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**BALLARD CARLA**

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*The Feminist Porn Book* Everest Media LLC

The most famous sexual therapist in Japan guides you through the techniques of "slow sex" that makes women have an orgasm. Best techniques that every woman loves changes your sexual life dramatically! [Text] Now we can get various information on sex through the Internet and magazines. Unfortunately, most of the information you can find is fake. The fake information comes from misunderstandings, lies and obsessions; so it is widely inaccurate. It only stimulates men's sexual urge and curiosity. If you have accurate knowledge and techniques, every man can satisfy their lady. The reason why you haven't been able to do that yet is because most of your common sense knowledge you've believed to be "true" or "normal" is wrong. Once you've learned, mastered, and done my proposed slow sex correctly, you can satisfy your special lady. Just forget all the knowledge you've learned and your current techniques. You'll be surprised how wrong your sex is. [table of contents] Introduction Don't you want to see your lady having a true orgasm? STEP 1 Let's start with learning what the "true sex" is Sex gap between men and women It's not sex if you don't feel nice "Strategy" that satisfies your lady Porn video is "fantasy" Key word is "time" Touch "very gently"? The proper way to pet your lady's clit Technique that makes your lady have an orgasm with her vagina Size doesn't matter STEP 2 Understand "the difference between men and women" Have sex using the brain Frigid women, it's 95 % men's fault That's her kindness if she "pretended to have an orgasm" You won't feel nice if you're only aim is "orgasm" How to insert fingers correctly Start with "palm touch" to make your lady relax Stop having mistake-filled sex STEP 3 Reset your current sex If you forget ejaculation, it changes your world Change your mindset "make her have an orgasm" to "make her feel nice forever" The core of sex Make your erogenous brain work 2 techniques which evolve women's erogenous brain Reasons why sex makes men better STEP 4 Try slow sex Watching porn videos with your girlfriend is counterproductive Express your affection with the mouth, show your technique with fingers Adam touch that improves women's sensitivity Anyone can release sexual energy (power) The key is "vibrate" Adjust sensitivity with petting hair Women decide sexual chemistry with kissing How to find and touch G spot The super erogenous zone: Adam G spot The ultimate pleasurable sensation "T spot" A spot that can be only pet by a penis Is a normal position thoughtless? The ideal position is facing sitting position Flirtation 30 minutes/ intercourse 30 minutes is the minimum requirement! Intercourse means "a penis pets a vagina" Nothing happens if you don't try Postscript your humbleness takes your lady to orgasm

*Five Feet Apart* Zondervan

Please note: This is a companion version & not the original book. Sample Book Insights: #1 I was an only child, and my grandmother was my mother and my cook. When I was fifteen, my grandma had a heart attack, and I was confused about how to cook without a recipe. My grandma taught me, and I learned what it meant to cook without a recipe. #2 The most important lesson I learned from my grandma was how to cook. She taught me how to make pierogi, which is a Polish dish made of dough filled with cheese. I was not allowed to put on the apron until I understood what cigarettes she preferred and how she wanted her toilet bowl cleaned. #3 The difference between cooking as a science and cooking as an art is that in the first, you follow a set of rules until you get a result, while in the second, you begin with a question and trust your intuition to lead you to an answer. #4 Sex can be approached as either science or art. When we treat sex like a science, we develop very strong expectations and expect a replicable outcome every time we add water and mix. But sex is not a science, and the outcome is not guaranteed.

**In Praise of Slowness** Hunter House

Whether you're celebrating your thousandth female orgasm, searching for your first, or cheering

on your girlfriend or wife, women and men across the country agree: I Love Female Orgasm! I Love Female Orgasm is crammed with everything you want to know about the big O, including: How to have an orgasm during intercourse--and why most women don't Directions on finding your way to the G-spot Detailed advice on how to have your first orgasm Advice for better oral sex Tips on surfing waves of multiple orgasms (even if you usually have just one) The truth about female ejaculation (yes, it exists!) Answers to your questions about vibrators, sex toys, piercings, and more The real deal on orgasms for lesbian, bisexual, and queer women An entire chapter for men on how to turn her on and get her off Plus tips for partners in every chapter Solot and Miller have spoken to thousands of men and women and surveyed thousands more about their experiences with female orgasm. Here they share all that they've learned--plus give you a sneak peek behind bedroom doors as women and men share their favorite moves, mistakes to avoid, and best "oh, yeah!" moments. span

