

Japanese Acupuncture A Clinical Paradigm Title

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Acupuncture in Clinical Practice Courier Corporation
Is moxibustion too difficult to apply, too risky or too smoky? Discover the effective new moxa method from Japan that gets rapid results - safely. Moxibustion is ancient. Even more ancient than needling. In modern acupuncture, however, it is often considered too time-consuming or difficult to master. And yet the classics say: for chronic conditions, moxa has no equal. Coming to the rescue of time-poor, present-day acupuncturists is the Ontake Method from Japan. This innovative technique uses a piece of bamboo filled with burning moxa wool to roll, tap and press on the acupuncture meridians using a metronome programmed to each meridian's frequency. The rhythmic application of heat, frequency and pressure triggers rapid shifts in your patients' body condition and mood but this method generates only a little smoke. In this book, you will learn: Dr Manaka's meridian frequencies and how to apply them Branch treatments for symptom relief Root treatments for whole-body regulation The integration of Dr Tan's holographic models with Ontake for the rapid relief of pain in the neck, back and joints Moxa in Motion presents a step-by-step guide to clinical practice utilising the Ontake Method. Easily integrated into any style of acupuncture, Shiatsu or Tuina, the Ontake Method will boost your results and build your practice. Oran Kivity is a veteran acupuncturist from the UK, living in Asia. He has dedicated countless hours of clinical observation and study to integrate the knowledge of contemporary Japanese masters. Through writing and teaching, he has ignited interest in Ontake, a remarkable new moxa tool

from Japan, developing these dynamic new techniques further and compiling them into this practical handbook of moxibustion. **A Long Road** Paradigm Publications

The best way to learn the art of Oriental Medicine is by direct transmission in the clinic - seeing, feeling, sensing, and being part of the treatment process - through a relationship with someone familiar with the road you are on. **A Long Road: An Acupuncture Travelogue** provides snapshots of steps along the road by the author in his development over many years as a busy practitioner. The real sense of living, dynamic treatment is conveyed through the author's obvious dedication and delight in pursuing and transmitting understanding of this art. The more so by the inclusion of conversation transcripts between the author and his students through which the reader is offered the chance to benefit from a sense of the sensei/ deshi (student/ teacher) relationship. In-depth articles cover specific conditions, treatment concepts, diagnostic nuance, case histories and discussion on point meaning and use. The classical texts are explored with translation & commentary and brought to vibrant clinical relevance to the extent that the text could almost be viewed as a clinical work-book. To be consulted, for inspiration and guidance - and to be sweated over in study - but mostly (and importantly) in clinical practice. This text is recommended for practitioners of all 'styles' or 'methods' as a path away from the unfortunate tendency to intellectualize oriental medicine and thus trap it in the classroom or lecture theatre. The reader is offered a bridge between classical theory/ training, and the vibrant reality of the clinical practice of acupuncture, moxabustion and traditional massage.

Practical Therapeutics of Traditional Chinese Medicine Paradigm Publications

This book is a practical guide to tools, skills, and techniques common to all acupuncture practice with emphasis on those that are uniquely or creatively Japanese. It is clear, direct, and completely illustrated with high-resolution close-up photography. The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition. Features: * Covers traditional needle techniques - filiform needling, supplementation and drainage, and needle with moxa, all with several approaches * Moxibustion is covered in detail, as are instruments, intradermal needles, press tack needles and spheres * Describes in detail highly specialised Japanese techniques such as shonishinpo (treatment techniques for children), Hiratazone therapy and Manaka wooden hammer and needle, as well as techniques such as cupping which are used throughout Asia * Introduction covers modern Japanese training and practice, including a highly useful guide to root treatment * Includes suggested treatment protocols for clinical application

