

# Parisian Chic A Style Guide By Ines De La Fressange

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"If the Internet could create its version of the perfect girl, Jeanne Damas would probably be her. . . . She's nailed that French girl je ne sais quoi." --Vogue A window on the world's most stylish city, with more than 100 full-color photos and profiles of 20 diverse and inspiring Parisian women, by "the coolest, most beautiful French girl in France" (GQ) and a former editor in chief of French Elle "We've always been crazy in love with this city. . . . We love its arrogance, its clumsiness, its simplicity. And especially the women who live here." Two quintessential Parisian women--model and fashion designer Jeanne Damas and journalist Lauren Bastide--shine a spotlight on twenty real-life women of Paris, dispelling the myth that there's only one type of Parisian woman and introducing us to the city that real Parisiennes live in. They're booksellers, singers, writers, activists, and antique dealers; they live in small studios, spacious apartments, or houseboats; their ages range from fourteen to seventy . . . and all embody the effortless chic and insouciant spirit of the legendary Parisian woman. In Paris takes us into these women's lives, telling us about their careers, families, favorite nightlife spots, shopping habits, and beloved books and films. Full-color photos taken by Jeanne herself accompany charming lists of advice on the French art de vivre--from the best places to people-watch with a glass of wine after work to the perfect Parisian playlist to the ten things that a French woman would never, ever post on Instagram. Witty, elegant, and modern, In Paris is an ode to Paris through the eyes of its eternally cool women--for everyone who has ever dreamed of one day living in Paris.

### French Chic ASSOULINE

Experience authentic Tokyo with this insider's e-guide Home to glimmering skyscrapers, timeless traditions, and one of the world's most exciting art scenes, this trendy city is endlessly enticing. But beyond the monumental Tokyo Tower and lavish Imperial Palace lies the real Tokyo: a whole other realm waiting to be explored. We've spoken to the city's locals to unearth the coolest hangout spots, hidden gems, and personal favorites to ensure you travel like a local. Join the after-work crowd in the ultimate karaoke sing-along, eat and drink into the night at a tiny Japanese tavern, and get your geek on shopping at treasure troves of anime merch. Whether you're a local looking to uncover your city's secrets or seeking an authentic experience beyond the tourist track, this stylish e-guide makes sure you experience Tokyo beneath the surface.

### Sophie the Parisian Don't be a Tourist

A practical guide to achieving classic Parisian chic--young and hip or timeless and elegant. 100 illustrations.

*French Chic* Sterling Publishing Company

What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to: - Recognize your innate strengths - Acquire the skills needed to nurture your best self - Identify and navigate past societal limitations often placed upon women - Strengthen your brand both personally and professionally - Build a supportive and healthy community - Cultivate effortless style - Enhance your everyday meals with seasonal fare - Live with less, so that you can live more fully - Understand how to make a successful fresh start - Establish and mastermind your financial security - Experience great pleasure and joy in relationships - Always strive for quality over quantity in every arena of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everyday as much as the grand occasions. As you learn to live well in your everyday, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.

*Parisian Chic Notebook* Chronicle Books

"From three generations of French beauty experts, Ageless Beauty the French Way is the ultimate book of tips, products, practices and French beauty secrets in ten categories such as Hair, Skin, Makeup, Sleep, and Perfume"--Provided by publisher.

### **Love, Style, and Bad Habits** Penguin

While the DNA of Parisian style for women has been dissected from all angles, this volume that offers a complete and practical guide to style for all men, as analyzed by Ines de la Fressange. Discerning style maven, model, and designer Ines de la Fressange has at last turned her attention to men--offering her famously fail-proof sartorial advice gleaned from the most stylish men in her entourage.

