

## Beauty Sleep A Glamorous Mother A Woman From Her Past And Her Mysterious Death St Martins True Crime Library

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### ANGELO ARMSTRONG

*Once Again* Kimani Press

Portrait of an artist finding her path between duty, passion, and love.

*King of Diamonds* Routledge

Using touching stories from mothers who have battled hard times as well as a lighthearted look at her own mothering years, Linda Weber helps readers discover the secrets of giving their family not merely a higher standard of living, but a higher standard of life.

*Beauty Sleeping* Kensington Books

"Anguished, beautifully written... The Long Goodbye is an elegiac depiction of drama as old as life." -- The New York Times Book Review From one of America's foremost young literary voices, a transcendent portrait of the unbearable anguish of grief and the enduring power of familial love. What does it mean to mourn today, in a culture that has largely set aside rituals that acknowledge grief? After her mother died of cancer at the age of fifty-five, Meghan O'Rourke found that nothing had prepared her for the intensity of her sorrow. In the first anguished days, she began to create a record of her interior life as a mourner, trying to capture the paradox of grief-its monumental agony and microscopic intimacies-an endeavor that ultimately bloomed into a profound look at how caring for her mother during her illness changed and strengthened their bond. O'Rourke's story is one of a life gone off the rails, of how watching her mother's illness-and separating from her husband-left her fundamentally altered. But it is also one of resilience, as she observes her family persevere even in the face of immeasurable loss. With lyricism and unswerving candor, The Long Goodbye conveys the fleeting moments of joy that make up a life, and the way memory can lead us out of the jagged darkness of loss. Effortlessly blending research and reflection, the personal and the universal, it is not only an exceptional memoir, but a necessary one.

*I Think I Love You* Adams Media

Two best friends, one summer night, and twenty years of silence ... what happened at the lighthouse? The stunning, haunting new novel from the author of The Lost Summers of Driftwood. Sylvie is a lover of words and a collector of stories, only she has lost her own. She has no words for that night at the lighthouse when their lives changed forever. What happened to cleave her apart from her best friend and soulmate, Kase? Sylvie yearns to rekindle their deep connection, so when Kase invites her to the wild Tasmanian coast to celebrate her 40th birthday, she accepts - despite the ghosts she must face. As Sylvie struggles to find her feet among old friends, she bonds with local taxi boat driver Holden. But he is hiding from the world, too. Through an inscription in an old book, Sylvie and Kase discover their mothers have a history, hidden from their daughters. As they unpick what took place before they were born, they're forced to face the rift in their own friendship, and the question of whether it's ever okay to keep a secret to protect the person you love. Vanessa McCausland's enthralling new novel is about betrayal and forgiveness, the stories we tell, and the healing power of words. 'This evocative novel completely captivated me and I didn't want it to end. Vanessa McCausland is a remarkable storyteller.' Petronella McGovern 'Vanessa McCausland doesn't disappoint! Lyrical and evocative, the trauma and emotion rises off the pages along with the salt spray and the haunting cries of the eagles.' Fiona Lowe 'McCausland's poetic writing makes the heart sing. Graceful and glorious.' Alexandra Joel 'Reading a Vanessa McCausland book is like indulging in fine dark chocolate - her writing is decadent, dark, complex and luxurious. In this book she takes her lyricism to a new level, reveling in the power of words and stories to both heal and harm.' Cassie Hamer 'Rich with atmosphere and moral conflicts, The Beautiful Words sensitively explores the intricacies of two generations bound by secrets, with McCausland's trademark, hauntingly lyrical prose. It's a gifted storyteller that keeps me up way past my bedtime, but once again, I found myself unable to put Vanessa McCausland's novel down.' Maya Linnell 'Intriguing ... The Beautiful Words is a compelling story in a uniquely Australian setting for fans of Hannah Richell or Emily Bitto.' Books + Publishing 'Breathtaking ... Rich with atmosphere and written in haunting, melodic prose, The Beautiful Words is a powerful and timely work of fiction that celebrates the importance of female friendship and women's voices. Ultimately, though, it is a tale of healing, and a love letter to words and the power of storytelling.' Better Reading 'A clever and wonderful book' Herald Sun

*Glamour* Running Press

Drawn from her blog of the same name, this entertaining guide, which is part memoir, part-commiseration, and part how-to, shows new moms how to care for themselves post-partum to feel a little more like their glam former selves, while still being the best mommy they can be. Original.

