

Secrets Of The Karambit Weapons Of Southeast Asia

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The 10 Best Stick Fighting Techniques Tuttle Publishing

"Simplicity is the shortest distance between two points." — Bruce Lee, The Tao of Jeet Kune Do The Art and Science of Stick Fighting is a unique, non-style specific, approach to fighting with the short stick. Its curriculum is streamlined and divided into nine logical stages of training that allow the reader to quickly and methodically learn and develop the skills needed for competitive fighting and self-defense with the stick.

Taijutsu Tuttle Publishing

A Japanese-American assassin who specializes in "natural cause" killings finds his carefully ordered world coming under siege in the wake of a government official's murder, with which he has been falsely connected, a situation that is complicated by his attraction to the victim's daughter. Reprint.

The Art and Science of Stick Fighting Crowood

Based on first hand investigations of the combative culture of Indonesia. Covers forms of weapons & techniques.

An Introduction to An Ancient Art For Modern Times Rowman & Littlefield

Ashida Kim is one of a handful of men in the world who have learned the true art of Ninjitsu, the Silent Way of stealth and assassination in feudal Japan. Initial attempts to bring these secrets to the public were met with resistance due to the brutal and terrifying effectiveness of the techniques. The Ninja can fight or disappear. Looked for, cannot be seen, listened for, cannot be heard, felt for, cannot be touched. Now, you too can become a master of invisibility with the ability to penetrate anywhere unseen and vanish without leaving a trace. You will learn: * Nine Steps for erasing sight and sound * Attacking from ambush * Sentry Removal * The Art of Escaping * Ninja Weapons * The Power to Cloud Men's Minds * And much more... Train yourself and be your own master. Dare to be great. Anyone can do the things I do if they but know how. One of your skill and determination need only follow this simple course of instruction to be certain of success.?

Complete Sinawali Action Pursuit Group

Learn about the history, culture and techniques of Filipino Escrima with this informative martial arts guide. The history of the Philippines and her martial arts is a history of resistance and revolt. Born into this fertile time and place, Grandmaster Leo M. Giron became a child of revolution. He grew up in a time when martial arts training was a necessity, not a luxury. His system was taught to him by five renowned masters; his experience honed in the jungle warfare of World War II. The Secrets of Giron Arnis Escrima is an engaging biography of Leo Giron, a renowned master of Escrima and survivor of numerous hand-to-hand encounters in the Philippine jungles. It is also a visual and descriptive survey of Giron's fighting art—a classical weapons and empty-hand self-defense system applicable in today's modern society. Included is an overview of the twenty styles that make up the Giron system in general, and an analysis of the de fondo and cadena de mano styles in particular. Packed with over 300 historical and instructional photographs this book truly reveals the secrets of this Filipino martial art.

Martial Arts Studies Independently Published

THE INSTANT NEW YORK TIMES AND USA TODAY BESTSELLER “Take my word for it, James Reece is one rowdy motherf***er. Get ready!” —Chris Pratt, star of The Terminal List, coming to Amazon Prime “They’re great, man. They lock you in. They’re gripping.” —Joe Rogan, on the Terminal List series The fourth thriller in the “so powerful, so pulse-pounding, so well-written” (Brad Thor, #1 New York Times bestselling author) Terminal List series follows former Navy SEAL James Reece as he is entrusted with a top-secret CIA mission of retribution twenty years in the making. It’s been twenty years since 9/11, two decades since the United States was attacked on home soil and set out to make the guilty pay with their lives. In the shadows, the enemy has been patient—learning, and adapting. And the enemy is ready to strike again. A new president offers hope to a country weary of conflict. He’s a young, popular, self-made visionary...but he’s also a man with a secret. Halfway across the globe a regional superpower struggles with sanctions imposed by the United States and her European allies, a country whose ancient religion spawned a group of ruthless assassins. Faced with internal dissent and extrajudicial targeted killings by the United States and Israel, the Supreme Leader puts a plan in motion to defeat the most powerful nation on earth. Meanwhile, a young PhD student has gained access to a bioweapon thought to be confined to a classified military laboratory known only to a select number of officials. A second-generation agent, he has been assigned a mission that will bring his adopted homeland to its knees. With Jack Carr’s signature “absolutely intense” (Chuck Norris) writing and “gripping authenticity” (The Real Book Spy), The Devil’s Hand is a riveting and timely thriller that will leave you gasping for breath.

