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# Purpose In Life And Use Of Preventive Health Care Services

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## **VALENTINE TOBY**

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### **Your Life on Purpose**

Beacon Press

HOW TO LIVE A LIFE  
DRIVEN BY PURPOSE

What is my purpose? How am I supposed to live my life? How many of us have asked ourselves these very questions? Realizing our life's purpose and discovering what we are meant to do in this life does not suddenly happen, but is a process, as well as a journey of self-discovery, best described as connecting with the source of life. In this aspect, "Living the Purpose Inspired life" is carefully designed to inspire you to live your life intentionally and

purposefully by answering your questions about living the Inspired and purposeful life. It is written with many powerful, practical, and inspirational nuggets that offer a better way of discovering what we each have as unique talents and gifts that are useful in leading us to live the most fulfilling life we can imagine. The book helps you organize your day, hours, and seconds of your life to discover your purpose and spend every day of your life fulfilling it. The book also helps while giving significance to your personality, choices, and events of life by clearly defining the steps of arriving at life by exploring the human identity. Even showing the reader how to live a life driven by purpose while

embracing our imperfections. In this book you shall know: How to find and define the true purpose of life with a personal growth mindset? Showing how to design and live a purpose-driven life with satisfaction. With guidelines for utilizing your potentials your passion and abilities How to derive your unique leadership skill. Harnessing the dynamics of information, communication, in the building of a purposeful relationship, while exploring the incredible connection between identity and purposeful living. With the enablement to understand the present tenses of life, by using your past to shape your future with the concept drawn from creation,

philosophy, literature, psychology, genetics, and a robustly well-designed strategy for ultimate fulfillment

#### Your Goal Guide Rose Publishing

In this life-changing book, energy medicine expert Rhys Thomas shows you how to discover your life purpose and align your decisions with your deepest self, so your life is fulfilling, productive, and full of joy. Trying to meet everyone else's expectations about the type of role you should play—whether in your job, your family, or society—can leave you constantly striving but ultimately dissatisfied. In this inspiring book, Thomas guides you in using the Rhys Method® Life Purpose Profile System to identify your purpose and reconnect with your passions, so you can find true happiness and fulfillment. This system of self-discovery encompasses five distinct soul-based profiles. Which one are you? - Creative Idealists are highly imaginative thinkers who sometimes self-isolate, feeling safer staying in their inner mental world than engaging with others. - Emotional Intelligence Specialists are empathic, sensitive,

and compassionate but sometimes struggle with being overwhelmed and feeling unloved. - Team Players are loyal supporters who selflessly put others' needs before their own, but they can fail to recognize their own strengths and needs. - Charismatic Leader-Charmers are energetic, dynamic, and capable, but they can become distrustful, self-centered, and even aggressive, in their relationships. - Knowledgeable Achievers are driven, self-disciplined, and organized big-picture thinkers. They sometimes lose touch with their emotions and push themselves too hard, becoming overly critical and judgmental. Once you identify your primary life-purpose profile, as well the other profiles you may inhabit, you can move toward your unique calling—embracing your strengths and rejecting unhealthy behaviors. Discover Your Purpose also helps you to better understand and relate to others through their profiles. Included in this book are resources and bio-energetic exercises designed for your individual profile to help you reach your fullest potential in mind, body, and soul.

#### **Personal Development for Smart People** St.

Martin's Essentials  
Most of us want to make a difference. We donate our time and money to charities and causes we deem worthy, choose careers we consider meaningful, and patronize businesses and buy products we believe make the world a better place. Unfortunately, we often base these decisions on assumptions and emotions rather than facts. As a result, even our best intentions often lead to ineffective—and sometimes downright harmful—outcomes. How can we do better? While a researcher at Oxford, trying to figure out which career would allow him to have the greatest impact, William MacAskill confronted this problem head on. He discovered that much of the potential for change was being squandered by lack of information, bad data, and our own prejudice. As an antidote, he and his colleagues developed effective altruism, a practical, data-driven approach that allows each of us to make a tremendous difference regardless of our resources. Effective altruists believe that it's not enough to simply do

