

The Values Factor Secret To Creating An Inspired And Fulfilling Life John F Demartini

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The author presents his perspectives and personal experiences on mentalism and how it can be used to tap into the mind's hidden powers.

ANTHEM Penguin

The definitive, bestselling book on the origins of nationalism, and the processes that have shaped it. Imagined Communities, Benedict Anderson's brilliant book on nationalism, forged a new field of study when it first appeared in 1983. Since then it has sold over a quarter of a million copies and is widely considered the most important book on the subject. In this greatly anticipated revised edition, Anderson updates and elaborates on the core question: what makes people live and die for nations, as well as hate and kill in their name? Anderson examines the creation and global spread of the 'imagined communities' of nationality, and explores the processes that created these communities: the territorialization of religious faiths, the decline of antique kinship, the interaction between capitalism and print, the development of secular languages-of-state, and changing conceptions of time and space. He shows how an originary nationalism born in the Americas was adopted by popular movements in Europe, by imperialist powers, and by the movements of anti-imperialist resistance in Asia and Africa. In a new afterword, Anderson examines the extraordinary influence of Imagined Communities, and the book's international publication and reception, from the end of the Cold War era to the present day.

The Secret of Influence Hay House, Inc

Updated with must-have new recipes, diet tips, and research. Discover the simple secret to permanent weight loss and optimal health, as seen on Dr. Oz. Fad diets come and go, but after more than two decades of success stories and media attention, The F-Factor Diet has stood the test of time. Now hailed as the go-to lifestyle program for anyone who wants to improve their health and lose weight for good, F-Factor's scientifically proven approach allows you to achieve results without hunger, deprivation, or denial. Change your life without disrupting your lifestyle: dine out, drink alcohol, eat carbs, and work out less from Day 1. Now revised and updated with new recipes, diet tips, and research, The F-Factor Diet includes: · An easy to follow 3-step program to shed pounds, boost energy, and increase longevity, on which men lose an average of 15 lbs., and women 10 lbs., in just one month. · More than 75 quick and delicious F-Factor approved recipes plus a complete set of guidelines for dining out and ordering in. · Proven tips, tools, and solutions to keep you motivated, inspired, and on track. It's time to change your life forever and join the F-Factor movement. Your journey to a happier, healthier you begins now!

The Richest Man in Babylon Penguin

Fashion editor and style expert Jacqui Stafford's new fashion bible proves that you don't have to be skinny or rich to look and feel fabulous. Some women just have "it". That indefinable something that makes them look effortlessly stylish, pulled together, and WOW! But if you think they were born with it, think again. You see, any woman can be a knockout - with a little help from Jacqui. In her fabulous new style bible, fashion editor and world-renowned style expert Jacqui Stafford is spilling all her insider secrets. An unpretentious, totally accessible guide, The Wow Factor reveals all the tricks that fashion and beauty editors use to make celebs and models look picture perfect. She'll share industry tips for the hair, makeup and clothing that makes you the best version of YOU possible. (Hint: It's got nothing to do with being rich or skinny.) With her signature cheeky British humor, Jacqui takes the mystery out of: How to figure out your body shape to create your ideal

body (Are you a Cocktail Ring or Sunglasses? A Fragrance Bottle or Lipstick?) How to make the plainest outfit dazzle with the right accessories What are the definitive beauty and skincare products that really get results (and why you can forget the rest) Where, and why, fashion editors shop when they do How to follow hard-to-wear fashion trends (and which trends to ignore) Why some women look super wealthy (even if they're not) And much, much more.

The Book of Joy Penguin

Never before has America—or the world—seen an individual so creative, so focused and so determined. The Trump Factor is a must read for any American interested in what Donald Trump has truly accomplished over 5 decades. The sheer magnitude of the portfolio is compelling. Trump is constantly faced with the complexities of multiple, mixed-use skyscrapers in gateway cities with enormous barriers to entry. Completing just one of these projects would give a developer great pride—yet this is an entire portfolio of them. Donald J. Trump has a powerful combination of architectural vision, financial genius and unparalleled persuasiveness—among innumerable other tools—to create a masterpiece business and an unparalleled one-man, one-name branding industry. His successful brand is as unparalleled as his drive—to forge ahead regardless of the obstacles, creating superb quality hotels, golf courses, condominiums, retail shops and much, much more. At every turn, this man solved the unsolvable, fixed the unfixable and got done what no other human being could possibly get done. Yet his greatest legacy lies in the family he tutors, empowers and loves.

