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MAGDALENA TRISTIN

Manifesting Change Hay House, Inc

The Heart of the Shaman will take you on a journey into the sacred world of the shaman, through stories, dreams, and ancient rites. In his latest book, Alberto Villoldo sets his focus on the dreaming and time-travel practices of the medicine men and women of the Andes and Amazon, whose wisdom radically changed his worldview. Villoldo shares some of their time-honored teachings that emphasize the sacred dream: an ephemeral, yet powerful vision that has the potential to guide us to our purpose and show us our place in the universe. The practices in this book will help you forge a sacred dream for yourself. They will help you craft a destiny infused with courage, and driven by vision. You'll be invited to follow the footsteps of the luminous warrior and learn how to break out of the three nightmares surrounding love, death, and safety that have held you captive, and transform them into the experience of timeless freedom, known as the Primordial Light. This creative power exercised by shamans will lead you to create beauty and healing, and dream a new world into being. When you transform these dreams and accept that life is ever changing, that your mortality is a given and that no one except you can free you from fear—the chaos in your life turns to order, and beauty prevails. "Wake up from the slumber you are living in, and dream with your eyes open so that all the possibilities of the future are available to you."

From Deep Space with Love Simon and Schuster

Mike Dooley's advanced course on living deliberately and creating consciously. At the heart of the Matrix lies a simple yet highly

unexpected concept for creating major life change. Readers will not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, they'll learn how to navigate around it, under full sail, with their own new "a-ha" moments. Print run 30,000.

The Space Within Playing the MatrixA Program for Living Deliberately and Creating Consciously

A story about the origins of space, time, miracles and more. "Lost in Space" offers a totally unique way for each of its readers to assess their own place in reality. This book is for all those who are in search of life's truths.

A Visit from the Goon Squad Hay House, Inc

There is a space within you where you are already perfect, whole, and complete. It is pure consciousness - the space inside of which all thoughts come and go. When you rest in the feeling of this space, the warmth of it heals your mind and body. When you operate from the infinite creative potential of this space, you produce high levels of performance and creative flow. When you sit in the openness of this space with others, you experience a level of connection and intimacy that is breathtakingly enjoyable and filled with love. And when you explore this space more deeply, you will find yourself growing closer and closer to the divine, even if you're not sure there is such a thing and wouldn't know how to talk about it if there was. Every problem we have in life is the result of losing our bearings and getting caught up in the content of our own thinking; the solution to every one of those problems is to find our way back home. This is both the invitation and the promise of this book. One problem. One solution. Infinite possibilities. Are you ready to begin?

Mastering Your Hidden Self Hay House, Inc

Working side-by-side for a record label, former punk rocker Bennie Salazar and the passionate Sasha hide illicit secrets from

one another while interacting with a motley assortment of equally troubled people from 1970s San Francisco to the post-war future. A 60-Card Deck Hay House Incorporated
Don't face reality. Create reality! E-Squared could best be described as a lab manual with simple experiments to prove once and for all that reality is malleable, that consciousness trumps matter, and that you shape your life with your mind. Rather than take it on faith, you are invited to conduct nine 48-hour experiments to prove there really is a positive, loving, totally hip force in the universe. Yes, you read that right. It says prove. The experiments, each of which can be conducted with absolutely no money and very little time expenditure, demonstrate that spiritual principles are as dependable as gravity, as consistent as Newton's laws of motion. For years, you've been hoping and praying that spiritual principles are true. Now, you can know. E-Squared proves the following: 1. There is an invisible energy force or field of infinite possibilities. 2. You impact the field and draw from it according to your beliefs and expectations. 3. You, too, are a field of energy. 4. Whatever you focus on expands. 5. Your connection to the field provides accurate and unlimited guidance. 6. Your thoughts and consciousness impact matter. 7. Your thoughts and consciousness provide the scaffolding for your physical body. 8. You are connected to everything and everyone else in the universe. 9. The universe is limitless, abundant, and strangely accommodating.

