivery across mental health professions. . . . I wish I had had a reference like this when I began my career as a psychotherapist." --from the Foreword by Sherry L. Skidmore, Ph.D. "This book will be of interest to anyone who shares this interest [in the ethics of counseling]. . . . It provides useful insights into the ways the ethical practice of counselling is developing in a different social and legal context." --The Journal of the British Association for Counselling "Confronting Malpractice takes a variety of legal cases and derives from those cases concrete implications for clinical practice. The authors coherently discuss the manner in which the legal process affects therapists and also discuss concepts such as standard of care and record keeping. The book contains an excellent discussion of ethical issues and has an excellent section on sample forms that clinicians might use in their practice, such as forms for informed consent, treatment planning and progress notes. This is an informative, comprehensive book which, in a very thought-provoking format, translates much case law into concrete implications for clinical

practice." --David L. Shapiro, Ph.D., Diplomate in Forensic Psychology, Narratives from Counselling and Psychotherapy Brooks/Cole Publishing Company

Developing and maintaining a secure framework for professional practice is a core part of any counselling and psychotherapy training, as all therapists need to understand the key values, ethics and laws that underpin the profession today. But what does being a member of a 'profession' actually mean, and what does being a 'professional' actually involve? Structured around the BACP Core Curriculum, and with the help of exercises, case studies and tips for further reading, this book covers everything from the requirements of the BACP Ethical Framework to broader perspectives on good professional practice. It includes: Practising as a therapist in different roles and organizational contexts. Working with key issues, including difference, vulnerable clients and risk.

Understanding the law and relevant legal frameworks for practice. Working ethically, including contrasting models and approaches to ethics.

*Relational Ethics in Practice* Cram101 Gain fresh theoretical and practical perspectives of feminist ethics in psychotherapy from this groundbreaking book. The combined effect of increases in the population of minorities in the U.S. and the number of women in psychotherapy practice will have great impact on the future of the mental health profession. Psychotherapy practitioners and students must learn how to make ethical considerations concerning gender, ethnicity, and sexual orientation. *Bringing Ethics Alive* is the only book of its kind that deals with the multicultural aspects of ethics in mental

health services and discusses specific objectives for incorporating ethics in psychotherapy education. Divided into two sections, *Bringing Ethics alive* focuses on both theoretical and practical issues of ethics in feminist therapy. The first section addresses theory by emphasizing the ethical responsibility of training programs to incorporate discussions on issues of racism, sexism, and heterosexism into the curricula. The important principles that should be included in courses on ethics in psychotherapy are outlined and include in-depth explanations of the ethics of confidentiality, professional competence, and conflicts of interest. A model for reconceptualizing boundary definitions in therapy is also provided. The second half of *Bringing Ethics Alive* provides insights on a wide range of ethical considerations in psychotherapy practice. Some of the specific issues discussed include: sexual abuse of clients by women therapists experiences of women sexually abused by male therapists compared to women sexually abused by female therapists a personal account of sexual misconduct in therapy from the point of view of the victim the ethics code of the Feminist Therapy Institute and the difficulties in translating the code into practice the inappropriate use of Native American spiritual practices or activities by non-Native American professionals Graduate students in psychology, social work, and counseling, psychiatric residents, psychologists, social workers, counselors, and counseling clergy, no matter what their level of experience, will benefit from this thought-provoking exploration of feminist ethics in theory and practice. With its multicultural viewpoint and clear definitions of ethical issues, *Bringing Ethics Alive* is an essential book for helping mental health

professionals sort through the complex issues of ethics in feminist therapy.