YNSA Paradigm Publications

The premier guide to Shonishin — Japanese Pediatric Acupuncture — now in a new edition Now in an expanded new edition, this user-friendly manual remains the foremost instructional reference for the application of Shonishin, or Japanese pediatric acupuncture. The book addresses the unique and often changing circumstances involved in the treatment of infants and children. It focuses on the crucial factors of patient comfort and dosage regulation throughout treatment by gently and painlessly pressing, tapping, scratching, rubbing, and stroking the skin without penetrating it. Stephen Birch, the world's leading authority in Japanese acupuncture and Shonishin, provides valuable clinical guidance and hands-on advice that can be easily integrated into everyday practice. The book begins by presenting

the underlying principles and treatment tools used in Shonishin, and then goes on to cover root and symptomatic approaches and techniques, followed by details on how to manage a wide range of specific problems and diseases. More than 75 case histories from around the world present various treatment ideas, methods, and results for the featured condition. Highlights: More than 25 new clinical cases (over 75 cases total) offer useful insights and suggestions for daily practice New information on using Shonishin to treat headaches and emotional problems; combining Shonishin with other treatments, such as Bach flowers and Chinese herbal medicine; and using the techniques of Shonishin and the Meridian Therapy root treatment Coverage of Shonishin for the management of a broad spectrum of illnesses and diseases, including respiratory and digestive ailments, ear infections, allergies, sleep problems, and many more Exercises throughout the book help readers improve their skill and check their technique More than 150 precise illustrations complement and further clarify the text Video footage of a workshop where the author demonstrates how to do Shonishin and shows real treatments bring concepts to life (accessed through Thieme's Media Center) With *Shonishin: Japanese Pediatric Acupuncture*, Second Edition, professionals and students in acupuncture, and pediatricians and physical therapists who use acupuncture, will learn from the master the art of non-inserted needling to treat children. This volume contains all of the information that practitioners need to understand Shonishin as a treatment option and refine their technique, and to instruct parents on how to regularly use Shonishin at home, thereby increasing the frequency of treatment.

Paradigm Publications

Many students of Oriental Medicine begin their studies with a somewhat hazy relationship with the origins of the subject. It is often much later, when they begin to feel something is missing, that they at last begin to dig in and find the roots of this method that is at once therapy, art, and philosophy. In this book, you will be taken to the classical roots of this art to consider the foundational concepts and ideas afresh. Edward Obaidey is perhaps the perfect guide on this path dotted with what you may feel are familiar concepts, and language. He has an uncanny knack and light touch of opening up a perspective or idea long taken for granted and asking the reader to think anew. Edward

provides just enough detail and information to kindle fresh interest and connections in the mind of the reader, without smothering this precious state of curiosity and creative spark. This is the hallmark of a good teacher, attested to by the many apprentices, students, readers and seminar attendees that Edward has enlightened and educated over the years. The essence that comes through in this text is an important reminder of the sense of perspective that, whilst so fundamental to the study and practice of Oriental Medicine, is often sadly lacking or lost in detail.

Acupuncture Core Therapy Simon and Schuster

The text introduces Dr Manaka's major clinical and theoretical accomplishments by describing how the 'X-signal system' is the foundation of human topography, function, and response. In essence, the X-signal system defines qi, yin-yang, and the five phases as clinical events, rather than as abstract theories. The text gives Western readers the first complete description of this treatment system.

New Paradigms for Shang Han Lun Kodansha

Carl Wagner, DOM, Dipl.Ac. He started his education in Oriental Medicine at the age of forty-six and received his master of Oriental medicine degree from the International Institute of Chinese Medicine in 1994. He completed his National Boards and became licensed in New Mexico the same year. Concurrent with his last two years in school, Dr. Wagner apprenticed in the Kototama style, working daily in his teacher's clinic. Since his graduation over sixteen years ago, Carl has devoted himself to the study of Japanese Acupuncture. He trained in the Toyo Hari method with Koei Kurahara in 1999 and has been training with Masakazu Ikeda since 2002. He has studied with various other teachers including Shudo Denmei, Jake Fratkin, Miki Shima, Nigel Dawes, Stephen Brown, and Peter and Akiko Thompson. Dr. Wagner has twice attended the Annual Meridian Therapy Summer Seminar in Tokyo, Japan, and was a member of the first group of foreign students to attend in its forty-nine-year history. This annual event presents many of the most outstanding Meridian Therapy practitioners of Japan.

