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<b>JASLYN MCCANN</b>	

**Biography of an Industrial Town** HarperCollins

Named one of Cosmopolitan's Best Books of 2018 From the husband and wife writing duo Jennifer Miller and Jason Feifer comes Mr. Nice Guy, a funny and all too real comedy about the pursuit of success in life--and love--in today's working world. Lucas Callahan, a man who gave up his law degree, fiancée and small-town future for a shot at making it in the Big Apple. He snags an entry-level job at Empire magazine, believing it’s only a matter of time before he becomes a famous writer. And then late one night in a downtown bar he meets a gorgeous brunette who takes him home... Carmen Kelly wanted to be a hard-hitting journalist, only to find herself cast in the role of Empire's sex columnist thanks to the boys' club mentality of Manhattan magazines. Her latest piece is about an unfortunate—and unsatisfying—encounter with an awkward and nerdy guy, who was nice enough to look at but horribly inexperienced in bed. Lucas only discovers that he’s slept with the infamous Carmen Kelly—that is, his own magazine's sex columnist!—when he reads her printed take-down. Humiliated and furious, he pens a rebuttal and signs it, "Nice Guy." Empire publishes it, and the pair of columns go viral. Readers demand more. So the magazine makes an arrangement: Each week, Carmen and Lucas will sleep together... and write dueling accounts of their sexual exploits. It’s the most provocative sexual relationship any couple has had, but the columnist-lovers are soon engaging in more than a war of words: They become seduced by the city’s rich and powerful, tempted by fame, and more attracted to each other than they’re willing to admit. In the end, they will have to choose between ambition, love, and the consequences of total honesty. “The Devil Wears Prada meets Sex and the City—a page-turner that's part sex diary, part coming-of-age story.” —Carolyn Kylstra, editor in chief, SELF “I COULD NOT PUT THIS BOOK DOWN!!! It totally messed up my week, it messed up my deadlines, but I absolutely loved it.” —Kevin Kwan, author of Crazy Rich Asians

*Mr. Nice Guy* Abrams

In the tradition of Schulz and Peanuts, an epic and revelatory biography of Krazy Kat creator George Herriman that explores the turbulent time and place from which he emerged—and the deep secret he explored through his art. The creator of the greatest comic strip in history finally gets his due—in an eye-opening biography that lays bare the truth about his art, his heritage, and his life on America’s color line. A native of nineteenth-century New Orleans, George Herriman came of age as an illustrator, journalist, and cartoonist in the boomtown of Los Angeles and the wild metropolis of New York. Appearing in the biggest newspapers of the early twentieth century—including those owned by William Randolph Hearst—Herriman’s Krazy Kat cartoons quickly propelled him to fame. Although fitfully popular with readers of the period, his work has been widely credited with elevating cartoons from daily amusements to anarchic art. Herriman used his work to explore the human condition, creating a modernist fantasia that was inspired by the landscapes he discovered in his travels—from chaotic urban life to the Beckett-like desert vistas of the Southwest. Yet underlying his own life—and often emerging from the contours of his very public art—was a very private secret: known as "the Greek" for his swarthy complexion and curly hair, Herriman was actually African American, born to a prominent Creole family that hid its racial identity in the dangerous days of Reconstruction. Drawing on exhaustive original research into Herriman’s family history, interviews with surviving friends and family, and deep analysis of the artist’s work and surviving written records, Michael Tisserand brings this little-understood figure to vivid life, paying homage to a visionary artist who helped shape modern culture.

*Bliss More* Mozaika LLC

An all-access, firsthand account of the life and music of one of history’s most beloved bands--from an original mastering engineer at Abbey Road Geoff Emerick became an assistant engineer at the legendary Abbey Road Studios in 1962 at age fifteen, and was present as a new band called the Beatles recorded their first songs. He later worked with the Beatles as they recorded their singles “She Loves You” and “I Want to Hold Your Hand,” the songs that would propel them to international superstardom. In 1964 he would witness the transformation of this young and playful group from Liverpool into professional, polished musicians as they put to tape classic songs such as “Eight Days A Week” and “I Feel Fine.” Then, in 1966, at age nineteen, Geoff Emerick became the Beatles’ chief engineer, the man responsible for their distinctive sound as they recorded the classic album Revolver, in which they pioneered innovative recording techniques that changed the course of rock history. Emerick would also engineer the monumental Sgt. Pepper and Abbey Road albums, considered by many the greatest rock recordings of all time. In Here, There and Everywhere he reveals the creative process of the band in the studio, and describes how he achieved the sounds on their most famous songs. Emerick also brings to light the personal dynamics of the band, from the relentless (and increasingly mean-spirited) competition between Lennon and McCartney to the infighting and frustration that eventually brought a bitter end to the greatest rock band the world has ever known.

