
Clinical Attachment A Guide For Doctors

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MORA TOWNSEND

Child and Family Assessment Elsevier Health Sciences

This guide is intended for individuals training in general practice as well as for their trainers, tutors and educational supervisors. It outlines the content and process of learning in general practice and contains an extensive reading list of resources appropriate to each section.

Handbook of Attachment Interventions Springer Publishing Company

Delivers a unique, comprehensive treatment that galvanizes inner resources for reorganizing personality and healing childhood attachment rifts At the heart of this innovative text is a strengths-based, Attachment-Focused Trauma Therapy for Adults (AFTT-A) that facilitates healthier functioning and attachment patterns for adult clients. This model uses a multimodal, step-by-step approach to restructuring the internal personality system to

reclaim the authentic "Self" by providing new attachment experiences for "Child" parts of Self and negotiating new adult-life roles. AFTT-A orients all inner personality components to the present moment in which unmet childhood needs for nurturing and protection can be met within clients themselves. The book delivers a sequence of scripted protocols that accesses and activates the client's own strengths, creating an internal system of resources and using bilateral stimulation to deepen positive affective shifts. Throughout the book in Pause and Reflect sections, the authors encourage therapists to think about their own attachment patterns that emerge in therapy sessions and implement activities to enhance personal self-awareness and improve attunement to clients. Short vignettes and excerpts from client sessions illustrate the model's application, and end-of-chapter Points to Remember and Troubleshooting tips reinforce key concepts and underscore common therapy challenges and their solutions. The AFTT-A model is useful not only for EMDR therapists but can be easily integrated with non-EMDR models of trauma therapy. Key Features: Presents protocols and protocol

scripts for each step of the therapy process Uses a PAC (parent-adult-child) model to help clients understand parts of Self and normalize their inner experiences related to attachment trauma Delivers a standalone treatment for restructuring personality, healing childhood attachment ruptures, and developing effective adult-life skills Integrates preparation and reprocessing phases of EMDR therapy Promotes in-depth understanding of client behaviors through attachment and trauma models Emphasizes therapist self-reflection to facilitate optimal therapeutic relationships Includes treatment vignettes and excerpts from client sessions to deepen understanding of AFTT-A model Presents troubleshooting tips, exercises and activities, helpful checklists, templates, worksheets, script examples, and more Systemic Therapy and Attachment Narratives Guilford Press

Philosophers have warned of the perils of a life spent without reflection, but what constitutes reflective inquiry - and why it's necessary in our lives - can be an elusive concept. Synthesizing ideas from minds as diverse as John Dewey and Paulo Freire, the Handbook of Reflection and Reflective Inquiry presents reflective thought in its most vital aspects, not as a fanciful or nostalgic exercise, but as a powerful means of seeing familiar events anew, encouraging critical thinking and crucial insight, teaching and learning. In its opening pages, two seasoned educators, Maxine Greene and Lee Shulman, discuss reflective inquiry as a form of active attention (Thoreau's "wide-awakeness"), an act of consciousness, and a process by which people can understand themselves, their work (particularly in the form of life projects), and others. Building on this foundation, the Handbook analyzes through the work of 40 internationally

oriented authors: - Definitional issues concerning reflection, what it is and is not; - Worldwide social and moral conditions contributing to the growing interest in reflective inquiry in professional education; - Reflection as promoted across professional educational domains, including K-12 education, teacher education, occupational therapy, and the law; - Methods of facilitating and scaffolding reflective engagement; - Current pedagogical and research practices in reflection; - Approaches to assessing reflective inquiry. Educators across the professions as well as adult educators, counselors and psychologists, and curriculum developers concerned with adult learning will find the Handbook of Reflection and Reflective Inquiry an invaluable teaching tool for challenging times.