Routledge

This book offers numerous questions and answers about ethics in counselling and therapy, training, counselling supervision, research and other important issues. The authors bring psychodynamic, person-centred, integrative or eclectic approaches to their selection of questions and answers. They also bring a variety of experience from independent practice, institutional and voluntary agency settings. Between them they have experience as counsellors, psychotherapists, trainers, counselling supervisors and authors. The questions cover a range of issues that practitioners need to consider including: confidentiality, constraints and the management of confidentiality; boundaries, dual and multiple relationships, relationships with former clients; non-discriminatory practice, issues for individuals and agencies; competence and the proper conduct of counsellors and therapists and the profession's responsibilities to deliver non-exploitative and non-abusive help to clients. *Questions of Ethics in Counselling and Therapy* also contains three appendices offering useful information. It is written in a clear, accessible style and is aimed at a wide readership in counselling and therapy, ranging from trainees to more experienced practitioners.

*Counseling Ethics for the 21st Century*  
Springer Publishing Company

Never HIGHLIGHT a Book Again! Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives all of the outlines, highlights, and quizzes for your textbook with optional online comprehensive practice tests. Only

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**Ethics for Psychotherapists and Counselors** InterVarsity Press

Culturally Relevant Ethical Decision-Making in Counseling presents a hermeneutic orientation and framework to address contextual issues in ethical decision-making in counseling and psychotherapy. Authors Rick Houser, Felicia L. Wilczenski, and Mary Anna Ham incorporate broad perspectives of ethical theories which are grounded in various worldviews and sensitive to cultural issues.

*Speaking the Unspeakable* Springer Publishing Company

This book offers an introduction to values and ethics in counselling and psychotherapy, helping you to develop the ethical awareness needed throughout the counselling process. The book covers: - Context and emergence of ethics in counselling - Exercises to explore personal and professional values - Tools to develop ethical mindfulness - Differences between therapeutic models - Relational ethics - Ethical dilemmas and issues - Practice issues including confidentiality, boundaries and autonomy versus beneficence. Using in-depth case studies of counselling students, the author demonstrates the constant relevance of values and ethics to counselling and psychotherapy, equipping trainees with the tools to successfully navigate values and ethics in their professional practice.

**Ethics and Values in Psychotherapy**

John Wiley & Sons

Relational Ethics in Practice presents a new collection of narratives on ethics in day-to-day therapeutic practice. Highly experienced professionals from a range of roles in the therapeutic professions

explore ways of developing ethical and effective relationships. The contributors provide the reader with engaging and informative narratives that indicate how ethics can inform and influence practice in a variety of clinical contexts across the helping professions. These personal and professional narratives will encourage people to think more proactively about ethics and the impact that they have on both therapeutic practice, and life in general. Throughout this book, Lynne Gabriel, Roger Casemore and their contributors emphasise that the consideration of the ethical dimension is of paramount importance to successful processes and outcomes in every therapeutic relationship. Chapters cover a number of topics including: how theoretical approaches can inform ethical decision making and practice practical difficulties and ethical challenges innovative and unconventional approaches informed consent across various contexts pointers for good practice the notion of the 'wounded healer'. Relational Ethics in Practice: Narratives from Counselling and Psychotherapy will appeal to a wide range of readers involved in the helping professions including counsellors, psychotherapists, researchers, supervisors and trainees.

Christian Counseling Ethics Cambridge University Press

The Cambridge Handbook of Applied Psychological Ethics is a valuable resource for psychologists and graduate students hoping to further develop their ethical decision making beyond more introductory ethics texts. The book offers real-world ethical vignettes and considerations. Chapters cover a wide range of practice settings, populations, and topics, and are written by scholars in these settings. Chapters focus on the

application of ethics to the ethical dilemmas in which mental health and other psychology professionals sometimes find themselves. Each chapter introduces a setting and gives readers a brief understanding of some of the potential ethical issues at hand, before delving deeper into the multiple ethical issues that must be addressed and the ethical principles and standards involved. No other book on the market captures the breadth of ethical issues found in daily practice and focuses entirely on applied ethics in psychology. *Culturally Relevant Ethical Decision-Making in Counseling* Routledge Counseling Ethics for the 21st Century prepares students to address ethical issues arising in contemporary counseling practice. Drawing on their own clinical and practical experiences, authors Elliot D. Cohen and Gale Spieler Cohen present detailed, realistic, and engaging clinical case studies along with a comprehensive five-step model that can be used to manage the complex ethical problems raised throughout the book. Each chapter focuses on particular virtues in the context of examining a particular counseling issue, including online counseling, digital record keeping, and social media. Students will be empowered to define problems, identify relevant facts, conduct ethical analyses, and make the best decisions for their clients.