*Il check up del punto vendita. Incrementare la redditività di grandi e medie superfici* FrancoAngeli

I fattori di rischio (diabete, fumo, ipertensione, obesità, stress, ecc.) predispongono allo sviluppo delle malattie cardiovascolari e neoplastiche; su queste malattie si conosce molto; la prevenzione, modificando le abitudini e lo stile di vita, riesce a ridurre e a prevenire la manifestazione sintomatologica, limitando i danni dei vari organi. La prevenzione non rappresenta un metodo di cura ma un modello di vita, bisogna acquisirlo fin da giovane. Alimentazione corretta ed equilibrata. Iniziare a mangiare cibi adeguati e genuini rappresenta già un presupposto significativo. La dieta

mediterranea rappresenta lo stile naturale per evitare tante malattie e di queste le più gravi; quelle che producono il 75% della mortalità globale. H. Keys studiò in Calabria i vantaggi dell'alimentazione sulla salute. Così nasce la Dieta Mediterranea che il 10 novembre 2010 a Nairobi l'Unesco riconobbe quale "Patrimonio Immateriale dell'Umanità".

*Tenth of December* Trine Day

Are you frustrated by stymied relationships, missed connections, and the loneliness of the search for someone to spend the rest of your life with? Are you ready, instead, to find “The One”? In Calling in “The One,” Katherine Woodward Thomas shares her own personal experience to show women that in order to find the relationship that will last a lifetime, you have to be truly open and ready to create a loving, committed, romantic union. Calling in “The One” shows you how. Based on the Law of Attraction, which is the concept that we can only attract what we’re ready to receive, the provocative yet simple seven-week program in Calling in “The One” prepares you to bring forth the love you seek. For each of the 49 days of Thomas’s thoughtful and life-affirming plan, there is a daily lesson, a corresponding practice, and instruction for putting that lesson into action in your life. Meditation, visualization, and journaling exercises will gently lead you to recognize the obstacles on your path to love and provide ways to steer around them. At the end of those 49 days, you will be in the ideal emotional state to go out into the world and find “The One.” An inspirational approach that offers a radical new philosophy on relationships, Calling in “The One” is your guide to finding the love you seek.

*Il Diritto ecclesiastico* Europa Edizioni

Heiress Kamila Mughal is humiliated when her brother's best friend snubs her to marry a social climbing nobody from Islamabad. Roya discovers her fiancé has been cheating on her and ends up on a blind date on her wedding day. Beautiful young widow Begum Saira Qadir has mourned her husband, but is she finally ready to start following her own desires? Inspired by Jane Austen and set in contemporary Pakistan, Austenistan is a collection of seven stories; romantic, uplifting, witty, and heartbreaking by turn, which pay homage to the world's favourite author in their own uniquely local way.

*A Triple Knot* Harmony

The critically acclaimed author of The King's Mistress brings another fascinating woman from history to life in an enthralling story of political intrigue, personal tragedy, and illicit love. Joan of Kent, renowned beauty and cousin to King Edward III, is destined for a politically strategic marriage. As the king begins a long dynastic struggle to claim the crown of France, plunging England into the Hundred Years’ War, he negotiates her betrothal to a potential ally and heir of a powerful lordship. But Joan, haunted by nightmares of her father’s execution at the hands of her treacherous royal kin, fears the king’s selection and is not resigned to her fate. She secretly pledges herself to one of the king’s own knights, one who has become a trusted friend and protector. Now she must defend her vow as the king—furious at Joan’s defiance—prepares to marry her off to another man. In A Triple Knot, Emma Champion brings Joan, the “Fair Maid of Kent” to glorious life, deftly weaving details of King Edward III’s extravagant court into a rich and emotionally resonant tale of intrigue, love, and betrayal.

**Alla ricerca dell'unicità. Il management imprenditoriale tra strategia, organizzazione e leadership** Bloomsbury Publishing

One hundred and seventy millions Americans are obese. Thirty million are "skinny fat," not outwardly big but inwardly nutrition deficient. The authors of this book, both staunch vegans for decades, were among the "skinny fat." After witnessing accelerated aging, Marilyn Diamond and Dr. Donald Schnell transformed their health through a radical lifestyle overhaul that most people over 40 will find easy and intuitive. Young for Life begins with the premise that our bodies are miraculous machines that have the potential for life-long vitality, sexuality, and youthfulness, and then shows how to reverse the signs aging through three key life-changing practices: - Whole Food nutrition for vital nutrients that combat genetic aging - Convenience exercise-6-second techniques of muscle contraction that are the foundation of shaping sexy muscle anytime, anywhere - Disease-prevention-fighting nutrient deficiency with micronutrient supplements

