

Practical Intuition Laura Day

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CARR HANNAH

Your Nostradamus Factor Shambhala Publications

In *The World to Come* bestselling author and world-renowned psychic Ruth Montgomery presents a wealth of new material about who we are, where we are headed, and how we can cope with the political and natural upheavals that loom in our future. Many rank Montgomery's remarkable powers of foresight with those of Nostradamus and Edgar Cayce. Now, with the clarity and candor that has won her such a loyal following, Ruth gives a tour of the next century and beyond. Ruth discusses her guides' prediction that the earth is bound to shift on its axis and provides information about what areas are safest as severe global weather patterns intensify. She also shares stories of numerous people from ancient Palestine, including herself, who have been reincarnated at this time to help bring peace and healing to the world. Finally, in what she intends as her farewell book, Ruth offers a warm and fascinating look at her own life.

The Circle Simon and Schuster

Practical Intuition: How to Harness the Power of Your Instinct and Make it Work for You Harmony

Using Your Mind-body Network for Insight and Healing

Little Bit

A humorous guide to gay experimentation for straight women offers a wealth of advice on how to spice up a relationship with a boyfriend, enter into a same-sex relationship, and more. By the author of *Don't Sleep with Your Drummer*. Original. 30,000 first printing.

Learn It and Use It for Life Harper Paperbacks

At last a practical guide on intuitive decision-making for anyone in the business world to get to the answer they need faster. Intuition is the great differentiator in business. Listening to, trusting, and acting on your intuitive intelligence separates you from the pack as most people are not listening to theirs. Intuition is the one intangible skill that enables teams to function at a higher level and add more dimension and power to their ability to solve problems and grow. Yet the question that each business leader and manager struggles to answer is how do you train and develop intuitive thinking in a team to achieve the greatest result? *Decisive Intuition* is for business leaders, managers, and employees who want answers to this question and are ready to accelerate their company culture. Practice this 6-step process for harnessing your intuitive intelligence with practical business applications. Hear how successful business leaders are integrating intuitive skills into their companies for cutting-edge results. Explore directional, social, and informational intuition and how you can apply them to different areas of your business for greater results. Learn about the 5 roadblocks to accessing your intuitive intelligence and how to overcome them. Discover the latest findings in neuroscience and techniques to access your intuitive, subconscious mind for arriving at better decisions, faster.

Practical Intuition/Business & New World Library

Gut feeling. Sixth sense. Hunch. No matter what it's called, intuition plays a part in the decisions we make every day. In seminars around the world, Laura Day has taught business people, financial analysts, celebrities, homemakers, doctors, lawyers, and other professionals how to consciously tap this hidden ability. Now, through a step-by-step program, first-person accounts, and real-life examples, Day shows you how to unlock the remarkable power of your mind. "Practical Intuition will help you: follow your hunches and control your enthusiasms make better investment and business decisions "read" other people more accurately make more informed decisions about your health know whether a partner is right for you understand what you really want to do with the rest of your life and much more "From the Trade Paperback edition.

Practical Intuition in Love Penguin

This entry in the popular Little Bit Of series helps you understand, and develop, your powers of intuition. Intuition is something we're all born with and use every day. But generally, it's not consciously explored and strengthened like a muscle. But with the right work, we all can increase our intuitive ability. This fascinating introduction guides you, with the help of real-life examples from over two decades as a spiritual life coach, how to listen to your intuition, act upon it, and discover the resulting flow and magic that comes from living life intuitively.

Your Intuition Led You Here Simon and Schuster

The "New York Times" bestselling author of "Practical Intuition" shows readers how one carefully crafted wish can serve as a match to ignite potent and lasting transformation in their lives. *Daily Rituals for Empowerment, Inner Knowing, and Magic* Weiser Books

Intuition is a birthright, but many have lost touch with it. If embraced and followed, intuition can be an accurate force that permeates all facets of life. Shakti teaches readers how to tap into their inner knowledge and use it to enhance their lives and attain their goals. Chapters explore the role of intuition in health, creativity, work, and prosperity. Exercises based on Shakti's workshops and seminars help readers listen to their inner guide but also evaluate the worthiness of such knowledge in the context of the real world. Stories from her clients and her own life illustrate the practical advice she gives.