good; we must do good better. At the core of this philosophy are five key questions that help guide our altruistic decisions: How many people benefit, and by how much? Is this the most effective thing I can do? Is this area neglected? What would have happened otherwise? What are the chances of success, and how good would success be? By applying these questions to real-life scenarios, *MacAskill* shows how many of our assumptions about doing good are misguided. For instance, he argues one can potentially save more lives by becoming a plastic surgeon rather than a heart surgeon; measuring overhead costs is an inaccurate gauge of a charity's effectiveness; and, it generally doesn't make sense for individuals to donate to disaster relief. *MacAskill* urges us to think differently, set aside biases, and use evidence and careful reasoning rather than act on impulse. When we do this—when we apply the head and the heart to each of our altruistic endeavors—we find that each of us has the power to do an astonishing amount of good.

*Until the End of Time*

Simon and Schuster  
 NEW YORK TIMES  
 BESTSELLER • A  
 captivating exploration of deep time and humanity's search for purpose, from the world-renowned physicist and best-selling author of *The Elegant Universe*. "Few humans share Greene's mastery of both the latest cosmological science and English prose." —*The New York Times*  
*Until the End of Time* is Brian Greene's breathtaking new exploration of the cosmos and our quest to find meaning in the face of this vast expanse. Greene takes us on a journey from the big bang to the end of time, exploring how lasting structures formed, how life and mind emerged, and how we grapple with our existence through narrative, myth, religion, creative expression, science, the quest for truth, and a deep longing for the eternal. From particles to planets, consciousness to creativity, matter to meaning—Brian Greene allows us all to grasp and appreciate our fleeting but utterly exquisite moment in the cosmos.

**Life Driven Purpose**  
 Harper San Francisco  
 This volume integrates and makes sense of the

growing body of theoretical and empirical research conducted on purpose across the lifespan. It opens with a comprehensive yet detailed discussion of the definitions of purpose most commonly used in studies on the topic. In addition to defining the construct, the author also discusses its philosophical roots and distinguishes it from related concepts, including meaning, goals, and ultimate concerns. This volume discusses the disparate perspectives on the construct and addresses the tendency to position purpose in the broader frame of positive psychology. It synthesizes distinct strands of research on purpose across the lifespan, it explores studies on the daily and longer-term experience of a purposeful existence, and it delves deeply into the wide range of measurement tools that have been used to assess the purpose construct. Further, it examines the prevalence and forms of purpose among diverse groups of youth and discusses the developmental trajectory of the construct. Other topics discussed include the central role of purpose in supporting optimal

well-being and positive youth development. The book closes with empirically-supported steps adults, educators, and mentors can take to effectively and intentionally foster purpose among young people and makes recommendations for future research on the topic.

#### Kingdom Driven Leader

Createspace Independent Publishing Platform  
Purpose! Do you know what you are living for or you are just existing? You can only live a successful life when you know and you are fulfilling your purpose in life. The secret of successful living is constancy of purpose! To be alive and not know the purpose for your being alive is a sad experience, part of the reason why most people are struggling in life and many more are living as average people is because they don't know their purpose in life and except this category of people identify, start living and fulfilling their purpose, life will be a directionless journey for them, and by so be exerting undue pressure on them. There is a purpose why you are here on earth. It is not a mistake that you are here,

you didn't just happen, you are not an accident, your parents may not have planned your birth and growing up but God had it planned! You are an intentional and calculated arrangement by God to fulfill a divine assignment here on earth. A person's life will only be a mishap if it is without goals to pursue, dreams to achieve and purpose to fulfill, just as a salt will become useless when it is tasteless. Purpose is your business in life, it is what you were created to do and become in life. With no reason and motivation to get up in the morning, life will get you down real quick. Everything in life was created and made for a purpose, the pen was made for a purpose: to write, the car was made for a purpose: mobility, everything has a purpose they serve. A successful life is achievable only when you know and you are fulfilling your purpose in life. The purpose of life is to fulfill a purpose in life. There are only two great days in every person's life, the day we are born and the day we discover why we were born. The greatest and most important thing to find out in life is: why? Why is purpose, and if the purpose of a thing is not