*How Jesus Became God* National Geographic Books

Il progresso scientifico non sempre viaggia sullo stesso binario dell'evo- luzione della società: se il primo negli ultimi decenni ha visto una crescita esponenziale delle possibilità, anche e soprattutto in campo medico, la se- conda, specialmente in alcuni contesti, sembra far più fatica ad adeguarsi alle nuove realtà che dal progresso scientifico traggono origine. La questione poi si fa estremamente delicata quando si parla di procreazione assistita e della possibilità, anche per una madre singola, di dare alla luce un figlio. Con grande coraggio e lucidità l’autrice racconta il suo percorso di ricerca della maternità, che prende l’avvio dopo una decisione meditata e sofferta, e si snoda attraverso diverse tappe in cui alla speranza è spesso sopraggiun- ta la delusione. Un percorso che, inevitabilmente, è stato intrapreso fuori dall’Italia, data l’impossibilità di poter accedere alla procreazione assistita per le donne singole nel nostro paese; viene quindi naturale interrogarsi sul diritto alla genitorialità e sul destino di chi, per mancanza di possibilità economiche, non può intraprendere i cosiddetti viaggi procreativi. Tuttavia, nonostante gli ostacoli e il dolore, un grande senso di speranza e di umanità trapela dal suo racconto, che emerge in primo luogo dai tanti incontri propi- zi che hanno scandito il suo difficile cammino.

*Sette, settimanale del Corriere della sera* FrancoAngeli

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**ANNO 2019 L'AMMINISTRAZIONE** A&C Black

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[Riforma medica](#) Ballantine Books

A pioneering work in oral history, this book tells the story of the rise and fall of the industrial revolution and the apogee and crisis of the labor movement through an oral history of Terni, a steel town in Central Italy and the seat of the first large industrial enterprise in Italy. This story is told through a combination of stories, songs, myths and memories from over 200 voices of five generations, woven with a wealth of archival material.

*L'Europeo* Penguin

Un'avventura coinvolgente piena di colpi di scena che lascia con il fiato sospeso ad ogni pagina. Tutto ha inizio in Africa, con gli animali che cominciano a tenere comportamenti anomali; poi l'azione si sposta sulla scena di un intrigo diplomatico che vede protagonista l'ambasciatore americano a Roma. I due scenari, all'apparenza scollegati, iniziano poco a poco a intrecciarsi, dando vita a una trama intricata e appassionante che porterà a rivelazioni inimmaginabili... Fantasia? Realtà? Potrebbe accadere davvero? Il mio nome è Alberto Brero, ho 43 anni. Sono sposato con Cristina. Abbiamo due splendidi bambini, Anna e Francesco. Vivo e lavoro tra Moretta e Lagnasco, in provincia di Cuneo. Mi sono laureato in Scienze e Tecnologie Agrarie presso l'Università Di Torino. Oggi conduco, con mio fratello Paolo e mio padre, l'azienda di famiglia nella quale produciamo prevalentemente frutta biologica. Amo il mio lavoro, il contatto costante con la natura, la vita all'aria aperta, il seguire la ciclicità delle stagioni e il vivere immerso in grandi spazi aperti. Tutto questo mi fa sentire un uomo libero. Adoro leggere, viaggiare, ascoltare musica e cucinare per la mia famiglia e gli amici.

*Austenistan* Macmillan

The prize-winning, New York Times bestselling short story collection from the internationally bestselling author of *Lincoln in the Bardo* 'The best book you'll read this year' New York Times 'Dazzlingly surreal stories about a failing America' Sunday Times WINNER OF THE 2014 FOLIO PRIZE AND SHORTLISTED FOR THE NATIONAL BOOK AWARD 2013 George Saunders's most wryly hilarious and disturbing collection yet, *Tenth of December* illuminates human experience and explores figures lost in a labyrinth of troubling preoccupations. A family member recollects a backyard pole dressed for all occasions; Jeff faces horrifying ultimatums and the prospect of Darkenfloxx(TM) in some unusual drug trials; and Al Roosten hides his own internal monologue behind a winning smile that he hopes will make him popular. With dark visions of the future riffing against ghosts of the past and the ever-settling present, this collection sings with astonishing charm and intensity.

