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I enjoyed her passion in the reading as well as her voice and cadence. 100 Ways to Simplify Your Life begins with #1, moving all the way through #100. Each of the Ways are their own section in the

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Here are 13 ways to simplify your life. 1. Limit Your Options. Part of living simply is to narrow down the vast choices you have to make on the daily. Some items may truthfully be unnecessary. Look closely at your to-do list and eliminate tasks that are not important, and see if you can bulk several things together. Having a long to-do list can ...

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So here are seven ways to simplify your life, using tips and ideas we've picked up after years of decluttering. 15 Ways To Simplify Your Life 1. Know your values. You can use my Word of the Year workbook to help guide you. Or spend some time brainstorming what your values are for life. When you come from a place of knowing what is important to you, you can make the right decisions going forward.

100 Ways to Simplify Your Life book by Joyce Meyer

Basically, get rid of the clutter, ditch the back-ups, simplify your wardrobe, eliminate the excess activities, move to a smaller home, shop less. I think I. 100 tips for simplifying your life. This book was a little hit or miss for me, though there are plenty of really good tips as well.

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