*Glamour Book* Assouline Publishing

An essential tool for all reading groups! In this comprehensive book club companion, Kathryn Cope guides readers through Elizabeth Strout's acclaimed novel, Olive, Again. Designed to make your reading experience more rewarding and enjoyable, this study guide encompasses a wealth of information. Inside this guide you will find a plot summary; literary context; character analysis; a breakdown of themes & imagery; thought-provoking discussion questions, and even a quick quiz. Study Guides for Book Clubs are designed to help you get the absolute best from your book club

meetings. They enable reading group members to appreciate their chosen book in greater depth than ever before. Please be aware that this is a companion guide and does not contain the full text of the novel.

**Spiraling** Zebra Books

The first three trimesters (and the fourth—those blurry newborn days) are for the baby, but the Fifth Trimester is when the working mom is born. A funny, tells-it-like-it-is guide for new mothers coping with the demands of returning to the real world after giving birth, The Fifth Trimester is packed with honest, funny, and comforting advice from 800 moms, including: •The boss-approved way to ask for flextime (and more money!) •How to know if it's more than “just the baby blues” •How to pump breastmilk on an airplane (or, if you must, in a bathroom) •What military science knows about working through sleep deprivation •Your new sixty-second get-out-of-the-house beauty routine •How to turn your commute into a mini-therapy session •Your daycare tour or nanny interview, totally decoded

**Remember This** Penguin Random House New Zealand Limited

From her Grey Lynn apartment to one of New Zealand's most historic homesteads and horse studs, this is an inspirational journey from a corporate life working with Louis Vuitton back to the golden hills of rural Wairarapa. It's the middle of the night and Angela lies awake asking herself, not for the first time, why she gave up her glamorous job in the city, immersed in a world of luxury designer labels, high fashion and cocktail parties. In High Street to Homestead Angela musters the courage to change direction, giving up her home in the city to re-discover what's most important in life. It's been said before that one can't look to the future without looking at the past - but in some cases heritage can be a heavy burden, and digging up memories, a painful experience. Angela Williams' great-great-great-grandfather is Henry Williams, famous for translating the Treaty of Waitangi into Maori. Her great-great- grandfather helped establish one of New Zealand's largest sheep stations. While her great grandmother was a national champion golfer, Angela's grandmother founded the famous Te Parae thoroughbred stud. And her mother was Miss New Zealand... But her family has also had its fair share of pain and hardship, something Angela knows about first-hand. With three children - Angela and her two older brothers - the Williams family of Te Parae face issues of succession many farming families will be familiar with. With the days of the vast sheep stations largely a thing of the past, and with so many rural homesteads being sold out of family ownership, there's also the challenge of preserving an historic homestead for the next generation. Join Angela as talks herself down from the high branches of self-doubt, as she settles in to life in a glorious homestead, plans for its future, and grapples with one of her biggest rural addictions - horses.

*Love Made of Heart* Xlibris Corporation

Okay, so every day since the baby was born has been a dirty sweats/no mascara/bad hair day kind of day. You don't need your mother to tell you it's time to lose that just-home-from-the-hospital look before it sticks forever. You've got Dana Wood, patron saint of stylish new moms everywhere, to show you how to take world-class care of yourself - drumroll please - after the baby's born, and beyond! In this sensibly chic guide, Wood reveals the secrets of surviving the emotional, physical, and spiritual challenges that emerge in that bleary-eyed, sleep- and time-deprived first year. In the trademark Momover style popularized in her eponymous blog, she provides the motivation you need to hop off the new-mommy self-pity train, and get with a new and improved, post-baby program. What's more, she proves that doing right by yourself is just another way of doing right by your baby. Momover: Because centered, happy you = centered, happy baby!