The Secret Diary of Eleanor Cobham The Values Factor

Two boys who are best friends visit an illegal freak show, where an encounter with a vampire and a deadly spider forces them to make life-changing choices.

Independently Published

Working Backwards is an insider's breakdown of Amazon's approach to culture, leadership, and best practices from two long-time Amazon executives—with lessons and techniques you can apply to your own company, and career, right now. In Working Backwards, two long-serving Amazon executives reveal the principles and practices that have driven the success of one of the most extraordinary companies the world has ever known. With twenty-seven years of Amazon experience between them—much of it during the period of unmatched innovation that created products and services including Kindle, Amazon Prime, Amazon Studios, and Amazon Web Services—Bryar and Carr offer unprecedented access to the Amazon way as it was developed and proven to be repeatable, scalable, and adaptable. With keen analysis and practical steps for applying it at your own company—no matter the size—the authors illuminate how Amazon's fourteen leadership principles inform decision-making at all levels of the company. With a focus on customer obsession, long-term thinking, eagerness to invent, and operational excellence, Amazon's ground-level practices ensure these characteristics are translated into action and flow through all aspects of the business. Working Backwards is both a practical guidebook and the story of how the company grew to become so successful. It is filled with the authors' in-the-room recollections of what “Being Amazonian” is like and how their time at the company affected their personal and professional lives. They demonstrate that success on Amazon's scale is not achieved by the genius of any single leader, but rather through commitment to and execution of a set of well-defined, rigorously-executed principles and practices—shared here for the very first time. Whatever your talent, career or organization might be, find out how you can put Working Backwards to work for you.

The Secret Relationship Between Blacks and Jews Ember

NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD FINALIST • A “stunning” (America Ferrera) YA novel about a teenager coming to terms with losing her sister and finding herself amid

the pressures, expectations, and stereotypes of growing up in a Mexican American home—from the author of *Crying in the Bathroom* “Alive and crackling—a gritty tale wrapped in a page-turner.”—The New York Times Perfect Mexican daughters do not go away to college. And they do not move out of their parents' house after high school graduation. Perfect Mexican daughters never abandon their family. But Julia is not your perfect Mexican daughter. That was Olga's role. Then a tragic accident on the busiest street in Chicago leaves Olga dead and Julia left behind to reassemble the shattered pieces of her family. And no one seems to acknowledge that Julia is broken, too. Instead, her mother seems to channel her grief into pointing out every possible way Julia has failed. But it's not long before Julia discovers that Olga might not have been as perfect as everyone thought. With the help of her best friend Lorena, and her first love, first everything boyfriend Connor, Julia is determined to find out. Was Olga really what she seemed? Or was there more to her sister's story? And either way, how can Julia even attempt to live up to a seemingly impossible ideal?

Cooking for Geeks Forever

In this book you'll find 60 inspiring laws that show you how to live an amazing life. It is essentially a guidebook designed to take you through a powerful 60-day process of creating a new life. During the 60 days that you spend with this book, you'll receive messages and visions, and you'll find yourself thinking of ways to fulfill your destiny. This special book is for those who would truly love to live a free and amazing life, for those who fell inspired or called from within to be someone extraordinary, or do and have something astonishing.

The Values Factor Hatherleigh Press

After escaping from their captors in a giant air balloon, five prisoners of the Civil War find themselves stranded on a deserted island. Despite their different backgrounds, they decide to band together and combine their talents to live on the island, which they named Lincoln Island. Cyrus is a railroad engineer, Gideon is a journalist, Neb is a man who escaped slavery, Pencroff is a sailor, and Harbert is Pencroff's protégé and son. Each man uses their skills in a different way, building houses, making inventions, and finding creative ways to live off of the island. One day, Gideon, the reporter desperate for human contact, decided to send a message via a bird. After a long period of isolation with no contact from the outside world, the men accept that they will likely spend the rest of their life on the island. Now, two and a half years later, the group finally spot a ship sailing nearby—a fantasy sight. Hopeful that it is the way off their island, the group of survivors work to gain the attention of the ship, fighting off pirates and braving the rough environment to finally escape. However, as they fight to leave Lincoln Island, the survivors discover that it had been harboring a shocking secret all along. The Secret of the Island is the third and final installation of Jules Verne's The Mysterious Island adventure series. Following The Mysterious Island and Abandoned, this exciting and mysterious adventure novel concludes the popular trilogy. The Secret of the Island is full of shocking twists and even features a surprise appearance of a popular character from another famous Verne novel. With detailed prose and memorable characters, The Secret of the Island depicts the satisfying reveal of mysteries present throughout the trilogy. This edition of The Secret of the Island by Jules Verne features a new, eye-catching cover design and is printed in a modern, easy-to-read font, crafting an accessible and enjoyable experience for modern readers.