Infinite Possibilities (10th Anniversary) Simon and Schuster
Infinite Possibilities is the masterwork from teacher, author, and featured speaker Mike Dooley. As the next step beyond his immensely popular Notes from the Universe trilogy, and his follow up, Choose them Wisely, this book contains even more enriching wisdom for living an abundant, joyous life. Mike Dooley knows that we create our own reality, our own fate, and our own luck.

We're beings filled with infinite possibility—just ready to explore how powerful we truly are. Manifesting the magnificence of our dreams isn't about hard work, but rather about belief and expectation. These principles transcend belief, realizing the truth about our human nature. Your dreams are not accidental, nor inconsequential. And if someone were to tell the truth about life, reality, and the powers we all possessed, would it be recognized? Our lives are full of adventures—and not exactly the sky-diving, mountain-climbing variety—but something better. Readers will laugh, applaud, and be inspired by Mike Dooley's wit and wisdom. **Channeled Messages from Deep Space** Monkfish Book Publishing

In *Playing the Matrix*, New Thought leader and New York Times best-selling author Mike Dooley shares his most impactful, transformational program for creating major life changes and shaping our futures. Previously only available at live workshops, this information has been delivered in 132 cities, 34 countries, upon 6 continents. For the first time, these complete ideas can be at your fingertips in book form. At the heart of the Matrix lies a simple yet highly unexpected concept for creating major life change, unlike anything shared by other teachers, past or present. It clearly reveals why "manifesting" sometimes works with incredible ease, why it sometimes doesn't work at all, and why, on occasion, it works and yet in hindsight we wish it hadn't. You'll not only learn about the "Bermuda Triangle of Manifesting" that too often leads to heartbreak and loss, you'll discover how to navigate around it, under full sail, with new "Aha!" moments as you come to understand: •How to achieve clarity in purpose and desire •How to avoid contradictions and self-sabotage •How to fuel your dreams with passion while not attaching to unimportant details and outcomes •How to plan and take action on your dreams without messing with the "cursed hows" •And so much more. *Playing the Matrix* lays out the actual physical and metaphysical mechanics of manifestation, including your role in the equation of reality creation, so that you can deliberately orchestrate the changes you most wish to see. Once you begin working with the Universe instead of unwittingly working against it, you will truly astound yourself.

LOVE YOUR LIFE IN 30 DAYS Simon and Schuster

From Deep Space with Love gives readers the chance to listen in on a fascinating conversation between one of today's most cele-

brated New Thought leaders—*New York Times* best-selling author **Mike Dooley**—and Frank, a collective of eight beings who currently live in a distant galaxy, channeled by **Tracy Farquhar**.

The book is divided into four parts: Life on Brahoska (Frank's planet), Life on Earth, The Greater Universe, and Building a Better World. Topics include:

- Brahoskans' culture, relationships, technology, leisure, conception of time, and much more
- Aspects of Earthly existence, from current political and social realities to the truth about the Loch Ness Monster
- Angels, divination, other dimensions, and what we can do to make a better world, starting now

Drawing on the experiences and wisdom of Frank's much older civilization and the trials and tribulations they have moved beyond—which once rivaled those we're now undergoing on Earth—*From Deep Space with Love* is a compelling, irresistibly readable guide to a new era. Readers will find their awareness expanded and their beliefs stretching to encompass ideas that challenge the status quo and reveal the true limitless nature of the Universe—and of humanity itself.