*Slow Sex* Anchor

In "Sensual Journey: Discover the World of Slow Sex", immerse yourself in a universe where intimacy becomes a delicate and passionate dance. This book guides you through the twists and turns of Slow Sex, an approach that transcends haste and invites sensual fulfillment. Through a series of engaging chapters, you'll discover how to embrace slowness, authentic connection, and creative exploration to create deep, satisfying intimacy. Each chapter takes you on a unique journey into intimacy. Explore how Slow Sex can adapt to the seasons, from the renewal of spring to the warmth of summer, from the reflection of fall to the warm intimacy of winter. Discover how Slow Sex can be nourished by imaginative exploration, sensory creativity and emotional expression. Immerse yourself in the delights of erotic journeys, the reinvention of orgasm and the magic of shared moments. This book invites you to redefine your view of intimacy and embrace the art of slowness with your partner. Explore how body language, deep emotions, shared fantasies and authentic communication can transform your love life. Whether you are looking for a deeper connection, renewed passion or emotional fulfillment, "Sensual Journey: Discover the World of Slow Sex" guides you to fulfilling and authentic intimacy. Immerse yourself in this sensual journey and discover a world where every moment is savored, every emotion is listened to and every desire is celebrated.

*Thinking, Fast and Slow* Southwater

In this practical guidebook filled with straight talk, psychologist and bestselling author Dr. Les Parrott shares six secrets to help men and their wives experience the best sex they've ever had.

*The Independent Woman* □□□□

The companion book to Ian Kerner's smash success *She Comes First*, *He Comes Next* offers women his sometimes radical, always expert advice on everything from the nature of male desire to sex-techniques that work While women everywhere benefited from Ian Kerner's sexual philosophy of female pleasure in *She Comes First*, now it's time to learn all about what turns men on and makes them stay on. In *He Comes Next*, Kerner covers every angle of male sexuality, illuminates the most common sex-life ruts, and offers practical, knowledgeable answers to women's most frequently asked questions. In his role as a sex therapist, Kerner has spoken with countless men not only about the best sex they ever had, but also perhaps more important about the best sex they never had -- experiences they always desired and fantasized about, but were afraid to share with their partners. In the spirit of "full exposure," *He Comes Next* is the closest you'll ever come to waking up in a guy's skin and knowing what truly makes him sexually tick. Sexual pleasure goes beyond tips and tactics, however. Our sexual identities -- and the expression, gratification, and growth of these identities -- is fundamental to the success of our intimate relationships. With step-by-step and -- yes -- blow-by-blow detail, Kerner provides a clear, concise, achievable vision of sexual pleasure, one in which each technique forwards the action and where the whole is greater than the sum of its parts. Written in the same witty, insightful, and utterly readable voice that has made

*She Comes First* and *Be Honest -- You're Not That Into Him* Either so popular, *He Comes Next* is the thinking woman's guide to enjoying sex to the fullest and ensuring that he does the same.

**Summary of Nicole Daedone's Slow Sex** Scholastic Inc.

Enter a simpler way of living by unhurrying your heart, embracing the relaxed rhythms of nature, and discovering the meaningful gift of growing slow. We long to make a break from the fast pace of life, but if we're honest, we're afraid of what we'll miss if we do. Yet when going big and hustling hard leaves us stressed, empty, and out of sorts, perhaps this can be our cue to step into a far more satisfying, sustainable pace. In this crafted, inspiring read, beloved author Jennifer Dukes Lee offers a path to unhurried living by returning to the rhythm of the land and learning the ancient art of Growing Slow. Jennifer was once at breaking point herself, and tells her story of rude awakening to the ways her chosen lifestyle of running hard, scaling fast, and the neverending chase for results was taking a toll on her body, heart, and soul. But when she finally gave herself permission to believe it takes time to grow good things, she found a new kind of freedom. With eloquent truths and vivid storytelling, Jennifer reflects on the lessons she learned from living on her fifth-generation family farm and the insights she gathered from the purposeful yet never rushed life of Christ. Growing Slow charts a path out of the pressures of bigger, harder, faster, and into a more rooted way of living where the growth of good things is deep and lasting. Following the rhythms of the natural growing season, Growing Slow will help you: Find the true relief that comes when you stop running and start resting in Jesus Learn practices for unhurrying your heart and mind every day Let go of the pressure and embrace the small, good things already bearing fruit in your life And engage slow growth through reflection prompts and simple application steps