Japanese Acupuncture Paradigm Publications

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview

of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

Chasing the Dragon's Tail Paradigm Publications

Point names, the traditional means of identifying acupoints, have meanings that are hard to grasp. This text promotes understanding of each point's use in acupuncture practice by considering the meaning, context and significance of each. The 363 points covered are listed according to the system currently in use in China.

Atlas of Acupuncture Weatherhill, Incorporated

Soulie de Morant's masterpiece is the most detailed study of acupuncture available in a Western language. It was nominated for a Nobel prize and provided the foundation for French acupuncture. This text is divided into 5 parts: the energetics of acupuncture, the application of the energetics, physiology, meridians and points, and treatment. This book is a unique historical document, but more than this, it is the most practical of texts and has already served a generation of clinicians well.

Shonishin: Japanese Pediatric Acupuncture Xlibris Corporation

The most detailed exposition of the vessels in the English language.

Hara Diagnosis Paradigm Publications

For the first time in decades, a major figure in Oriental medicine is offering a book redefining the meridian system upon which the field is based. Author Tetsuro Saito is one of few international figures in shiatsu therapy with schools in Europe and North America. "Shin So Shiatsu: Healing the Deeper Meridian Systems" -- a rich compendium of 40,000 words, 300 figures and charts, and 130 black-and-white photographs -- is presented in two parts. The first book details the history, theory, principles, and techniques of Shin So Shiatsu. The second, a handy "Practitioner's Reference Manual," is intended for use in the treatment room. "Shin So Shiatsu" is for shiatsu therapists, acupuncturists, acupressurists, and practitioners of other energy-based approaches. Anyone who engages with Oriental medicine or is interested in the human energy system will want to read this major revision to a centuries-old approach. Its theoretical and practical uses will make it an essential textbook for schools and workshops. Highly regarded as the "father of shiatsu" in Canada, where he is now based, Saito introduced Canadians to the Japanese art of "finger pressure" in 1971, just as the West was

discovering acupuncture. For the past 40 years, Saito has treated thousands of patients, trained hundreds of therapists worldwide, and pursued his own research on energy-based healing with a rare diligence. "Shin So Shiatsu: Healing the Deeper Meridian Systems" represents this lifetime of work. Saito picked up where his mentor, renowned meridian-therapy pioneer Shizuto Masunaga left off when he died in 1981. Until now, Masunaga's "Zen Shiatsu" (Japan Publications Inc, 1977) has been unsurpassed as the primary guide for beginning students and experienced practitioners alike. "Shin So ("deeper level") Shiatsu" is a long-awaited step forward, and promises to reach a far broader audience of healing artists. Saito links the most ancient and forgotten tendrils of Chinese meridian theory with Masunaga's insights, his own remarkable findings, and the invaluable research being undertaken by other contemporary Oriental medical pioneers. Born in Japan and trained there -- first as an engineer and then a shiatsu therapist -- Saito merges the frontiers of science and healing arts to take our view of the human energy matrix far beyond the familiar Traditional Chinese Medicine meridian chart. His alternative is a far more complex, yet comprehensible view of the human body at work. A natural teacher, he illustrates with striking clarity how our road map of the Regular Meridian system has been abridged over time for simplicity's sake. He presents in painstaking detail the complete view of the Regular Meridians as they manifest at three levels of imbalance. He then fully details each of the lesser known, but equally important, Extra, Divergent, Ocean, and Cosmic energy systems, and explains how they interrelate with each other. He grounds us in this theory, then tells us exactly what to do with it. This is the crux of his work: "Shin So Shiatsu" enables any ordinary practitioner to "sense" and precisely trace the multitude of meridian pathways in the human body, to identify the levels at which energy imbalances occur, and to treat those imbalances -- with astonishing results. Practitioners of meridian-based therapies will instantly recognize the veracity and sincerity of this master's approach. "Shin So Shiatsu" is not a beginner's guide: Saito asks his readers to have a basic working knowledge of shiatsu or other meridian-based modalities. But with even a minimum of experience, practitioners from a diversity of backgrounds will

quickly be able to integrate the key elements of "Shin So Shiatsu" into their own work.