Handbook of Attachment Guilford Publications

The Routledge Handbook of Attachment: Implications and Interventions offers an introduction to therapies produced as a result of the popularity of attachment studies. These therapies can be divided into two categories: those that are 'attachment-based', in that they use evidence-based attachment assessments in their development, or 'attachment-informed', in that the theories of attachment have been integrated into the practice of existing schools of therapy. The book reviews the field and provides a range of interventions for children, adults and parents, beginning with a detailed review of both evidence-base and evidence-informed interventions including individual psychotherapy, family therapy and parenting. The remaining chapters provide accounts, from the practitioner's perspective, of interventions that address issues of attachment from the level of one-to-one therapy, family and social work to social interventions

involving courts and Care Proceedings, illustrated with examples from day-to-day practice. Discussing how an understanding of formal assessments of attachment can be used to inform therapeutic, social and legal interventions to assist and protect children, *The Routledge Handbook of Attachment: Implications and Interventions* is an indispensable guide for clinical psychologists, psychiatrists and social workers working with children and families, clinicians in training and students. *Handbook of Attachment-Based Interventions* Routledge

The Routledge Handbooks of Attachment provide a uniquely detailed yet accessible approach to attachment. Paul Holmes and Steve Farnfield have assembled an international selection of contributors and here present three volumes covering theory, assessment and implications and interventions. *The Routledge Handbook of Attachment: Theory* presents a broadly based introduction to attachment theory and associated areas, written in an accessible style by experts from around the world. The book covers the basic theories of attachment and discusses the similarities and differences of the two predominant schools of attachment theory. *The Routledge Handbook of Attachment: Assessment* provides a detailed discussion of the formal measurement tools available to assess attachment across the age range, including with families. It contains comprehensive chapters on many attachment-based validated procedures for assessing parenting and evaluating risk, to enable professionals to decide what type of assessment is appropriate, who should conduct it and the usefulness of the results. *The Routledge Handbook of Attachment: Implications and Interventions* offers an introduction to therapies produced as a result of the popularity of

attachment studies. These therapies can be divided into two categories: those that are 'attachment-based', in that they use evidence-based attachment assessments in their development, or 'attachment-informed', in that the theories of attachment have been integrated into the practice of existing schools of therapy. The Routledge Handbooks of Attachment are indispensable guides for clinical psychologists, psychiatrists and social workers working with and assessing children and families, clinicians in training and students.

Psychiatry in Practice Routledge

Perfect for new teachers in undergraduate, postgraduate, or continuing education, as well as more experienced educators who want to assess, improve, and gain new perspectives on teaching and learning, *Essential Skills for a Medical Teacher* is a useful, easy-to-read professional resource. This book offers a concise introduction to the field of medical education, with key coverage of educational models and theory that can help inform teaching practice. Clear illustrations and practical tips throughout make it an excellent starting point for those new to the field of medical education or who want to facilitate more effective learning for their students or trainees. Provides hints drawn from practical experience that help you create powerful learning opportunities for your students, with readable guidelines and new techniques that can be adopted for use in any teaching program. Includes new coverage of "just-in-time" learning, entrustable professional activities, steps on introducing outcome/competency-based education, selecting a teaching method, programmatic assessment, self-assessment, the student and patient as partners in the education process, the changing role of the teacher,

bringing about change, and the future of medical education. Covers recent developments in our understanding of the relationship between learning and technology, as well as curriculum planning and curriculum mapping. Offers practical advice from leading international expert Professor Ronald Harden and co-author Jennifer Laidlaw, who has designed and taught many courses for medical teachers. Prompts you to reflect on your own performance as an educator, as well as analyze with colleagues the different ways that your work can be approached and how your students' or trainees' learning can be made more effective.

Attachment Theory in Adult Mental Health Guilford Press
Attachment and Dynamic Practice offers an introduction to attachment theory and research, linking the field to a broad range of clinical situations and psycho-dynamic models."--BOOK JACKET.