How to Harness the Power of Your Instinct and Make it Work for You HarperCollins

One of the world's leading creative artists, choreographers, and creator of the smash-hit Broadway show, *Movin' Out*, shares her secrets for developing and honing your creative talents—at once prescriptive and inspirational, a book to stand alongside *The Artist's Way* and *Bird by Bird*. All it takes to make creativity a part of your life is the willingness to make it a habit. It is the product of preparation and effort, and is within reach of everyone. Whether you are a painter, musician, businessperson, or simply an individual yearning to put your creativity to use, *The Creative Habit* provides you with thirty-two practical exercises based on the lessons Twyla Tharp has learned in her remarkable thirty-five-year career. In "Where's Your Pencil?" Tharp reminds you to observe the world -- and get it down on paper. In "Coins and

Chaos," she gives you an easy way to restore order and peace. In "Do a Verb," she turns your mind and body into coworkers. In "Build a Bridge to the Next Day," she shows you how to clean the clutter from your mind overnight. Tharp leads you through the painful first steps of scratching for ideas, finding the spine of your work, and getting out of ruts and into productive grooves. The wide-open realm of possibilities can be energizing, and Twyla Tharp explains how to take a deep breath and begin...

Cultivating Your Inner Wisdom Practical Intuition How to Harness the Power of Your Instinct and Make it Work for You

From New York Times bestselling author Kate White comes a gripping novel about one woman's dangerous quest to recover lost memories someone would rather she never find. The key to her missing memories could bring relief—or unlock her worst nightmares. On a cold, rainy morning, finance journalist Ally Linden arrives soaked to the bone at her Manhattan office, only to find that she's forgotten her keycard. When her boss shows, he's shocked to see her—because, he explains, she hasn't worked there in five years. Ally knows her name, but is having trouble coming up with much beyond that, though after a trip to the psychiatric ER, she begins to piece together important facts: she lives on the Upper West Side; she's now a freelance journalist; she's married to a terrific man named Hugh. More memories materialize and yet she still can't recall anything about the previous two days. Diagnosed as having experienced a dissociative state, she starts to wonder if it may have been triggered by something she saw. Could she have witnessed an accident—or worse—had something happened to her? Desperate for answers, Ally tries to track where she spent the missing days, but every detail she unearths points to an explanation that's increasingly ominous, and it's clear someone wants to prevent her from learning where those forty-eight hours went. In order to uncover the truth, Ally must dig deep into the secrets of her past—and outsmart the person who seems determined to silence her.

Turning Adversity into Advantage Swann-Ryder Productions, LLC Explains how to use the power of intuition to identify and avoid danger, and shares advice on restraining orders and self-defense tactics

Claiming the Life You Were Meant to Live Harmony

In her new book, *How to Rule the World from Your Couch*, Laura Day teaches you or your company how to create success in any area by using your brain in unique and compelling ways so that your innate intuition can propel you ahead to successful solutions. The step-by-step exercises included -- many of which can (and should!) be done from the comfort of your couch -- will show you how you can:

- Find and secure your dream job
- Maintain solid relationships, even at a distance
- Lose weight by reclaiming the body you were meant to have
- Know how to spot your perfect mate
- Make better investments and business decisions
- Negotiate differences in the workplace
- Have an understanding relationship with your child
- Identify which opportunities will pan out
- Project a desirable image for yourself or your product
- Anticipate and resolve difficult conflict before you walk into a situation

Laura's work has helped demystify intuition and demonstrate its practical, verifiable uses in the fields of business, science, medicine, and personal growth. Her list of clients and students includes doctors, financial investors, scientists, engineers, and celebrities. Day has shown that 98 percent of success is planning and that you, therefore, have the power to transform your life.

Accessing Your Innate Ability to See into the Future Little, Brown Tune into your senses, develop your physical, mental, emotional, and spiritual awareness, and open yourself up to the power of intuition. Discover the life-changing potential of intuition and use

a broad range of practices and techniques designed to reveal your path to innate wisdom. Connect with your subconscious mind through journaling, meditation, adventure, mindful movement, energy healing, moon rituals - explore what works for you. Apply your intuition to unlock wellness and fulfillment in any and every area of your life - health, family, relationships, work, creativity, and more.

Practical Intuition for Success HarperCollins

In her groundbreaking bestseller *Practical Intuition*, Laura Day showed how intuition--an instinctual knowledge we all possess about ourselves and what is best for us--can be the most effective tool for leading a fulfilled life. In *Practical Intuition in Love*, Laura Day demonstrates how this powerful, natural gift directly affects our ability to find and sustain intimate romantic relationships. If used wisely, intuition will help you send and interpret romantic signals, guide you to the right people and choices, and help you avoid the entrapments of no-win situations. Based on her successful workshops and filled with proven techniques and real-life examples, Laura Day's simple six-step plan will help you recognize the inner gift of attracting and nourishing the relationship with the one you love. Whether you are searching for a partner, recovering from love gone wrong, or trying to put the heat in the relationship gone cold, *Practical Intuition in Love* will help you put pleasure back in into your life, and find joy in a relationship that lasts.