known, whether it is a person's life or a material thing, it will be become worthless, abused, misused then consequently disused. The people who don't know the purpose of life are only experimenting with life. Stop experimenting with life! Life is too short, beautiful and precious to be experimented with. A man's destiny will be misused and abused when he fails to realize his or her purpose in life, you have to know God's master plan for your life otherwise people will use you to achieve their selfish agenda then after abandon you. You can live a successful, fulfilled and purposeful life wherever you find yourself, your family background, level of education and the environment you are in should not stop you from fulfilling purpose, the environment is where you are, it is not who you are. We all know that the environment plays an important role when it comes to fulfilling our purpose, attaining our goals and achieving our dreams in life, but the question is: are you willing to create the environment that you want or you want the environment to shape you to what it want? You

should be tough enough to create the environment that you want, that's the only way you can be a victor in life. This is how you create the future: by not conforming your ideas and thought to what the future wants only, but conforming the future to how you have planned your ideas and thoughts to play out. Don't let life happen to you, be the one to happen to life! The silliest mistake you will ever make in life is to allow the world and its limitations break your dreams, I'd rather you bend the world into achieving your dreams. Refuse to die the man you are, if you are not yet the man you want to become! The worst phase of life a person can ever be is that phase where you'll begin to see your life goals and dreams falling off your hands like dead leaves falling off tree, yet you can't seem to do anything about it. Some of life devastating tragedies are death, wasted time, unutilized potentials and life without purpose, the most tragic of them is life without purpose.

Purpose in Life Simon and Schuster

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that

the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls "grit."

"Inspiration for non-geniuses everywhere" (People). The daughter of a scientist who frequently noted her lack of "genius," Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's

ideas about the cultivation of tenacity have clearly changed some lives for the better" (The New York Times Book Review). Among *Grit's* most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal).

Discover Your Purpose

John Wiley & Sons

"Building a second brain is getting things done for the digital age. It's a ... productivity method for consuming, synthesizing, and remembering the vast amount of information we take in, allowing us to become more effective and creative and harness the unprecedented amount of

technology we have at our disposal"--

### **The Power of Meaning**

ReadHowYouWant.com

Do you want to discover your destiny or life purpose? Do you want to discover your god given gifts? Do you want to know how to discover your purpose? Do you want to know how to discover your passion? Are you interested in life visioning, finding purpose in pain and finding purpose in your pain specifically? Have you ever thought of how you can discover your life purpose? Did it ever occur to you that the first journey a man must make in life is the journey of discovering whom he is and what he's uniquely created to do? One more question, do you desire to have a fulfilling career, real work not jobs, become wealthy, have inner peace and enjoy good health? If your answers are positive, then this rare book is for you - a book that is carefully packaged to give you a life of bliss. In this book, Moses Omojola, author of the best-selling book 'How to discover your divine destiny and total breakthroughs' practically guide you to: - Step out of every form of confusion and frustration

surrounding your life, business and jobs. - Discover who you are; your make - up and shape. - Discover God calling, your purpose, your life calling, divine assignment, real work, career, niche and best fit in life. - Develop a Personalized Life Purpose/Business profile for yourself. This profile is your life manual, similar to equipment operation manual, with which you can guide yourself through life and become successful, wealthy, fulfilled and significant. - Cast your life vision, unique goals and discover 3-5 businesses you're personally created to do. This book on purpose is a must read if you desire to live life by design, not by default or trial by error. Through this book, you will become your real you and manifest it. ... The proof of the pudding is in the eating. This is a great book on purpose. Add the wisdom in the book to your life now!

### **The Purpose of Life**

Pitchstone Publishing (US&CA)

There are two paths in life: Should & Must. We arrive at this crossroads over and over again, and every day. And we get to choose. Starting out or starting over, making a

career change or making a life change, the most life-affirming thing you can do is to honor the voice inside that says you have something special to give, and then heed the call and act. Many have traveled this road before. Here's how you can, too.