Attachment Theory and Research in Clinical Work with Adults
Oxford University Press

Your surgical attachment is fast approaching and you have a number of questions that need answering to help you make the most of your experience... Making Sense of Your Surgical Attachment will answer them for you. Everything you need to know about the operating theatre and the use of surgical instruments is packed into this one handy guide: * The names and functions of surgical instruments * Electrosurgery and its techniques * How to use laparoscopic equipment * Sutures - put your best knot forward! * Operating theatre conduct and etiquette, and 'do's and don'ts' when assisting * How to scrub up * Pre-operative and peri-operative care * The surgical career

ladder and how to climb it. With a foreword by Andrew Raftery, Chair of the Royal College of Surgeons of England's Medical Students Liaison Committee, Making Sense of Your Surgical Attachment offers an engaging insight into the practical aspects of surgery.

Improving Patient Treatment with Attachment Theory Oxford University Press, USA

The emotional attachment of a child to caregivers, and the attachment of the caregivers to the child, is of vital importance to the child's socioemotional development. Proper attachment can affect one's ability to feel and express love, moral development, motivation to achieve, and sense of identity. Modern industrial societies have seen a recent surge in attachment problems, yet there has been little information on clinical interventions for attachment disorders. The Handbook of Attachment Interventions meets this need by providing information on diverse patient populations across different therapeutic philosophies, while providing specific techniques for treating attachment disordered children and their families. The book begins with a discussion of how attachment disorders relate to subsequent antisocial behavior patterns and other disorders, as well as general issues parents may encounter with an attachment disordered child. Subsequent chapters discuss special patient populations (the adopted child, military families, etc.) and techniques for intervention. Practitioners in clinical, private practice, managed care, and hospital settings, social workers, developmental psychologists, and interested parents find the Handbook of Attachment Interventions a valuable reference.

Handbook of Reflection and Reflective Inquiry Guilford Press

Attachment research has tremendous potential for helping clinicians understand what happens when parent-child bonds are disrupted, and what can be done to help. Yet there remains a large gap between theory and practice in this area. This book reviews what is known about attachment and translates it into practical guidelines for therapeutic work. Leading scientist-practitioners present innovative strategies for assessing and intervening in parent-child relationship problems; helping young children recover from maltreatment or trauma; and promoting healthy development in adoptive and foster families. Detailed case material in every chapter illustrates the applications of research-based concepts and tools in real-world clinical practice.

Handbook of Attachment, Second Edition Guilford Press
 Locating the phenomenon of transference within an evolutionary perspective, this important book develops a new form of dynamic therapy that focuses on the dynamics of attachment in adult life and will be of use to a range of mental health professionals and those at all levels in the caring and education professions. *Transference and Countertransference from an Attachment Perspective: A Guide for Professional Caregivers* explores the ways in which transference phenomena can be located in the different aspects of the self that are instinctive, goal-corrected and interrelated. At the centre of the book is the idea that when intrapersonal or interpersonal systems (aspects of the self, such as careseeking, caregiving, sharing interests, sexuality, self-defence, building a home) get aroused, the behaviour that follows is only logically and meaningfully connected when the system (aspect of the self) reaches its goal. Placing this new theoretical and clinical approach within the psychoanalytic tradition, the

work of developmental psychologists and the field of neuroscience, the book takes us to the heart of the clinical encounter and explores a range of issues including trauma, the effect of early misattunements, love and hate in the therapeutic relationship, burnout in caregivers, and the need for exploratory care for caregivers themselves. Building on the therapeutic modality that emerged from the research described in McCluskey's *To Be Met as a Person* (2005), this book provides a valuable guide for psychologists, psychotherapists, medical practitioners, nurses, social workers, organisational consultants, educators, coaches, and workplace managers. The McCluskey model for exploring the dynamics of attachment in adult life which underlies the work described in this book is currently being practised in a variety of settings and with different ages and communities. These include end-of-life care, organizations, homelessness, mental health, dementia care, children, adolescents and families, schools, pastoral work, training of clinical psychologists and attachment-based psychoanalytic psychotherapists, occupational therapy, art therapy, private practice, domestic violence, police training, GP support and consultation, nurse training and support, pain management clinics, foster carers, social workers, couple relationships, supervision of psychotherapists and counsellors, therapeutic communities, and complex grief and learning disabilities. [EMDR and Attachment-Focused Trauma Therapy for Adults](#)
 Routledge