**Foundations of Ethical Practice, Research, and Teaching in Psychology and Counseling** SAGE

In Praise of the First Edition... `Essential reading for therapists, counsellors, supervisors, trainers and health care workers... It is a book which will help us all to guard the high professional and ethical standards to which responsible workers aspire, and which all our clients

are entitled to expect' - British Journal of Guidance & Counselling `Highly recommended. Essential on every counselling course reading list as well as on counsellors' own bookshelves' - Counselling, The Journal of the British Association for Counselling This highly acclaimed guide to the major responsibilities which trainees and counsellors in practice must be aware of be

Standards and Ethics for Counselling in Action John Wiley & Sons

This is the first textbook to integrate American Counseling Association (ACA) and American Psychological Association (APA) ethical standards for programs spanning both counseling and psychology. It provides a clear, comprehensive review of the codes of ethics of both organizations, distilling the essence of each to enable counselors and psychologists to understand and engage in ethical decision making. The text also clarifies legal requirements at state and federal levels, and facilitates critical thinking about the complex intersection of legal requirements and ethical codes in a way that is easily understandable. Focusing on key issues such as confidentiality, professional boundaries, professional and multicultural competence, social media, and situations with colleagues, the book is also unique in its inclusion of how ethical guidelines are influenced by self-care. Chapters engage readers with self-assessment questions, illustrative case vignettes, and discussion questions. A glossary of terms helps to clarify legal and ethical terminology, and additional resources direct readers to more in-depth research. The text is ideally suited to meet the needs of both CACREP and non-CACREP programs that train counselors who work in an



interprofessional climate of mental health care. It is also useful for undergraduate programs in addiction and substance abuse services counseling. The availability of an Instructor's Manual and PowerPoints provides additional value. Key Features: Reviews and integrates ethical standards and guidelines of the ACA and APA Designed for both CACREP and non-CACREP approved programs staffed by individuals representing both ACA and APA standards Focuses on confidentiality, professional boundaries, competence, social media, and responsibilities to colleagues Offers information on ethics of counselor self-care Includes case vignettes with discussion questions, self-assessment questions, and glossary Provides Instructor's Manual and PowerPoint slides

*Professional Practice in Counselling and Psychotherapy* Springer

This book delves into risks that can easily bedevil any psychotherapist and what can happen if they are ignored. Dramatic storytelling, based on actual incidents from the author's experiences as a member of ethics committees and as an ethics teacher and consultant, explores actions prompting clients to issue formal complaints. Set in the context of an ethics committee meeting over the course of a weekend, twelve psychologists face their peers who will stand in judgment. Issues include the fallout from losing one's temper with a difficult client, a personal disclosure gone terribly wrong, a bartering arrangement that literally falls apart, a private life revealed in a most public way, a vengeful act that sullies the reputation of an entire department, breaking confidentiality when a client threatened harm, and the slippery slope

to sexual exploitation. The stories are absorbing, enlightening, sometimes shocking, and often stranger than fiction. Narrative nonfiction puts human faces and emotions on what would otherwise be cursory statistics. What led to the formal complaint from both the vantage point of the complainant and the psychologist offers insights not otherwise available unless the dynamics of their private lives leading up to the conflict are revealed. An author's commentary and discussion questions follow every story. Both new and seasoned practitioners, as well as those still in training, will find this to be an invaluable resource.