#choosemust An inspirational gift book for every recent graduate, every artist, every seeker, and every career change.

### **Living with Joy** Hay House, Inc

You may have learned how to get what you want—but what if you don't know what you want? A guide to finding your purpose by the author of Law of Attraction. In his bestselling book Law of Attraction, Michael Losier showed us how we can attract the things we want through our attention, energy, and focus. But what if you aren't able to pinpoint what you want in life? What if you're stuck, unsatisfied, but unable to see what's holding you back? How do you identify what will truly bring you joy? In Your Life's Purpose, Losier dives into our most basic motivations and lays out a simple guide to help you identify your strongest needs. These needs,

which he calls Fulfillment Needs, are the four core motivators that, when taken together, describe the meaning and purpose of your life. Losier spent five years developing a proven methodology for identifying these needs. His easy-to-follow, step-by-step guide will help you understand not just what drives you, but how to integrate joy into your day-to-day life. Complete with interactive exercises, charts, and personal testimonials, this results-driven book will help you evaluate your job, build compassion and understanding in your relationships, and make big life decisions based on your level of fulfillment. Michael Losier's books, courses, and videos have helped millions around the globe to improve their relationships, redirect their energies, and find personal fulfillment. You may be surprised how easily you can find your life's purpose!

### **The Purpose Driven Church** Vintage

Are You Ready to Finally Discover Your Life Purpose? What if you could say goodbye to feeling lost in life? What if you had a way to uncover what your true purpose is? In *The Life Purpose Workbook: A 5-Step Guide*

to Find Your Purpose and Create the Life You Want, You'll discover a 5-step self-exploration process that will help you find answers about who you are and help you find your life purpose. This book teaches you self-reflective techniques that will help you learn about yourself, discover your talents and passions that will bring you lasting fulfillment. This book is in a workbook format which is easy to use and includes writing prompts and exercises that will guide you into the depths of who you are and help you express your true self and find your purpose. In the Book You Will Learn: The 5-step process that will finally reveal your life purpose How to become more self-aware and know who you are How to use self-exploration to reveal your talents and passions so that you can follow your desires to do what you are born to do How to use your talents, passions and skills to serve, to help, to educate and to inspire How to fulfil your life purpose by writing your goals using our daily action planner PLUS, You'll Also Get Free Life Purpose Resource Guide with Worksheets, and access to our Private Facebook Support Group

to Help with Finding and Living Your Purpose. When you're done reading, you'll have the answers you need, and you'll know how to take the next step toward living your life purpose. Find your purpose today! Grab your copy now by clicking the BUY NOW button at the top of this page!

### **The Power of Purpose** Springer Science & Business Media

Stop drifting through life passively and start using the practical applications and tools in this handbook to pursue your God-given purpose. Find God's calling for you, get biblical guidance, and take the first step to making vocational, family, creative, and social impact. In this book, you'll get: A fundamental, and game-changing understanding of the 5 Pathways of Purpose Dozens of key questions to unlock your passions, course correct, and ensure your goals will create an impact Step-by-step instructions for creating your personal mission statement and finding your True North And so much more! Answer "What Am I Doing with My Life?" With *Find Your Purpose in Life* "What am I doing with my

life?" We have all asked this at some point. Those of us that have struggled with finding purpose can spend an entire lifetime questioning, praying, and even agonizing. Whether you feel like a blank slate or have already started embarking on your purposeful journey, it's always a good idea to take inventory on your "why" for existing on planet Earth. Instead of coasting along, hoping everything will somehow work out, take control and actively participate in the course of your life! Dr. Gregory Jantz believes that our most essential purpose is to honor and enjoy God each day. With this principle as our True North, our unique vocational, family, creative, and social purposes become clear. Find Your Purpose in Life helps readers understand the power of purpose and the many pathways of purpose, then guides them to pursue their passions with purpose. Enjoy having: Key definitions and easy-to-understand explanations Journaling prompts and activities to sharpen your focus Relatable stories from real people and the Bible to inspire And more! The Benefits of Find Your Purpose in Life by Dr.