### **Parisian Chic Encore** Harry N. Abrams

As a native Parisian, I was fortunate enough to grow up witnessing how my mother had created a life of joy and beauty

for us. This book is a tribute to her great taste, impeccable style, and incredible values. By practicing the ideas presented in this book, you can also elevate the ordinary to the exquisite. For a limited time, you can buy the book at this special price. Read on your PC, Mac, smartphone, tablet or Kindle device. There are six chapters in this book, meant to be read over a period of six weeks. Each chapter ends with exercises for that week. Make sure that you do the exercises because that's what will really help you create the life you desire so much. As French Chic Living is a way of life, you want to create lasting changes that truly transform you and your world. It's best to go slow but steady. I must say that I was fortunate enough to grow up witnessing how my mother or 'Maman' (as I called her) managed our household of four. There were so many things that I took for granted at that time. It was only when I had a family of my own that I realized how efficiently and seemingly effortlessly Maman had created a life of joy and beauty for us. In this book, I have tried to include all the invaluable tips that you can incorporate into your own life to experience more pleasure and joy. Rest assured that all the information comes from my own experiences as a girl observing how her Maman did things and as a French woman living in Paris with a family of her own. Needless to say, all the information that I have outlined in this book are things that I myself practice on a regular basis. Here Is A Preview Of What You'll Learn... Basics of French Chic Living Cultivate Pleasure and Beauty in Everyday Life No off Days for Beauty and Style How to Take Care of Your Hair and Skin the French Way Eat for Pleasure Stay Slim for Life Love Yourself Much, much more! Download your copy today!

*How to Live More with Less* Rizzoli Publications

Every American woman wants to find that perfect balance between practical low effort and a stylish wardrobe. Some women can pull this off so effortlessly as some struggle their whole lives. The French are famous for their style while keeping it so simple and straightforward. These are not trends, the things in this book are style tips that can be applied today and will change the way you look at fashion and your attitude to it forever.

**Tokyo Like a Local** Rizzoli Publications

Reveals the secrets of the world's most fashionable women, with tips on identifying and coordinating a look to suit one's individual taste and style, creating the perfect wardrobe, and dressing to flatter one's figure.

**Anatomy of style** Rowman & Littlefield

Ines de la Fressange--quintessential parisienne and New York Times best-selling author of the Parisian Chic series--has created an exquisite stationery line that brings a luxurious French touch to daily life. The most stylish place to record all of your important notes, ideas, and inspirations, this leatherette hardcover, lined notebook, with a duo of ribbon page markers and cloth binding, is a chic companion for work and everyday life. Business cards, receipts, and other important slips of paper stay organized in an accordion airmail envelope pocket. Available in red or blue.

*Literary Paris* Createspace Independent Publishing Platform

Discover the magic of simplicity in this international bestseller, available for the first time in English. Dominique Loreau is the master in the art of de-cluttering and simplifying. Now her groundbreaking *L'art de la Simplicité*, a huge bestseller in her native France, is translated into English for the first time.

Loreau's principle of "less is more" is set to change your life forever. Living in Japan and inspired by Asian philosophy, Loreau takes you on a step-by-step journey to a clutter-free home, a calm mind and an energized body. Free yourself of possessions you don't want or need; have more money to spend on life's little luxuries; eat better and lose weight; and say goodbye to anxiety and negative relationships. Give yourself the gift of health and happiness; to live fully and freely is to live with *L'art de la*

*Simplicité*.

*Frenchwomen's Timeless Secrets for Everyday Elegance, Gracious Entertaining, and Enduring Allure* Rizzoli Publications  
*Parisian Chic A Style Guide* by Ines de la Fressange Rizzoli Publications

*Dress Like a Parisian* Createspace Independent Publishing Platform

NEW YORK TIMES BESTSELLER • "The guardian of all style" (The New York Times Magazine) shares stories on life, love, style, and career, from Paris to New York, and inspires readers to cultivate an effortless chic that is all their own. Garance Doré, the voice and vision behind her eponymous blog, has captivated millions of readers worldwide with her fresh and appealing approach to style through storytelling. This gorgeously illustrated book takes readers on a unique narrative journey that blends Garance's inimitable photography and illustrations with the candid, hard-won wisdom drawn from her life and her travels. Infused with her Left Bank sensibility, the eclecticism of her adopted city of New York, and the wild, passionate spirit of her native Corsica, *Love Style Life* is a backstage pass behind fashion's frontlines, peppered with French-girl-next-door wit and advice on everything from mixing J.Crew with Chanel, to falling in love, to pursuing a life and career that is the perfect reflection of you. Praise for Garance Doré and *Love Style Life* "The most elegant, funny, truthful book on style, love and life. Garance is an original with the cutest French accent."—Jenna Lyons, president and creative director, J.Crew "This charming book by fashion blogger Doré is part memoir and part style guide, gathered together in a chic, Gallic-inflected package."—Publishers Weekly "One of blogdom's most compelling storytellers."—The New York Times "Doré's mix of portrait photography, illustrations, collages, and stream-of-consciousness writing . . . has given the fashion world en masse a girl crush."—Interview "Garance Doré embodies effortless French style."—Martha Stewart Living