*A Starving Madness* Kathryn Cope

Glamour Girl: How To Get The Ultimate Makeover takes a fresh look at a woman's need to feel and look beautiful not only in the sight of man but most importantly in the sight of God. Beauty was created by God, therefore, in the midst of all the cosmetics and beauty rituals are biblical principles. The Glamour Girl book teaches women how to recognize the beauty that God has given them and how to utilize this special gift. This book also takes beauty rituals to another level by teaching women the spiritual and practical applications of makeup. Glamour Girl: How To Get The Ultimate Makeover explores and explains the biblical book of Esther. Before becoming queen, Esther, had to undergo a very rigorous beauty treatment that lasted 365 days! Readers will quickly recognize why Esther's portrayal of beauty, strength and courage make her a True Glamour Girl and the perfect example for women to follow. By the end of this book, the reader will acknowledge the need to look deeper and dig deeper to find purpose in their beauty and beauty treatments, just as Queen Esther did. Glamour Girl: How To Get The Ultimate Makeover explores and explains the biblical book of Esther. Before becoming queen, Esther, had to undergo a very rigorous beauty treatment that lasted 365 days! Readers will quickly recognize why Esther's portrayal of beauty, strength and courage make her a True Glamour Girl and the perfect example for women to follow. By the end of this book, the reader will acknowledge the need to look deeper and dig deeper to find purpose in their beauty and beauty treatments, just as Queen Esther did. As the most unique book on its subject, Glamour Girl: How To Get The Ultimate Makeover features practical beauty tips that are woven throughout the book and includes a Self Discovery B.E.A.U.T.Y. Guide at the end of the book for personal reflection. Writing is therapeutic and by indulging in the Self Discovery B.E.A.U.T.Y. Guide, readers will be one step closer to discovering their purpose and walking boldly in their purpose like a true Glamour Girl! Glamour Girl: How To Get The Ultimate Makeover is a “must read” for any woman seeking true beauty - both inner and outer. Every woman who reads this book will discover the BIGGEST beauty secret ever and she will know exactly how to get the ultimate makeover!

*Glamour Girl* Macmillan

Packed with honest, funny, and comforting advice—"a book you MUST read if you are returning to work after the birth of a child.... I loved it and you will too." —New York Times bestselling author Lois P. Frankel, Ph.D. The first three trimesters (and the fourth—those blurry newborn days) are for the baby, but the Fifth Trimester is when the working mom is born. A funny, tells-it-like-it-is guide for new mothers coping with the demands of returning to the real world after giving birth, The Fifth Trimester contains advice from 800 moms, including: •The boss-approved way to ask for flextime (and more money!) •How to know if it's more than "just the baby blues" •How to pump breastmilk on an airplane (or, if you must, in a bathroom) •What military science knows about working through sleep deprivation •Your new sixty-second get-out-of-the-house beauty routine •How to turn your commute into a mini-therapy session •Your daycare tour or nanny interview, totally decoded

*Ladies' Home Journal* Rosetta Books

Stories have the power to change lives. These compelling tales of seven women and one man are a revealing look at the complexity of eating disorders, the process of psychotherapy, and the healing power of the relationship between therapist and client. Sufferers, their loved ones, and caregivers will benefit from the insights provided by this beautifully written collection.

*Beauty Reinvented* Revell

An acclaimed writer on her mother's tumultuous life as a Jewish immigrant in 1930s New York and her life-long guilt when the Holocaust claims the family she left behind in Latvia A story of love, war, and life as a Jewish immigrant in the squalid factories and lively dance halls of New York's Garment District in the 1930s, My Mother's Wars is the memoir Lillian Faderman's mother was never able to write. The daughter delves into her mother's past to tell the story of a Latvian girl who left her village for America with dreams of a life on the stage and encountered the realities of her new world: the battles she was forced to fight as a woman, an immigrant worker, and a Jew with family left behind in Hitler's deadly path. The story begins in 1914: Mary, the girl who will become Lillian Faderman's mother, just seventeen and swept up with vague ambitions to be a dancer, travels alone to America, where her half-sister in Brooklyn takes her in. She finds a job in the garment industry and a shop friend who teaches her the thrills of dance halls and the cheap amusements open to working-class girls. This dazzling life leaves Mary distracted and her half-sister and brother-in-law scandalized that she has become a "good-time gal." They kick her out of their home, an event with consequences Mary will regret for the rest of her life. Eighteen years later, still barely scraping by as a garment worker and unmarried at thirty-five, Mary falls madly in love and has a torrid romance with a man who will never marry her, but who will father Lillian Faderman before he disappears from their lives. America is in the midst of the Depression, Hitler is coming to power in Europe, and New York's garment workers are just beginning to unionize. Mary makes tentative steps to join, despite her lover's angry opposition. As National Socialism engulfs Europe, Mary realizes she must find a way to get her family out of Latvia, and she spends frenetic months chasing vague promises and false rumors of hope. Pregnant again, after having submitted to two wrenching back-room abortions, and still unmarried, Mary faces both single motherhood and the devastating possibility of losing her entire Eastern European family. Drawing on family stories and documents, as well as her own tireless research, Lillian Faderman has reconstructed an engrossing and essential chapter in the history of women, of workers, of Jews, and of the Holocaust as immigrants experienced it from American shores.