Five Elements and Ten Stems Paradigm Publications

This is the first complete English translation of Japanese acupuncture book, Shinkyu Gokuhi Sho with all the beautiful illustrations from the original text and Hyungsuk Choi's annotations. Shinkyu Gokuhi Sho was published in 1778 by a Japanese doctor, Kimura Taichu (金村太十郎). The author says that the acupuncture technique in this book is originated from Kim Duk-bang (金杜邦). This technique had been passed down to the family of Tanaka Tomoyoshi (田中 友生) secretly, and the author collected and edited the resources and published as a book. The techniques in the book became a foundation of Unkaishiryu, so this book has both historical and clinical value for acupuncture researches and practitioners. Regarding the title of this book, it was introduced to Europe in 1825 by Jean Baptiste Sarlandière under the French title, 'Traité inédit de l'acupuncture et du Moxa chez les Japonais', which means 'The unpublished teaching of Japanese acupuncture and moxibustion' in English. Japanese 'Shinkyu Gokuhi Sho' literally means 'The ultimate secret book of acupuncture and moxibustion'. In English, it was introduced as 'Absolute secrets of Acupuncture and moxibustion' in NAJOM (2001, vol 8, No.21) and also as 'Outline of the Deepest Secrets of Acupuncture and moxibustion' by Wolfgang Michel in his article, 'Japanese Acupuncture and Moxibustion in Europe from the 16th to 18th Centuries'.

Treatment of Disease with Acupuncture Paradigm Publications

In this essential text, the authors explore concepts from the Su Wen, Ling Shu and Nan Jing to bring us a view of ideas that flowered in an age rich with Chinese medical history. They discuss the philosophical and theoretical development of the five-phase system, in particular the relationship of five phases to the I Ching, Tao Te Ching, and other classical Chinese texts, then present the correspondences that a practitioner can apply to the problems of diagnosis and treatment. The diagnostic section is a complete and practical discussion of technique, including pulse, body type, visual diagnosis, and hara or abdominal diagnosis. The treatment section describes basic exercises, breathing techniques, treatment principles, and techniques from eminent classical texts. Modern treatment protocols are presented in clear, easy to use

tables. It is one of the best sources of technique currently available and it reaches beyond technique to the art of healing. **The Layman's Guide to Acupuncture** Japan Publications Acu-Zone Therapy is a Palpation-Based Japanese Acupuncture method that achieves rapid clinical results for pain and internal conditions, treating both root and branch aspects of disorders simultaneously. Based on a deep understanding of the Acupuncture/Channel System, Dermatomes, the Autonomic Nervous System, the Brain Stem, and Cranial Nerve functions. This Treatment divides the body into Zones that are influenced by 26 specific acupuncture points. We use these acupuncture points alone to achieve its quick and effective results, commonly applying no more than 7 needles per treatment to provide a simple and clear healing message that the body can understand. The method also utilizes a gentle and unique "Synergy Qi & Touch" needling technique that is based on the Japanese Haso/Resonance principle.

Japanese Acupuncture 101 Singing Dragon

Acupuncture in Clinical Practice should be an essential purchase for any practitioner interested in this field.

The Chinese Botanical Pharmacopeia in Acupuncture and Medical Practice Paradigm Publications

Starting with historical background, including the origins and meanings of concepts essential to the practice of acupuncture, the text proceeds to a discussion of the anatomical and pathophysiological concepts of Oriental medicine, concluding with a detailed review of diagnostic methods. A practical guide for lay practitioners as well as healthcare professionals. 114 black-and-white illustrations.

Japanese Acupuncture North Atlantic Books

Chinese Medicine and Acupuncture Textbook and Manual

Fundamentals of Chinese Acupuncture iUniverse

Introduces the principles and techniques of the ancient Chinese healing art of acupuncture.

Japanese Acupuncture Paradigm Publications

The authors look at TCM treatments for a wide range of common & more difficult problems, such as: eczema; gangrene; depressions; palpitations; & many more. Material is structured in such a way as to be easily accessed in clinical situations