*Parisian Chic: a Style Guide Coloring Book* Rizzoli Publications

Ines de la Fressange shares fifty-two new secrets in this elegant and humorous weekly planner that is the chicest way to organize your schedule in style. The authors of the New York Times best seller, *Parisian Chic: A Style Guide* by Ines de la Fressange, share a new year's worth of fashion, style, and beauty advice in this daily planner. From January through December, this chic and practical illustrated engagement calendar offers de la Fressange's easy-to-steal ideas for how to be your most beautiful and elegant in every situation. She offers specific pointers on how to dress like a Parisian for every occasion. With her good-spirited insouciance, de la Fressange's no-nonsense dos and don'ts will have you smiling and looking your best throughout the year. The 2014 weekly planner is compact to slip easily into your handbag, and is an elegant accessory in itself, featuring a deep-red faux leather cover with gold foil stamp, rounded edges, a ribbon page marker for easy place holding, an elastic band closure, creamy offset watercolor paper, four-color printing, charming drawings by de la Fressange, and an address book. This is the must-have engagement book for every woman who wants to add a touch of Paris to her handbag and to stay on top of her oh-so-chic lifestyle.

**The Cafés, Bistros, and Brasseries of the World's Most Romantic City** Doubleday

In this extensively updated and augmented new edition of the New York Times best-selling *Parisian Chic*, Ines de la Fressange, the iconic Parisienne, and Sophie Gachet, Paris's fashion authority, share their personal style and beauty tips—gleaned from decades in the fashion industry—with humor and verve. This ultrachic volume with ribbon page marker includes new photography featuring Ines in her signature looks, easy-to-recreate advice, and extensive addresses—in Paris and online—to

source all you need for chic Parisian fashion, beauty, and interiors. From killer outfits to Parisian wardrobe essentials, or from Ines's 10-minute beauty routine to her countdown to a perfect Parisian dinner party, this elegant volume is replete with inspiration à la Parisienne and is a must-have for any woman who wants to infuse her own style with the essence of Parisian chic.

**The Parisian Woman's Guide to Style** Rizzoli Publications  
NEW YORK TIMES BESTSELLER  
Celebrity model Inès de la Fressange shares the well-kept secrets of how Parisian women maintain effortless glamour and a timeless allure. Inès de la Fressange—France's icon of chic—shares her personal tips for living with style and charm, gleaned from decades in the fashion industry. She offers specific pointers on how to dress like a Parisian, including how to mix affordable basics with high-fashion touches, and how to accessorize. Her step-by-step do's and don'ts are accompanied by fashion photography, and the book is personalized with her charming drawings. Inès also shares how to bring Parisian chic into your home, and how to insert your signature style into any space—even the office. The ultrachic volume is wrapped with a three-quarter-height removable jacket and features offset aquarelle paper and a ribbon page marker. Complete with her favorite addresses for finding the ultimate fashion and decorating items, this is a must-have for any woman who wants to add a touch of Paris to her own style.

**Paris Street Style: Shoes** Mitchell Beazley

Ines de la Fressange shares fifty-two new secrets in this elegant and humorous weekly planner that is the chicest way to organize your schedule in style. Following up on the success of their New York Times best seller *Parisian Chic: A Style Guide* by Ines de la Fressange, the same author duo has teamed up to write a year's worth of weekly fashion tips in this new daily planner. Ines de la Fressange shares fresh style and beauty tips, as well as her light-hearted guidelines for enjoying life to the fullest. From January through December, she offers specific pointers on how to dress like a Parisian—including everything from how to add pizzazz to a simple jeans-and-t-shirt uniform to what to wear on New Year's Eve—and no-nonsense do's and don'ts that will have you smiling and looking your best throughout the year. This weekly planner is an elegant accessory in itself, featuring a deep red faux leather cover with gold foil stamp, rounded edges, a ribbon page marker for easy place holding, creamy offset aquarelle paper, four-color printing, charming drawings by Ines, and an address book. This is the must-have engagement calendar for any woman who wants to add a touch of Paris to her handbag and to stay on top of her oh-so-chic lifestyle.