*Slow Sex* Vintage

Major New York Times bestseller Winner of the National Academy of Sciences Best Book Award in 2012 Selected by the New York Times Book Review as one of the ten best books of 2011 A Globe and Mail Best Books of the Year 2011 Title One of The Economist's 2011 Books of the Year One of The Wall Street Journal's Best Nonfiction Books of the Year 2011 2013 Presidential Medal of Freedom Recipient Kahneman's work with Amos Tversky is the subject of Michael Lewis's *The Undoing Project: A Friendship That Changed Our Minds* In his mega bestseller, *Thinking, Fast and Slow*, Daniel Kahneman, the renowned psychologist and winner of the Nobel Prize in Economics, takes us on a groundbreaking tour of the mind and explains the two systems that drive the way we think. System 1 is fast, intuitive, and emotional; System 2 is slower, more deliberative, and more logical. The impact of overconfidence on corporate strategies, the difficulties of predicting what will make us happy in the future, the profound effect of cognitive biases on everything from playing the stock market to planning our next vacation—each of these can be understood only by knowing how the two systems shape our judgments and decisions. Engaging the reader in a lively conversation about how we think, Kahneman reveals where we can and cannot trust our intuitions and how we can tap into the benefits of slow thinking. He offers practical and enlightening insights into how choices are made in both our business and our personal lives—and how we can use different techniques to guard against the mental glitches that often get us into trouble. Winner of the National Academy of Sciences Best Book Award and the Los Angeles Times Book Prize and selected by The New York Times Book Review as one of the ten best books of 2011, *Thinking, Fast and Slow* is destined to be a classic.

*The R Book* Farrar, Straus and Giroux

Now a major motion picture starring Cole Sprouse and Haley Lu Richardson! Goodreads Choice Winner, Best Young Adult Fiction of 2019 In this #1 New York Times bestselling novel that's perfect for fans of John Green's *The Fault in Our Stars*, two teens fall in love with just one minor complication—they can't get within a few feet of each other without risking their lives. Can you love someone you can never touch? Stella Grant likes to be in control—even though her totally out of control lungs have sent her in and out of the hospital most of her life. At this point, what Stella

needs to control most is keeping herself away from anyone or anything that might pass along an infection and jeopardize the possibility of a lung transplant. Six feet apart. No exceptions. The only thing Will Newman wants to be in control of is getting out of this hospital. He couldn't care less about his treatments, or a fancy new clinical drug trial. Soon, he'll turn eighteen and then he'll be able to unplug all these machines and actually go see the world, not just its hospitals. Will's exactly what Stella needs to stay away from. If he so much as breathes on Stella she could lose her spot on the transplant list. Either one of them could die. The only way to stay alive is to stay apart. But suddenly six feet doesn't feel like safety. It feels like punishment. What if they could steal back just a little bit of the space their broken lungs have stolen from them? Would five feet apart really be so dangerous if it stops their hearts from breaking too?

#### **Slow Sex** Hardie Grant Books

The classic work on the evaluation of city form. What does the city's form actually mean to the people who live there? What can the city planner do to make the city's image more vivid and memorable to the city dweller? To answer these questions, Mr. Lynch, supported by studies of Los Angeles, Boston, and Jersey City, formulates a new criterion—imageability—and shows its potential value as a guide for the building and rebuilding of cities. The wide scope of this study leads to an original and vital method for the evaluation of city form. The architect, the planner, and certainly the city dweller will all want to read this book.

#### **NICOMACHEAN ETHICS** Harper Collins

The truth is: Most women do not have satisfying sex lives. SLOW SEX can change that. Better sex is about one thing: better orgasm. This life-altering guide teaches men and women how to use the practice of Orgasmic Meditation-or OM-to slow down, connect emotionally, and achieve authentic female sexual satisfaction. The promise: In just fifteen minutes every woman can become orgasmic. And, with the right partner and the right technique, that orgasm could last and last! For more than a decade, Nicole Daedone has been leading the "slow sex movement," which is devoted to the art and craft of the female orgasm. OM is the act of slowing down, tuning in, and experiencing a deeper spiritual and physical connection during sex. SLOW SEX reveals the philosophy and techniques of OM and includes a step-by-step, ten-day OM starter program, as well as OM secrets for achieving ultimate satisfaction. It also includes exercises to help enhance readers' "regular" sex lives, such as Slow Oral for Her, Slow Oral for Him, and Slow Intercourse. This book is the argument for daily intimacy, and for paying attention as the foundation of pleasure, all with a focus on the female experience.