The Adult Attachment Interview (AAI) is both a mainstay of attachment research and a powerful clinical tool. This unique book provides a thorough introduction to the AAI and its use as

an adjunct to a range of therapeutic approaches, including cognitive-behavioral therapy, psychoanalytic psychotherapy, parent-infant psychotherapy, home visiting programs, and supportive work in the context of foster care and adoption. Leading authorities provide detailed descriptions of clinical procedures and techniques, illustrated with vivid case material. Grounded in research, the volume highlights how using the AAI can enhance assessment and diagnosis, strengthen the therapeutic alliance, and facilitate goal setting, treatment planning, and progress monitoring.

Attachment in Intellectual and Developmental Disability Elsevier Health Sciences

In the fifty years since its inception, John Bowlby's attachment theory has been powerfully influential on developmental psychology and, more recently, mental health. Bringing together the experience of a diverse range of mental health practitioners and researchers who routinely use attachment theory in their own work, *Attachment Theory in Adult Mental Health* provides a guide to using attachment theory in everyday practice. Adam N. Danquah and Katherine Berry present a wide-ranging and practical approach to the topic which includes studies on clinical practice, the provision of mental health services and accommodating intercultural perspectives. Section One covers the basics of attachment theory and practice. Section Two presents clinical problems and presentations including, among others, the treatment of depression, anxiety disorders, psychosis, personality disorder and eating disorders. Section Three addresses the needs of specific populations, discussing the influence of sociocultural factors like gender, ethnicity and age.

Finally, Section Four examines the organisation and the practitioner, including using the theory to organise services and how individual therapists can integrate their own attachment histories into their approach. Including the most up-to-date theories and practice in the field, *Attachment Theory in Adult Mental Health* is ideal for psychologists and psychological therapists, counsellors, psychiatrists, occupational therapists, social workers and mental health service managers and commissioners.

Handbook of Attachment, Second Edition John Wiley & Sons
Psychiatry in Practice: Education, Experience, and Expertise provides detailed advice and useful tips for early career psychiatrists, and all others who wish to enhance their practical psychiatry skills. Each chapter is written by prominent early career psychiatrists from around the world, offering relevant and timely advice to those who are newly qualified, as well as a global perspective on the practical issues faced today. Covering a variety of topics from 'Psychiatric Emergencies' to 'Ethics and clinical practice in psychiatry', chapters include vignettes of scenarios that may be encountered, making this book pertinent and easily applicable to many early career situations. Skills related to personal management and managing resources are often not taught during training but are key to establishing a career in psychiatry - this book will help the new clinician to develop professionally. The emphasis on practicality ensures psychiatrists are prepared for the needs of the modern health service and society at large, and ensures patients across the world experience the best treatment available.

Integrative Attachment Family Therapy Oxford University

Press

The updated and authoritative reference to medications used in dental practice The revised and updated second edition of The Dentist's Drug and Prescription Guide offers a practical and quick reference to medications commonly prescribed in dental practice. With contributions from experts on the topic, this comprehensive book takes an accessible question-and-answer format, providing answers to common questions dentists ask about drugs. The most updated information on drugs is presented throughout, including the current antibiotic prophylaxis guidelines and newer osteoporosis drugs. A new section describes how to manage patients on medications, and includes new chapters on the important topics of opioid prescribing and abuse and pain management. Alternative effective medications for opioids are discussed in detail. Putting all the prescription and drug information needed in daily dental practice at your fingertips, The Dentist's Drug and Prescription Guide is an essential reference for practicing dental clinicians and dental hygienists. This important book: Offers a comprehensive and accessible guide to essential information about medications used in dental practice Presents detailed information about drugs in an easy-to-use question-and-answer format Provides answers to commonly asked questions about drugs Refers to current, evidence-based pharmacology information, tailored for the dental clinician Features information on opioid prescribing and abuse and pain management Written for both general and specialist dentists and dental hygienists, the revised second edition of The Dentist's Drug and Prescription Guide is a must-have reference for the most current information available on medications used in the dental profession.