KunTao Tuttle Publishing

Complete Sinawali is the definitive guide to the intricate and highly-refined Filipino martial art of double-weapon fighting. The warriors of the Philippines have long been respected as fierce, courageous, and effective fighters, and the martial art of Sinawali has developed multiple-weapon fighting to an exceptionally high degree of sophistication. Preserved in Filipino dance as well as martial form, Sinawali employs sinuous, polyrhythmic movements, creating an almost impenetrable shield against attack. In Complete Sinawali, Filipino martial artist Reynaldo Galang details the theory behind the forms and presents an orderly progression of drills designed to teach ambidexterity, quick and exact footwork, and special hand

techniques that are the foundation of this exceedingly powerful martial art. Chapters include: The Origin of Sinawali The Fighting Arts of Bakbakan International Bakbakan Training Structure Stances and Footwork Warm-up Exercises Lakbay Sinawali: The Central Form of Sinawali Dakip-Diwa Laban-Sanay (Free-Style Sparring) Whether readers are interested in Sinawali for exercise, hobby, or as a means of self-defense, Complete Sinawali is their definitive guide.

Knife Fighting Martial Science

Be Prepared for the Fast, Furious and Fatal World of Knife Fighting Written by world renowned martial arts expert Sammy Franco, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense prepares you for the deadly world of knife fighting. Complete and Comprehensive Knife Fighting Instruction With over 200 photographs and easy-to-follow instructions, this comprehensive book cuts through the guess work and teaches you the most practical and effective knife fighting techniques for real-world survival. Knife Fighting Will Teach You: • How to choose the best combat knife • Knife carry, quick draw and concealment strategies • Knife grips, stances, ranges and footwork • How to control fear during a knife fight • Knife targeting and reaction dynamics • Knife cuts and angles of attack • Franco’s knife fighting blueprint • Knife fighting defensive skills • Knife fighting training drills and exercises • And much, much more 35+ Years of Real-World Knife Fighting Experience Whether you are a beginner or seasoned knife fighting expert, Knife Fighting: A Step-by-Step Guide to Practical Knife Fighting for Self-Defense teaches you battle-tested knife fighting skills that will get you home alive and in one piece.

How to Hypnotize Anyone Quickly F+W Media, Inc.

Hypnotism is a SKILL not a gift. YOU can learn to be a confident, super-fast hypnotist by reading this book. If you want to learn instant hypnosis, i.e. methods to hypnotise family, friends and strangers that can take as little as 1-second to accomplish (seriously, it can be THAT quick!) then act now and snatch up this how-to manual (complete with pictures to help you along the way). When you go to see a Hypnotherapist, they often use slow, progressive hypnosis methods - this is not what the book is about. THIS book is about INSTANT, RAPID, FAST, BLINK-OF-AN-EYE SPEED HYPNOSIS...The cool stuff. Guiding you from basic safety precautions all the way through to advanced speed-hypnosis inductions, Rory Z gives you all you need to know to begin practicing hypnosis either for fun with your mates, as a roving street hypnotist or as a professional stage-hypnotist. This book is also a very useful tool for the aspiring Hypnotherapist, looking to learn a plethora of new, quick inductions to allow your clients to achieve amazing depth of trance in a fraction of the time. All of the methods within are tried, tested and verified - i.e. they all work! This book cuts away all of the linguistic mumbo-jumbo, dispels all the myths and gets down to cold hard facts, straight away. If you want to be confused and bogged down with unnecessary information - this book is NOT for you. If you want to quickly learn how to hypnotise with skill and confidence - this is the book that you need to add to your collection today.

Filipino Double-Weapon Fighting Penguin

The low-tech, high-impact tomahawk has been carried in every American war, including Vietnam, Afghanistan and Iraq. Here the author traces the origins of the tomahawk and uses his dynamic drawings to show how it can be utilized singly or with the long knife in both offensive and defensive encounters. Includes fighting scenarios, throwing lessons and applications of the war club.

Ninja Weapons Secrets of the KarambitWeapons of Southeast Asia

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Atria/Emily Bestler Books

Stunning handmade knives in full-on color! Showcasing fine artistry isn't a difficult job. Unlike museum curators, the knife book editors, designers and publishers don't even need to display the items in a well-lit room. The pages of Knives 2015 come alive with the most utilitarian, artistic, unique and exquisite blades from around the world. The world's finest edges--whether everyday carry pieces, hunters, bowies, belt and boot knives, camp knives, flipper folders or highly embellished works of art--find a home in the 35th edition of the Knives annual book. And each is accompanied by complete specifications, descriptions and editorial comments. Add in a comprehensive Custom Knifemaker Directory, including email addresses, websites, phone numbers, specialties and technical information, and you can see why collectors and enthusiasts own every volume of this coveted book. Engrossing feature articles delve into frame-lock folders, blunt tips on tall ships, knives disguised as other items, survival knives, "A Sword for a Warrior King" and plenty more World's most complete Custom Knifemaker Directory The latest trends in handmade knives State-of-the-art engraving, scrimshaw, jewel inlay, sculpting and carving More knives, articles, information, trend-setting innovations and state-of-the-art embellishments than any other book on the market!