*Eve's Christmas* Anchor

On April 10, 2001, Sandra Baker, a recently separated, forty-five-year-old mother of two, went for a facelift—and a new lease on life. But the nurse anesthetist was a woman from her past. And Sandra's future was in jeopardy... Decades before, in a world of high school cliques and competition, Sally Jordan Hill had a crush on a guy whose attentions turned toward Sandra. Little did Sandra know how jealous Sally might have been... Once Nurse Sally had Sandra in her care, she administered a lethal dose of the painkiller Fentanyl. Within hours, Sandra was brain dead—and her death was ruled

a medical mistake. But earlier, Sally's coworkers heard her say this: That's the woman who stole my boyfriend in high school. And soon, a determined detective would find new clues to convince a judge that Sandra's death was no accident. ... Beauty Sleep is the true story of glamor, jealousy ... and cold-blooded murder.

**Ramshackle Glam** Gurze Books

There is no available information at this time.

*The Beautiful Words* Lulu.com

Opposites attract...and ignite! When she's dumped as the famous face of Espresso Cosmetics, Lola Gray does what any self-respecting diva would do: she throws a hissy fit and hits the road. Leaving Tennessee--and her family empire--in the dust, the cover model takes off for New York City. When a speeding ticket gets her in trouble in a small town in Ohio, the only bright spot is the hunky local police chief. After the craziness of the big city, Dylan Cooper couldn't wait to return to the peace and quiet of Cooper's Place. Now the stunning tabloid beauty he is holding for questioning is charming his hometown, and seducing the former homicide cop. Dylan needs Lola gone before he gives in to temptation. But unexpectedly, Dylan's discovering a woman of surprising talents, hidden depths...and intense passion. Is it possible their sizzling affair will become a lifetime of love?

*The Power of Beauty* Running Press Adult

Reflections on how physical appearance, and beliefs about it, affect women's lives from a #1 bestselling author who's "enormously fun to read" (The New York Times). Beauty and appearance play a pervasive role in our culture. Here, the #1 New York Times-bestselling author of the groundbreaking, controversial bestseller *My Secret Garden* delves into beauty's influence on popular media and the psyche of modern women. Combining in-depth cultural analysis with personal anecdotes, sexology, and individual case studies, Nancy Friday explores the dissatisfaction women feel about their bodies—and how it affects their sexual freedom. Her analysis is broad-reaching, examining how popular culture, advertising, stereotypes of women in the workplace, the sexual liberation of the 1960s, and the dynamics of family relationships put pressure on women to live up to an impossible feminine ideal. Also published under the title *Our Looks, Our Lives*

*Don't Mom Alone* Viking

Brings glamour within every woman's reach. Includes reducing, diet, exercises and fashion guidance.

**Deconstructing the Hero** B&H Publishing Group

"Snow" previously published under the pseudonym Tracy Lynn.

*Mom, You're Incredible!* Harper Horizon

"Tonight, I will master every inch of you. And you will probably feel the urge to beg me to stop, but you won't, will you?" I was raised a princess, but a witch's curse would seal my fate. Only one man dared to marry me—the future king of the fae. I'm a long way from home. In this palace, there is no freedom, no solitude. I am his possession. Corseted and gilded, or stripped and bound—either way, I'm his to claim. Anytime. Anywhere. It is the role of the king to dominate his bride, publicly and often. I am the living symbol of his strength. But there is no denying his charm and the power he holds to make me crave him. Even as it leads me to the most dreadful event of all—the day I must submit to him before the eyes of the entire court. However, he has a secret of his own. A secret that will lead me into the arms not just one man, but two at once—my beloved King Augustus and our loyal guard, Count Axel. A forbidden love none of us can turn away from. The witch who cursed me lurks in the shadows, ready to destroy us all. The Surrender of Sleeping Beauty was inspired by the life of Marie Antoinette and my love of fairy tales with a sensual twist. It contains intense sexual scenes and some darker themes, along with much decadence, gardens and gowns, and a happily ever after that is both bitter and sweet. This series was originally published as the Queen of the Sun Palace and collects the following three books: BOOK ONE: PRISONER OF SILK BOOK TWO: PRISONER OF MIRRORS BOOK THREE: PRISONER OF DREAMS