*Young for Life* Penguin

From one of America's top meditation teachers and mindfulness experts comes a revolutionarily simple approach to everyday practice—especially if you don't think you have the time or the patience. Imagine you're sitting on a cushion with your legs crossed, ready to tap into unlimited joy. There's just one problem: You can't get comfortable (let alone still), and your head is full of way too many thoughts. The problem is not with meditation, or you, though—the issue may be with your approach. When properly understood and practiced, meditation should feel easy, calming, and comfortable. In *Bliss More*, maverick instructor Light Watkins provides the tools for making it E.A.S.Y. (Embrace, Accept, Surrender, Yield), dispels the biggest myths and misunderstandings, and shares real-world tips and straight talk for hacking into this ancient practice. The result: a happier and healthier you, inside and out. Watkins also shares candid testimonials from people whose lives have been enriched through his method, and extensive resources for transforming a daily chore into an enjoyable activity. Even the biggest skeptic will look forward to sitting for meditation every day. Whether you're a novice or experienced practitioner, *Bliss More* will shed light on the path to a clearer mind, better sleep, and more bliss in everyday life. Praise for *Bliss More* "With Light Watkins as your guide, you will unlock the secrets to establishing a regular and powerfully healthy daily practice."—Deepak Chopra, M.D. "Bliss More is one of the best meditation books I've ever come across for getting you started. Light Watkins has the gift of being able to demystify meditation in a way that will make you want to meditate, even if you feel your mind is too busy."—Frank Lipman, M.D.,

author of *10 Reasons You Feel Old and Get Fat* "If you're ready to start a solid meditation practice, look no further."—Rosario Dawson, actress "Light takes the world's most powerful practice and turns it into something you can't wait to do, something you're actually excited about."—Pam Grout, author of *E-Squared and Thank & Grow Rich* "Bliss More is a treasure trove of powerful, practical, and priceless techniques to finally master your meditation practice."—Davidji, meditation teacher and author of *Sacred Powers*

**The Winter of Our Discontent** Armando Editore

Noi siamo quello che altri hanno voluto che diventassimo. Facciamo in modo che diventiamo quello che noi avremmo (rafforzativo di saremmo) voluto diventare. Oggi le persone si stimano e si rispettano in base al loro grado di utilità materiale da rendere agli altri e non, invece, al loro valore intrinseco ed estrinseco intellettuale. Per questo gli inutili sono emarginati o ignorati.

*Giornale della libreria* Gruppo Albatros Il Filo

When an opportunity arises for a down-and-out fighter to atone for his sins, he takes it. Even if it means putting more than his heart on the line.

*Urologia* Harper Collins

New York Times bestselling author and Bible expert Bart Ehrman reveals how Jesus's divinity became dogma in the first few centuries of the early church. The claim at the heart of the Christian faith is that Jesus of Nazareth was, and is, God. But this is not what the original disciples believed during Jesus's lifetime—and it is not what Jesus claimed about himself. How Jesus Became God tells the story of an idea that shaped Christianity, and of the evolution of a belief that looked very different in the fourth century than it did in the first. A master explainer of Christian history, texts, and traditions, Ehrman reveals how an apocalyptic prophet from the backwaters of rural Galilee crucified for crimes against the state came to be thought of as equal with the one God Almighty, Creator of all things. But how did he move from being a Jewish prophet to being God? In a book that took eight years to research and write, Ehrman sketches Jesus's transformation from a human prophet to the Son of God exalted to divine status at his resurrection. Only when some of Jesus's followers had visions of him after his death—alive again—did anyone come to think that he, the prophet from Galilee, had become God. And what they meant by that was not at all what people mean today. Written for secular historians of religion and believers alike, *How Jesus Became God* will engage anyone interested in the historical developments that led to the affirmation at the heart of Christianity: Jesus was, and is, God.

*Proceedings* St. Martin's Griffin

The final novel of one of America's most beloved writers—a tale of degeneration, corruption, and spiritual crisis A Penguin Classic In awarding John Steinbeck the 1962 Nobel Prize in Literature, the Nobel committee stated that with *The Winter of Our Discontent*, he had "resumed his position as an independent expounder of the truth, with an unbiased instinct for what is genuinely American." Ethan Allen Hawley, the protagonist of Steinbeck's last novel, works as a clerk in a grocery store that his family once owned. With Ethan no longer a member of Long Island's aristocratic class, his wife is restless, and his teenage children are hungry for the tantalizing material comforts he cannot provide. Then one day, in a moment of moral crisis, Ethan decides to take a holiday from his own scrupulous standards. Set in Steinbeck's contemporary 1960 America, the novel explores the tenuous line between private and public honesty, and today ranks alongside his most acclaimed works of penetrating insight into the American condition. This Penguin Classics edition features an introduction and notes by leading Steinbeck scholar Susan Shillinglaw. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

**Sacrifice** Harper Collins

An analysis of the ways in which capitalism has presented itself as the only realistic political-economic system.