The Ethical and Professional Practice of Counseling and Psychotherapy Cengage Learning

This book will offer rich discussions and realistic learning experiences about ethical codes, legal issues, and challenging cases that all practicing counselors will face. It will be ideal for professors who are looking for an engaging, activity-based way to teach ethics in the classroom. This book will provide background information about positive approaches to ethics as well as integrate this approach into each chapter (e.g., in a personal testimony in which authors describe a case dilemma that they resolved using positive approaches to ethics.) Each chapter in this book will address key content related to the ethical issue under consideration and will include original case studies and reflection and process questions that highlight the issues under consideration. *Ethical Dilemmas in Psychotherapy* SAGE "It is one thing to discuss these matters clearly and often, but it is another to make them living experiences for the reader. I am particularly impressed by the many ways in which the authors

strive to involve the readers, whether it be by presenting dilemmas to consider or spelling out activities that highlight the points under consideration. This not only is a book that students will read with interest and enthusiasm, it also is one that will make the task of the instructor clear and easier to accomplish."- George Stricker, PhD, Argosy University

The only text to integrate ACA and APA ethics standards and address ethical aspects of self-care. This is the first textbook to integrate both ACA and APA standards of ethics for programs spanning both counseling and psychology disciplines. It provides a clear, comprehensive review of ethical standards and guidelines by the ACA and APA and distills the essence of both to find common ground for counselors and psychologists to understand and engage in ethical decision-making. The text also clarifies legal requirements at state federal levels, and facilitates critical thinking regarding the complex intersections of legal requirements and ethics codes in a way that is easily understandable. Focusing on key issues such as confidentiality, professional boundaries, professional and multicultural competence, social media, and situations with colleagues, the book is also unique in its inclusion of how ethical guidelines are impacted by self-care. Chapters engage readers with self-assessment questions, illustrative case vignettes, and discussion questions. A glossary of terms helps to clarify legal and ethical terminology and additional resources direct readers to more in-depth research. The text is ideally suited to meet the needs of both CACREP and non-CACREP programs that train counselors who work in an interprofessional climate of mental health care . It is also useful for

undergraduate programs in addiction and substance abuse services counseling. An Instructor's Manual provides additional value. Key Features: Reviews and integrates both ACA and APA ethical standards and guidelines Designed for both CACREP and non-CAPREP approved programs staffed by individuals representing both ACA and APA standards Focuses on confidentiality, professional boundaries, competence, social media, and responsibilities to colleagues Offers information on ethics of counselor self-care Includes case vignettes with discussion questions, self-assessment questions, glossary, and Instructor's Manual

#### Ethics for Counselors Allyn & Bacon

In addition to providing foundational information about ethical codes and legal statutes, this new text advocates for counseling personnel to view ethical issues as challenges for personal and professional growth. Written in an accessible, concise and easy to read style, this book endeavors to broaden the traditional focus of ethical study to include topics that students and practicing clinicians will find consistent with their own personal strivings and professional needs. While covering the traditional core concepts of professional ethics in considerable detail: confidentiality, informed consent, boundaries and the use of power, and competency and professional responsibility, it also advocates for counseling personnel to view ethical issues as challenges for personal and professional growth. And, it includes a number of critical topics that counselors and therapists face or will face in daily practice. These include organizational ethics, virtue ethics, and an expanded view of multicultural ethics with a focus



on community values as well as on religious and spiritual issues. This new book includes a special chapter in the appendix that emphasizes ways in which counselors and therapists can grow and achieve excellence in their personal and professional lives. Unique and essential coverage of organizational ethics (OE) is addressed making readers aware of how organizational dynamics can exert such powerful influence on ethical decision making (Ch 4 & 10-14). Unique coverage

of the ethical considerations involving spiritual and religious issues as well as the use of alternative interventions in counseling and psychotherapy are covered, including the common lawsuits brought against counselors and therapists using spiritual and alternative interventions (Ch 3). A unique section in the appendix describes the psychological and philosophical basis of ethical decision-making for readers who want and need a more in-depth discussion.