The Breakthrough Experience Hay House, Inc

What do we know about ordinary people in our towns and cities, about what really matters to them and how they organize their lives today? This book visits an ordinary street and looks into thirty households. It reveals the aspirations and frustrations, the tragedies and accomplishments that are played out behind the doors. It focuses on the things that matter to these people, which quite

often turn out to be material things – their house, the dog, their music, the Christmas decorations. These are the means by which they express who they have become, and relationships to objects turn out to be central to their relationships with other people – children, lovers, brothers and friends. If this is a typical street in a modern city like London, then what kind of society is this? It's not a community, nor a neighbourhood, nor is it a collection of isolated individuals. It isn't dominated by the family. We assume that social life is corrupted by materialism, made superficial and individualistic by a surfeit of consumer goods, but this is misleading. If the street isn't any of these things, then what is it? This brilliant and revealing portrayal of a street in modern London, written by one of the most prominent anthropologists, shows how much is to be gained when we stop lamenting what we think we used to be and focus instead on what we are now becoming. It reveals the forms by which ordinary people make sense of their lives, and the ways in which objects become our companions in the daily struggle to make life meaningful.

The F-Factor Diet John Wiley & Sons

INTERNATIONAL BESTSELLER • 1.5 MILLION+ COPIES SOLD WORLDWIDE “Workers looking for more fulfilling positions should start by identifying their ikigai.” —Business Insider “One of the unintended—yet positive—consequences of the [pandemic] is that it is forcing people to reevaluate their jobs, careers, and lives. Use this time wisely, find your personal ikigai, and live your best life.” —Forbes Find your ikigai (pronounced ee-key-guy) to live longer and bring more meaning and joy to all your days. “Only staying active will make you want to live a hundred years.” —Japanese proverb According to the Japanese, everyone has an ikigai—a reason for living. And according to the residents of the Japanese village with the world's longest-living people, finding it is the key to a happier and longer life. Having a strong sense of ikigai—where what you love, what you're good at, what you can get paid for, and what the world needs all overlap—means that each day is infused with meaning. It's the reason we get up in the morning. It's also the reason many Japanese never really retire (in fact there's no word in Japanese that means retire in the sense it does in English): They remain active and work at what they enjoy, because they've found a real purpose in life—the happiness of always being busy. In researching this book, the authors interviewed the residents of the Japanese village with the highest percentage of 100-year-olds—one of the world's Blue Zones. Ikigai reveals the secrets to their longevity and happiness: how they eat, how they move, how they work, how they foster collaboration and community, and—their best-kept secret—how they find the ikigai that brings satisfaction to their lives. And it provides practical tools to help you discover your own ikigai. Because who doesn't want to find happiness in every day?

Imagined Communities Cfbp Bestsellers

What really sets the best managers above the rest? It's their power to build a cadre of employees who have great inner work lives—consistently positive emotions; strong motivation; and favorable perceptions of the organization, their work, and their colleagues. The worst managers undermine inner work life, often unwittingly. As Teresa Amabile and Steven Kramer explain in *The Progress Principle*, seemingly mundane workday events can make or break employees' inner work lives. But it's forward momentum in meaningful work—progress—that creates the best inner work lives. Through rigorous analysis of nearly 12,000 diary entries provided by 238 employees in 7 companies, the authors explain how managers can foster progress and enhance inner work life

every day. The book shows how to remove obstacles to progress, including meaningless tasks and toxic relationships. It also explains how to activate two forces that enable progress: (1) catalysts—events that directly facilitate project work, such as clear goals and autonomy—and (2) nourishers—interpersonal events that uplift workers, including encouragement and demonstrations of respect and collegiality. Brimming with honest examples from the companies studied, *The Progress Principle* equips aspiring and seasoned leaders alike with the insights they need to maximize their people's performance.