The Dental Hygienist's Guide to Nutritional Care E-Book

Springer Science & Business Media

Attachment in Intellectual and Developmental Disability “Skillfully introduced and edited by Helen Fletcher and her colleagues, this long-needed collection of excellent chapters on attachment and disability reveals the vast wellspring of resilience that persons with disability possess – or can be helped to achieve. Readers will discover how best to support a family member, client or friend with a ‘disability’. A definitive resource for multiple disciplines, this book is surely required reading for all those working in the health professions aimed at addressing the needs of those with severe physical, mental or emotional impairments.” Professor Howard Steele, New School for Social Research “This informative, comprehensive text is unique, and is destined to become an invaluable national and international resource on attachment issues in the field of intellectual and developmental disabilities. Given the breadth and depth of this book, practitioners can use it both as a guide in practice and as a resource for research purposes. Both the editors and contributors are to be congratulated for introducing attachment theory to a wider audience, who will all, I am sure, appreciate the centrality and importance of this theoretical framework to their everyday practice.” Professor Bob Gates, University of West London This title in The Wiley Series in Clinical Psychology is the first to explore the role of attachment theory in understanding and helping children and adults with intellectual and developmental disabilities (IDD). There is a growing evidence base of interventions for IDD underpinned by attachment theory, including direct intervention and the application of attachment

theory to understand the interactions and relationships that occur between individuals with IDD and those who support them. Attachment in Intellectual and Developmental Disability brings together leading clinicians and researchers to present and integrate cutting-edge models and approaches that have previously been accessible only to specialists. They discuss the role of attachment theory in clinical practice when working across the lifespan of people with IDD, the theoretical basis of attachment difficulties, and how these difficulties are presented. They also discuss practical approaches to assessment and intervention, using clear case studies to illustrate the applications of attachment theory to clinical work.

The Dentist's Drug and Prescription Guide Elsevier Health Sciences

Attachment-Based Social Work with Children and Adolescents is a wide-ranging look at attachment theory and research, its application to youth populations, and its natural fit with the social work profession. This book covers the applicability of attachment theory to the profession's various domains that include human behavior, practice, policy, research, and social work education. In particular, it addresses the broad spectrum of clinical social work, including practice in a variety of public and private settings and with a number of diverse populations. The book highlights the contribution of the social work profession to the development of attachment theory and research.

The Study Guide for General Practice Training Springer

This book emphasizes interpersonal relationships as a frequently overlooked, yet crucial element in today's healthcare system and describes the utility of attachment theory in understanding and

managing patients with medical and surgical illness. Sections on the fundamentals of attachment theory, specific patient populations, attachment-based interventions, and future directions comprehensively reflect our current knowledge. The summarized research demonstrates the value of attachment theory in approaching such common issues as non-adherence, strain in the healthcare worker-patient relationship, and somatoform complaints, as well as in modelling maladaptive stress responses and subsequent illness vulnerability. The contributing authors are internationally recognized researchers and teachers who have sought to make this volume accessible to anyone interested in using the positive aspects of interpersonal relationships to maximum advantage in the practice of healthcare.

A Practical Guide for Medical Teachers Elsevier Health Sciences

"This comprehensive work is more than just the standard reference on attachment theory and research - it has helped to define and shape this rapidly growing field."--Inside jacket.

Clinical Dentistry Daily Reference Guide Guilford Press

"Integrative Attachment Family Therapy (IAFT), developed by family therapy expert and attachment specialist Dafna Lender, is a powerful intervention approach that addresses a wide array of issues that make their way to a therapist's office: difficult behaviors on the part of the child, such as frequent arguments and tantrums, disobedience, and indifference, and reactive behaviors on the part of the parents, such as yelling, pleading, threatening, and giving up or giving in. Instead of viewing the child as the problem, IAFT addresses the crux of the issue: a

misalignment in the parent-child relationship. In this treatment guide, Dafna walks readers through the IAFT framework,

providing therapeutic insight and concrete strategies to help families achieve meaningful and lasting change."--Publisher's description.