The Martial Arts of Indonesia Ymaa Publications

Jeff Imada, one of the most respected balisong practitioners in the world, presents the definitive work on the balisong knife. Everything you always wanted to know about the balisong is featured in this book, with concise text and hundreds of detailed photos showing: carrying, drawing and flipping manipulation techniques; self-defense techniques; the knife and the law; knife-fighting philosophy; care and maintenance; and striking areas.

Complete Instructional Guide Penguin

"Attack Proof" goes beyond typical self-defense and martial arts to teach people how to handle violence the way "it" "actually" "is." The expanded edition of "Attack Proof" covers essential tactics, including more than 20 new drills that focus on balance, body unity, and footwork. This book

presents you with critical information for confronting violence.

Tom Clancy's Splinter Cell: Blacklist Aftermath Contemporary Fighting Arts, LLC

Eskrima, which is also known as Arnis (De Mano) or Kali, is the indigenous martial art of the Philippine Islands. Dynamic and flexible, with a wide range of training methods it can be practised by students of all ages and levels of fitness. Well known and respected as a highly practical weapons-based system, Eskrima is practised worldwide by civilians, law enforcement personnel and special units within the military. Eskrima uses training weapons (rattan sticks and daggers) from the earliest stages, alongside purely unarmed techniques. These training methods have been found particularly effective at increasing co-ordination and reflexes, providing a fast track to developing the qualities needed for practical self-defence. This fascinating book traces the history and evolution of this art form. It highlights Eskrima's essential principles and concepts. The instructional section illustrates how the Eskrimador is able to succeed in a wide range of combat situations involving fighting with both weapons and open-hands. Techniques, two-person flow drills, self-defence applications, training with specialized equipment, the philosophy of the art and 'self-defence and the law' are all covered in depth.

The World's Greatest Knife Book Penguin

During Desert Shield, Saudi Arabian troops laughed at their G.I. counterparts because every American soldier conspicuously carried a big fighting knife, yet none had ever been given formal training on how to use them correctly. Robert Spear has filled this training gap with a manual which goes far beyond the usual techniques. 123 pp., 5.5 X 8.5, photos, softcvr.

The Filipino Art of Stick Fighting Lulu.com

Teach Yourself Knife Defense! Develop your Filipino knife defense skills, because these techniques are generations old. Get it now.

Secrets of Giron Arnis Escrima Krause Publications Incorporated

Filipino Combat Systems chronicles the creation, evolution and core concepts of one of the fastest growing martial arts in the world. It overcomes the shortcomings inherent in martial art instruction manuals by focusing not on technique, but on the strategy and philosophy of movement behind the technique. Written by a first generation student under the authority and supervision of the system's Founder and Grand Master, this work is an excellent introduction to the system. FCS is one of the most practical combat oriented martial systems in existence, bridging the gap between the ancient fighting arts and the modern world.

Karambit SF Nonfiction Books

Covering a variety of preparatory stretches and warm-up exercises, the 12-zone striking and defense systems, hand-to-hand combat ("trapping hands"), flow-practice drills, sinawali and redonda, this 160-page, fully illustrated text gives novices a tangible amount of self-defense skill through specific drills. For example, the sinawali is taught without sticks, in empty-hand fashion, to illustrate how its weaving motions can be easily translated into empty-hand movements for blocking, punching, and takedowns. He discusses the 12 important angles of attacks on the human body, 12 basic ways of dealing with each angle, plus stick and sword disarming techniques.

Modern Arnis Tuttle Publishing

This book gives an overview of the history of KunTao, explaining the Hakka culture as well as how KunTao came into being. After tracing the history back several thousand years Mr. Seiwert goes on to examine the roots of KunTao and the martial arts styles that evolved into this highly effective fighting system. He then discusses the basic principals while demonstrating the tools and weapons used in KunTao, in addition to showing basic training drills as well as combative scenarios and applications using over 350 photos.