#### **Sophie's World** William Morrow

10TH ANNIVERSARY EDITION Is the financial plan of mediocrity -- a dream-stealing, soul-sucking dogma known as "The Slowlane" your plan for creating wealth? You know how it goes; it sounds a lil something like this: "Go to school, get a good job, save 10% of your paycheck, buy a used car, cancel the movie channels, quit drinking expensive Starbucks mocha lattes, save and penny-pinch your life away, trust your life-savings to the stock market, and one day, when you are oh, say, 65 years old, you can retire rich." The mainstream financial gurus have sold you blindly down the river to a great financial gamble: You've been hoodwinked to believe that wealth can be created by recklessly trusting in the uncontrollable and unpredictable markets: the housing market, the stock market, and the job market. This impotent financial gamble dubiously promises wealth in a wheelchair -- sacrifice your adult life for a financial plan that reaps dividends in the twilight of life. Accept the Slowlane as your blueprint for wealth and your financial future will blow carelessly asunder on a sailboat of HOPE: HOPE you can find a job and keep it, HOPE the stock market doesn't tank, HOPE the economy rebounds, HOPE, HOPE, and HOPE. Do you really want HOPE to be the centerpiece for your family's financial plan? Drive the Slowlane road and you will find your life deteriorate into a miserable exhibition about what you cannot do, versus what you can. For those who don't want a lifetime subscription to "settle-for-less" and a slight chance of elderly riches, there is an alternative; an expressway to extraordinary wealth that can burn a trail to financial

independence faster than any road out there. Why jobs, 401(k)s, mutual funds, and 40-years of mindless frugality will never make you rich young. Why most entrepreneurs fail and how to immediately put the odds in your favor. The real law of wealth: Leverage this and wealth has no choice but to be magnetized to you. The leading cause of poorness: Change this and you change everything. How the rich really get rich - and no, it has nothing to do with a paycheck or a 401K match. Why the guru's grand deity - compound interest - is an impotent wealth accelerator. Why the guru myth of "do what you love" will most likely keep you poor, not rich. And 250+ more poverty busting distinctions... Demand the Fastlane, an alternative road-to-wealth; one that actually ignites dreams and creates millionaires young, not old. Change lanes and find your explosive wealth accelerator. Hit the Fastlane, crack the code to wealth, and find out how to live rich for a lifetime.

#### **The Orgasm Loop** Simon & Schuster Books for Young Readers

Which sort of seducer could you be? Siren? Rake? Cold Coquette? Star? Comedian? Charismatic? Or Saint? This book will show you which. Charm, persuasion, the ability to create illusions: these are some of the many dazzling gifts of the Seducer, the compelling figure who is able to manipulate, mislead and give pleasure all at once. When raised to the level of art, seduction, an indirect and subtle form of power, has toppled empires, won elections and enslaved great minds. In this beautiful, sensually designed book, Greene unearths the two sides of seduction: the characters and the process. Discover who you, or your pursuer, most resembles. Learn, too, the pitfalls of the anti-Seducer. Immerse yourself in the twenty-four manoeuvres and strategies of the seductive process, the ritual by which a seducer gains mastery over their target. Understand how to 'Choose the Right Victim', 'Appear to Be an Object of Desire' and 'Confuse Desire and Reality'. In addition, Greene provides instruction on how to identify victims by type. Each fascinating character and each cunning tactic demonstrates a fundamental truth about who we are, and the targets we've become - or hope to win over. The Art of Seduction is an indispensable primer on the essence of one of history's greatest weapons and the ultimate power trip. From the internationally bestselling author of *The 48 Laws of Power*, *Mastery*, and *The 33 Strategies Of War*.

#### **He Comes Next** MIT Press

Are you one of the thirty percent of women who has difficulties with orgasm? Do you want to experience greater sexual satisfaction? In easy to read language, *The Elusive Orgasm* provides a full overview of women's sexual pleasure, covering sexual triggers, stages of arousal, the power of mind, and how women differ from men. Longtime clinical psychologist and sex therapist Dr. Vivienne Cass reveals all the causes of women's orgasm difficulties-and how to remedy them. In *The Elusive Orgasm*, you'll learn: What an orgasm is, How the clitoris is much more than "a little button", The five types of orgasm difficulties, The twenty-five causes of those difficulties, Self-awareness via quizzes and questionnaires, Step-by-step plans to help you and your partner. An extraordinarily thorough, all-inclusive exploration of every possible reason why women have orgasm challenges, *The Elusive Orgasm* gives you the tools to discover the source of your own orgasm difficulties, along with straightforward remedies. Book jacket.