Core Light Healing Hay House, Inc

In his best-selling books and hugely popular "Notes from the Universe" daily e-mails, Mike Dooley teaches that the first step in changing our lives is to understand the nature of our very presence here on earth—the truth about who we are, how we got here, and the power we wield. Ultimately, Mike teaches that we are divine, eternal creators for whom all things are possible, here by choice, and we shape all of our life's experiences through the focus of our thoughts, our words, and the actions we take. Yet there are nuances, clouded by history and warped by those with agendas, that, if not understood, can sabotage our progress and keep us stuck in circumstances that seem out of our control. Mike unpacks these subtleties with his trademark irrepressible humor and joy in this new explorer's guide to "the jungles of time and space." Life on Earth probes the mysteries and magic of our reality, from past civilizations to modern times, with an eye to the immediate future, offering an insider's view of how we humans create our experience on earth literally from the ground up, as Mike pulls back the curtain on: • What it means to say that

"thoughts become things" • Religions, secret societies, and what the truth really is • How to make sense of natural disasters and manmade tragedies • The ultimate goal of life on earth (it's simpler than you think) As one of the featured teachers in *The Secret*, Mike is an internationally recognized expert in the science of deliberate living and conscious creation, known for taking a rational approach to even the deepest mysteries. Life on Earth is filled with insight, inspiration, and practical tools for mastering the game of life and learning how to build a better world.

Notes from the Universe on Love & Connection Hay House, Inc
The New York Times bestselling author, teacher, and speaker provides the next step beyond his immensely popular *Notes from the Universe* trilogy with this special 10th anniversary edition of the modern classic that contains even more enriching wisdom for living an abundant, joyous life. We create our own reality, our own fate, and our own luck. We are all filled with infinite possibilities, and it's time to explore how powerful we truly are. With clear-eyed and masterful prose, *Infinite Possibilities* effortlessly reveals our true spiritual nature and exactly what it takes to find true happiness and fulfillment. Witty and intelligent, this is "the perfect book at the perfect time. It is full of wisdom, answers, and guidance—a unique combination that is guaranteed to help anyone during times of change and transition" (Ariane de Bonvoisin, bestselling author of *The First 30 Days*). This tenth anniversary edition features a new foreword by Bob Proctor and a new introduction from the author.

The Abundance Book Simon and Schuster

120 Thoughts about life, dreams and happiness.

Second Edition Hay House, Inc

A story about the origins of space, time, miracles and more. "Lost in Space" offers a totally unique way for each of its readers to assess their own place in reality. This book is for all those who are in search of life's truths.

The Heart of the Shaman Hay House

Powerful yet concise, this revolutionary guide summarizes the Hawaiian ritual of forgiveness and offers methods for immediately creating positive effects in everyday life. Exploring the concept that everyone is deeply connected—despite feelings of singularity and separation—four tenets are disclosed for creating peace with oneself and others: I am sorry, Please forgive me, I love you, and Thank you. Offering practical exercises, this simple

four-step system encourages readers to focus on difficult conflicts within personal relationships and heal the past. By addressing these issues, owning one's feelings, and accepting unconditional love, unhealthy situations transform into favorable experiences. The final chapters delve into love, relationships, health, career and healing the planet.

Playing the Matrix Hay House, Inc

The beloved creator of "Notes from the Universe" distills a career's worth of inspiration into elegant, brief lessons for making our way through the world--conceived as a guidebook for his young daughter yet relevant to everyone who's living a life on earth. (In other words, everyone.) Mike Dooley returns with what he expects to be his most impactful book yet: a volume of elegant, brief lessons conceived as a message from a father to his daughter, and equally relevant to everyone who's living a life on earth. (In other words, everyone.) Mike is a beloved teacher and thought leader for seekers around the world, known for his trademark humor, wisdom, and sheer joy in living--all of which he's shared in his 17 books and his free daily e-mails of "Notes from the Universe." His Beginner's Guide to the Universe, inspired by such classics of gem-like wisdom as Life's Little Instruction Book, The Four Agreements, and The Things You Can See Only When You Slow Down, gives voice to his most essential, heartfelt advice about living deliberately and creating consciously. Guiding the reader thoughtfully and joyfully through a range of topics--including family and relationships, power and responsibility, adversity and bouncing back from it, even the nature of heaven, angels, and God--Mike succeeds in making a happy life in this universe seem easily within our reach. With short passages of text placed artfully on each page, and a format that's a pleasure to hold in the hand, this is an ideal gift for a parent, a parent-to-be, a child, a new grad, a dear friend, or anyone who needs a dose of Dooley, whether they know it or not.