**Don't Be a Tourist in Paris** Rizzoli Publications

Inspired by Paris, this lighthearted and deceptively wise contemporary memoir serves as a guidebook for women on the path to adulthood, sophistication, and style. Jennifer Scott's self-published success is now a beautifully packaged and fully illustrated gift book, perfect for any woman looking to lead a more fulfilling, passionate, and artful life. Paris may be the City of Light, but for many it is also the City of Transformation. When Jennifer Scott arrived in Paris as an exchange student from California, she had little idea she would become an avid fan of French fashion, lifestyle, and sophistication. Used to a casual life back home, in Paris she was hosted by a woman she calls "Madame Chic," mistress of a grand apartment in the Sixteenth Arrondissement. Madame Chic mentors Jennifer in the art of living, with elegance and an impeccably French less-is-more philosophy. Three-course meals prepared by the well-dressed Madame Chic (her neat clothes covered by an apron, of course)

lure Jennifer from her usual habit of frequent snacks, junk food, sweatpants, and TV. Additional time spent with "Madame Bohemienne," a charming single mother who passionately embraces Parisian joie de vivre, introduces readers to another facet of behind-closed-doors Parisian life. While Francophiles will appreciate this memoir of a young woman's adventure abroad, others who may not know much about France will thrill to the surprisingly do-able (yet chic!) hair and makeup lessons, plus tips on how to create a capsule wardrobe with just ten useful core pieces. Each chapter of *Lessons from Madame Chic* reveals the valuable secrets Jennifer learned while under Madame Chic's tutelage—tips you can master no matter where you live or the size of your budget. Embracing the classically French aesthetic of quality over quantity, aspiring Parisiennes will learn the art of eating (deprive yourself not; snacking is not chic), fashion (buy the best you can afford), grooming (le no-makeup look), among other tips. From entertaining to decor, you will gain insights on how to cultivate old-fashioned sophistication while living an active, modern life. *Lessons from Madame Chic* is the essential handbook for a woman that wants to look good, live well, and enjoy that Parisian je ne sais quoi in her own arrondissement.

**The Ultimate Guide to French Style, Fashion and Beauty** Simon and Schuster

This pocket-sized book—with maps, expandable pocket, ribbon page marker, and elastic closure—includes Ines de la Fressange's favorite addresses for fashion and home goods with Parisian flair. Ines de la Fressange embodies the iconic Parisienne, combining elegance and chic, effortlessly. With her fashion savvy and her inspired home interiors, Ines demonstrates an eye for the details that characterize the best in Gallic style, from wardrobe accessories to home furnishings. In this exquisite new pocket volume—the perfect accompaniment to her best-selling book *Parisian Chic*—Ines divulges her new favorite locations for shopping, dining, and hanging out in Paris with style. To create her impeccably stylish look, Ines combines purchases from chic high-end stores like the legendary Colette along with high-quality basics at low prices from high-street chains. In this city guide, she reveals her fashion haunts for everything from leatherwear to lingerie, and from authentic Norwegian sailor tops to hip and original jewelry. For the home, she shows readers the best interiors sources in the city for sophisticated furnishings, adorable vintage items, colorful Indian print fabrics, and simple, pristine tableware, to create an eclectic and unique home. From her top spots for unearthing whimsical gifts and decorative baubles to her favorite restaurants, and from her preferred stationery supplier to the best Parisian patisseries, Ines shares more than 100 addresses in this new volume—the global resource for all things Parisienne.

**Parisian Chic Encore** Rizzoli Publications

The city of lights, of fashion, of taste, of design. Paris is the city of chic—and as such, its innate style shines throughout the city, even in the simplest spaces. Quaint bistros, picturesque alleyways, artists' studios and unique characters are elevated to a modern-day genre painting when set in Paris. From skateboarders to antiquarians, this volume is a glimpse into Parisian life, as if peering over the edge of the balcony at your own pied-a-terre. Photographer Oliver Pilcher opens the doors to some of the most sophisticated homes in Paris, sharing an intimate portrait of various families. The quiet, daily moments of Parisian life are eternalized through Pilcher's lens. Monuments don't make a city; the people do. And Pilcher proves this.