#### **Growing Slow** □□□□□□□□□□□□□□□□

Is your love-life heaven or hell? Where is God in the act of love? Divine love is not an elusive dream. With this program of tantric teaching, you can practice freedom from sexual unhappiness and obtain mutual joy in sexual union. Barry Long's western tantra is a step-by-step revelation to woman of what she knows love to be -- but so rarely and fleetingly embodies. It is a reeducation of male sexuality to make man more worthy of woman's love. Dealing frankly with common sexual problems, the author offers a practical, down-to-earth guide to the transcendent mystery of sexual union.

#### **Sensual Journey** Simon and Schuster

The high-level language of R is recognized as one of the most powerful and flexible statistical software environments, and is rapidly becoming the standard setting for quantitative

analysis, statistics and graphics. R provides free access to unrivalled coverage and cutting-edge applications, enabling the user to apply numerous statistical methods ranging from simple regression to timeseries or multivariate analysis. Building on the success of the author's bestselling *Statistics: An Introduction using R*, *The R Book* is packed with worked examples, providing an all inclusive guide to R, ideal for novice and more accomplished users alike. The book assumes no background in statistics or computing and introduces the advantages of the R environment, detailing its applications in a wide range of disciplines. Provides the first comprehensive reference manual for the R language, including practical guidance and full coverage of the graphics facilities. Introduces all the statistical models covered by R, beginning with simple classical tests such as chi-square and t-test. Proceeds to examine more advanced methods, from regression and analysis of variance, through to generalized linear models, generalized mixed models, time series, spatial statistics, multivariate statistics and much more. The R Book is aimed at undergraduates, postgraduates and professionals in science, engineering and medicine. It is also ideal for students and professionals in statistics, economics, geography and the social sciences.

#### **Nineteen Eighty-Four** Profile Books

Acclaimed author Karen Hesse's Newbery Medal-winning novel-in-verse explores the life of fourteen-year-old Billie Jo growing up in the dust bowls of Oklahoma. Out of the Dust joins the Scholastic Gold line, which features award-winning and beloved novels. Includes exclusive bonus content! "Dust piles up like snow across the prairie. . . ." A terrible accident has transformed Billie Jo's life, scarring her inside and out. Her mother is gone. Her father can't talk about it. And the one thing that might make her feel better -- playing the piano -- is impossible with her wounded hands. To make matters worse, dust storms are devastating the family farm and all the farms nearby. While others flee from the dust bowl, Billie Jo is left to find peace in the bleak landscape of Oklahoma -- and in the surprising landscape of her own heart.

#### **Slow Pleasure** Independently Published

◆ EVERY art and every inquiry, and similarly every action and pursuit, is thought to aim at some good; and for this reason the good has rightly been declared to be that at which all things aim. But a certain difference is found among ends; some are activities, others are products apart from the activities that produce them. Where there are ends apart from the actions, it is the nature of the products to be better than the activities. Now, as there are many actions, arts, and sciences, their ends also are many; the end of the medical art is health, that of shipbuilding a vessel, that of strategy victory, that of economics wealth. But where such arts fall under a single capacity- as bridle-making and the other arts concerned with the equipment of horses fall under the art of riding, and this and every military action under strategy, in the same way other arts fall under yet others- in all of these the ends of the master arts are to be preferred to all the subordinate ends; for it is for the sake of the former that the latter are pursued. It makes no difference whether the activities themselves are the ends of the actions, or something else apart from the activities, as in the case of the sciences just mentioned. ◆

#### **Making Love** Grand Central Life & Style

Just because she's going down doesn't mean he's having all the fun. "Sexpert" author Yvonne K. Fulbright gets real with women in this bold book on giving and getting oral sex. This guide tackles the dirty taboos and awkward assumptions that keep fellatio from being seductive and satisfying. You will enjoy giving oral sex as much as men enjoy getting it when you learn: Breathing techniques to last longer Positions he'll love, like "The Starfish" and "Deep-Throating" How to give (and receive) multiple orgasms from oral sex How to talk about what they feel is right and wrong Armed with sexy self-confidence and an arsenal of tongue-twisting tips, you will discover exactly how delightful the plunder down-under can be.

#### **The Passionate Touch** Harper Collins

Describes how David Parker Ray, a sadistic Satanist, and his girlfriend, Cynthia Hendy, kidnapped, brutally tortured, raped, and murdered more than thirty women while making "snuff" films.