Ikigai "O'Reilly Media, Inc."

Would you like to go to the next quantum level beyond the world of simply “positive thinking?” Are you ready to experience new levels of inspiration, creativity, and achievement? Well, now you can! Let *The Gratitude Effect* open your heart, inspire your mind, awaken your inner powers and hidden seeds of greatness. Allow it to help you break through any limiting beliefs and guide you to a more empowered life filled with deeper meaning and awareness. One of the teachers of the hit movie *The Secret*, Dr. Demartini wrote this book as a practical guide to a new life of happiness and thankfulness, proclaiming the importance of gratitude in an individual's life. You will learn: • To be happy with and grateful for what you have • How to accept much more you'll receive in return

Drive Graphic Arts Books

The Values Factor Penguin

The Secret of the Island John Wiley and Sons

The power of influence is elusive, but this life-changing ability can be learned and mastered. *The Secret of Influence: Mastering the Art of Inspirational Leadership* is a definitive guide to the power of influence, delving into the foundational skills that are required to attain a level of influence that is effective with family, friends, and colleagues. This thought-provoking guide will not only help you discover why you have failed to have more influence in your life; it will help you learn how to overcome those obstacles so that you can clear the way for learning the skills needed to become an influential leader. Along the journey to greater influence, you will find your life improves, your relationships take on new meaning, and your level of happiness and contentment grows. Connect with people in a deeper way and move individuals, groups, and then masses to greater heights with the valuable information in this guide.

The X-Factor Ballantine Books

Developed from celebrated Harvard statistics lectures, *Introduction to Probability* provides essential language and tools for understanding statistics, randomness, and uncertainty. The book explores a wide variety of applications and examples, ranging from coincidences and paradoxes to Google PageRank and Markov chain Monte Carlo (MCMC). Additional

Inspired Destiny Simon and Schuster

Proven ways to create a more loving family Research proves that happy families are good for health, longevity, peace of mind, productivity, and success. In *The Secrets of Happy Families*, Scott Haltzman offers an original approach to building family contentment that works for families of all ethnicities and make-ups—two-parent, single-parent, blended, childless, or same-sex couple. He provides a “positive psychology” way of solving family problems through strategy and leadership, including knowing and accepting who you are, taking a leadership role in loving and united relationships, building a network of support in extended families and communities, and making quality time for fun, adventures, holidays, and rituals.

The Secrets of Happy Families Words Power

Protect your organization from scandalously easy-to-hack MFA security “solutions” Multi-Factor Authentication (MFA) is spreading like wildfire across digital environments. However, hundreds of millions of dollars have been stolen from MFA-protected online accounts. How? Most people who use multifactor authentication (MFA) have been told that it is far less hackable than other types of authentication, or even that it is unhackable. You might be shocked to learn that all MFA solutions are actually easy to hack. That's right: there is no perfectly safe MFA solution. In fact, most can be hacked at least five different ways. Hacking Multifactor Authentication will show you how MFA works behind the scenes and how poorly linked multi-step authentication steps allows MFA to be hacked and compromised. This book covers over two dozen ways that various MFA solutions can be hacked, including the methods (and defenses) common to all MFA solutions. You'll learn about the various types of MFA solutions, their strengths and weaknesses, and how to pick the best, most defensible MFA solution for your (or your customers') needs. Finally, this book reveals a simple method for quickly evaluating your existing MFA solutions. If using or developing a secure MFA solution is important to you, you need this book. Learn how different types of multifactor authentication work behind the scenes See how easy it is to hack MFA security solutions—no matter how secure they seem Identify the strengths and weaknesses in your (or your customers') existing MFA security and how to mitigate Author Roger Grimes is an internationally known security expert whose work on hacking MFA has generated significant buzz in the security world. Read this book to learn what decisions and preparations your organization needs to take to prevent losses from MFA hacking.

Working Backwards Hay House, Inc

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls “grit.” “Inspiration for non-geniuses everywhere” (People). The daughter of a scientist who frequently noted her lack of “genius,” Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. “Duckworth's ideas about the cultivation of tenacity have clearly changed some lives for the better” (The New York Times Book Review). Among *Grit*'s most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is “a fascinating tour of the psychological research on success” (The Wall Street Journal).