Notes from the Universe Amazing Grace Unltd

Barbara Ann Brennan, founder of the Barbara Brennan School of Healing and best-selling author of Hands of Light and Light Emerging, is one of the most influential healers and spiritual leaders of the 21st century. Now, in her latest book, Core Light

Healing, her work continues with revolutionary new information on working with the creative process and the fourth level. The fourth-level, or astral, world bridges the creative pulse from the physical to the higher levels of reality and manifestation. Core Light Healing also chronicles Barbara Brennan's life journey and personal experiences. In Core Light Healing you will discover: • The nature of the creative process from the Human Energy Consciousness perspective • How each of us creates blocks in our energy fields; how blocks look, interact, and ultimately cause dysfunction in our lives; and the process involved in the clearing of blocks and releasing our creative potential • How to develop and work with High Sense Perception and its role in facilitating the clearing of blocks in our energy fields • The nature of fourth-level reality and its vital role in the creative process • The fourth level as it relates to healing relationships and the cord connections that underlie those relationships • And much more Complete with full-color and black-and-white illustrations, Core Light Healing offers to take you on a journey to create the life you have always imagined.

Attunement Hay House, Inc

Dealing with grades, bullying, friendships, parents, crushes . . . it's enough to make any teenage girl wish she could snap her fingers and make it all go away. The good news is, you almost can—except it's not "snapping" but "tapping"! Formally known as Emotional Freedom Techniques (EFT), this revolutionary practice can help you reduce your feelings of anxiety and overwhelm, boost your confidence, and unpack the "stress backpack" you may not even know you're carrying. In The Tapping Solution for Teenage Girls, expert EFT practitioner Christine Wheeler explains the basics of the technique (it actually involves tapping, with your fingers, on energy points on your own body, and you can do it anywhere, anytime). Then she gives you simple yet powerful instructions for tapping on common challenges such as: • Schoolwork, tests, grades, and planning for college • Appearance and body image • Dating, breakups, and dealing with sexual feelings • Divorce, siblings, and blended families Throughout the book, comments from 16-year-old Cassidy, the author's teen consultant, keep it real with helpful perspectives on how this

tapping thing works—and it does work! In these pages, you'll discover that a super effective tool for dealing with stress is literally at your fingertips. If you're ready to be true to yourself, stop freaking out, and keep being awesome, The Tapping Solution for Teenage Girls is the perfect solution for you!

Stories and Practices of the Luminous Warrior Simon and Schuster

A friendly guide to a wide array of divination tools, both ancient and modern, from internationally known spiritual teacher and author Radleigh Valentine. With a little help from the angels and a dash of fairy dust, Radleigh Valentine invites you to find your perfect "language" for communicating with the Universe to manifest your most cherished dreams! This simple how-to guide explores different divination tools, also known as oracles, which are simply methods of getting clarity and assistance from Source. You'll learn the basics of working with the magic of angels, fairies, tarot and oracle cards, Lenormand, runes, pendulums, the I Ching, astrology, numerology, meditation, and mantras--all delivered with Radleigh's gentle sense of humor and deft way of making complicated topics easy to understand. With each turn of a card, swing of a pendulum, or chanted mantra, your eyes will be opened to the brightness and the vastness of the Universe. Release your fears and see again through the universal language of laughter that . . . life really is magic!

Dodging Energy Vampires Anchor

Shares advice on realizing one's goals and offers inspirational views on universal mysteries while explaining how to overcome psychological obstacles using spiritual exercises and illustrative analogies.

A Program for Living Deliberately and Creating

Consciously Hay House, Inc

Each book contains a unique set of rare-earth magnets to quickly demonstrate and understand how you attract your heart's desires; how to consistently be a Deliberate Creator; empowering tools that create, activate, and magnetize more joy in EVERY arena of your life (relationships, love, money, career, home). "Magnetizing Your Heart's Desire give inspired new visions for your decisions to name and claim your personal power easily and quickly.