Harmony

Don't work harder, work smarter. We've all know them: people who seem to effortlessly run on the fast track. They don't necessarily work harder or put in longer hours; what they do work is their intuition, that powerful sixth sense that tells them how to turn any situation to their advantage. The good news, says Laura Day, bestselling author of *Practical Intuition*, is that each of us has the capacity to use intuition to enhance our success. Now she has created a step-by-step program to help you hone your gut instinct to guide you through the ever-changing landscape of work and business. Day shows you how to bring forth your intuition, make it stronger, and make it work for you. And the more you practice it, the better the results. Whether you are a manager, investor, or entrepreneur, Day shows how you can: solve problems quickly create winning business plans and strategies envision a new business uncover hidden agendas take the "pulse" at meetings to better position yourself evaluate the stock market *Practical intuition for success*. You've already got it; let Day teach you to use it--and get the most out of your career.

The Intuitive Way Harmony

An intuitive resource for using everyday tools for magical results, featuring 32 rituals to help you tap into your intention and self-empowerment—from the owners of the destination boutique House of Intuition. "A must-read if you are into crystals, energy, and rituals."—PopSugar Alex Naranjo and Marlene Vargas, the owners of the biggest metaphysical shop on the West Coast, empower you to hear your inner voice and design your own powerful rituals in response. Part memoir, part ritual guide, *Your Intuition Led You Here* is ultimately a path to accessing the healing potential of magic, understanding your power, and putting your intuition into practice. With wit, lightness, and accessibility, Alex and Marlene guide you through . . .

- How to create magic: With thirty-two tried-and-true ritual recipes, this book is a uniquely knowledgeable guide on how to utilize the power of ritual to tap into intuition and inner knowing.
- Symbolism: Discover the symbolism behind key ingredients (everyday herbs, oils, elements, crystals) so that you can devise and personalize your own rituals.
- Rituals to manifest magic: Put magic to work with candle spells, protection baths, love jars, and box spells for releasing and letting go. Learn zodiac-personalized

energies, herbs, colors, and the most energetically powerful days of the week to manifest your desired intentions. Your intuition is a gift. In these pages, you will learn to hear it and respond to it with intention so that you can align your reality with your true self.

Intuition on Demand Dell Publishing Company

In this fascinating book, spiritual teacher Sonia Choquette reveals the secrets you need to awaken your intuitive voice and ... trust your vibes. If you're ready to step into a Divine, more energetically uplifting experience and live an easier more satisfying life, you'll learn how to do so within these pages...

The Guides' Long-Awaited Predictions for the Dawning Age Simon and Schuster

For women contemplating divorce or for those who have already divorced, Ashton Applewhite's insightful book sheds light on what to consider before making the decision to end your marriage, how to protect yourself—both financially and emotionally—and how much your life will change. One out of every two modern marriages ends in divorce, and 75 percent of those divorces are initiated by wives. Author Ashton Applewhite is one of these women, having sued for divorce after enduring an unfulfilling ten-year marriage. *Cutting Loose* is an essential resource for women who want to leave their marriage but fear the consequences. Shattering the media-generated image of the lonely, deprived and financially strapped divorcee, Applewhite provides a much needed reality check. *Cutting Loose* introduces 50 women, varying in age, race, class and predicament, who have thrived after initiating their own divorces. Their fears of financial, emotional and romantic ruin were never realized; on the contrary, their lives improved immeasurably, and their self-esteem soared. *Cutting Loose* also answers the crucial questions: How do you finally decide to make the big break? What is getting divorced

really like? What are the shortcomings of the legal process? What about custody and child support? Financial and emotional survival? And how does a woman's self-image change during and after divorce? "Ending any kind of oppression takes belief in self. *Cutting Loose* offers moving evidence of how such belief works, whether in a relationship or walking the road alone. Perceptive, realistic, and wise, the book is of enormous practical value to both women and men who aspire to more equal and fulfilling relationships."—Laura Day, author of *Practical Intuition*
Why Women Who End Their Marriages Do So Well Harper
Introduces the author's step-by-step plan for identifying core desires and acting upon them to create successful, satisfying, and more fulfilling lives.

Let Your Intuition Guide You to the Love of Your Life Simon and Schuster

"Stressed-out readers will find her advice a salve in an overly hurried and critical world." —*Publisher's Weekly* "Jessie Asya Kanzer is like a Taoist Anne Lamott, and she's written a practical and actionable guide." —Joel Fotinos, author of *The Prosperity Principles* Here are 47 inspirational pieces that are smart, hip, accessible, and rich with insight; Jessie Asya Kanzer's bite-sized stories of struggle, triumph, and contemplation provide a quick burst of mindfulness. Each chapter begins with a verse from the Tao, followed by sharp observations and anecdotes from her own life that give the teachings of Lao Tzu applicability to contemporary life. And each chapter concludes with a "Do Your Tao" section that offers an actionable step, leaving the reader with a sense of grounding and fluidity. Chapters include: "Success Sucks (Sometimes)," "F*ck This, I'm Water," "I Love You, I Not Love You," "The Tao of Babushka," and "Mystics Wear Leggings".