Gregory Jantz It takes time to dig deep into God's purpose for you, but there is no greater way to spend your time. Here are just a few benefits you'll gain: You'll find your calling in life and make the most of each day You'll activate your imagination desires, and your story Your relationship with God and inner life will grow You'll maximize your gifts, talents, and your time And more! Key Features of Find Your Purpose in Life by Dr. Gregory Jantz Practical: Don't just read about others finding their purpose—get practical tips, reflection questions, and tools to discover your God-given callings, take the first steps to achieve them, and become your best self. Easy-to-Read: With clear headers, bullet points, and simple summaries, you can easily absorb key information at a glance. Bible-based: Enjoy having inspirational scriptures and biblical examples to build a strong foundation and encourage you along the way. Find Your Purpose in Life is perfect for individual and group use. Great for counseling, discipleship, singles groups, small groups, church giveaways, and more!

Doing Good Better Mango Media Inc.

In On Purpose, Paul Froese brings together data from large national and international surveys with interviews that illuminate the ways in which people from all walks of life grapple with their continuous search for reason, truth, sense, success, happiness, and ultimately-transcendence.

### **The Purpose Path**

Gildan Media LLC aka G&D Media

In the book, "Finding Your Purpose In Life" author Vincent Santiago provides simple yet effective strategies and techniques to assist you in discovering who you are, your passions and life purpose. The author has created a shortcut and blueprint that can possibly shed years off the process of discovering who you are through practical application of the tips and strategies listed in this book. It is his desire to share with you the possibilities that can come when you discover your life's purpose. Why should you dig deep within yourself to discover your life's passion and purpose? Understanding who you are as well as discovering your life's mission has many benefits and it holds the



master key to unlock infinite possibilities. It will give you a reason to get out of bed each morning and provides a compass to direct and guide your life for a better future. If you have been searching for a more purposeful and meaningful life, "Finding Your Purpose In Life" will definitely add tremendous value to you. The author has been there. In his book he states, .."..discovering my life's purpose took a lot of soul searching. Throughout my life I wanted to become an professional painter, architect, football player, baseball player, forensic scientist, police detective, stock trader, watch designer, and the list goes on and on." If you have that nagging feeling or a list of thing you're passionate about but haven't quite narrowed it down to one thing yet, discovering your life's passion is the vehicle that will take you to new heights. You'll know exactly where you are going, you'll become more enthusiastic about your life experience and you'll positively effect those around you. Your life's purpose doesn't revolve around the activities you pursue, but it involves who you are and your character when doing

them. It's about discovering who you are, growing into the person you were meant to be and simply being you when performing those activities. In this guide you will learn how to: Set a foundation to discover who you really are and what your passions are Narrow your desires down to one thing so that you can concentrate all your energy into it Apply a simple strategy to discover what others believe you're good at Evaluate your passions and desires by asking yourself a few simple questions Create effective To-Do Lists to keep you on track with your goals in life Take action on your ideas with 4 proven steps Stay motivated and on track when embarking on this new journey Get started right away Don't put this off! Time is the most precious commodity. Do you want to truly discover who you are and fulfill your life's purpose? Do you want to find your passion? Then now is the time to make a resolution that will last for a lifetime. One choice can alter your life in a great and powerful way. It's your destiny to live a happy and fulfilled life and the author wants to see you achieve massive results

starting today. Purchase your copy now!  
*The Path to Purpose*  
 Workman Publishing Company  
 Discover and fulfill your God-given purpose by joining the more than thirty-five million others who have embarked on a spiritual journey that started with this #1 New York Times bestselling book by Pastor Rick Warren. Before you were born, God knew what your life had in store for you. His hope for you is to discover the life he created just for you--both here on earth, and forever in eternity. Let Rick Warren guide you as you learn to live out your true purpose. The Purpose Driven Life is more than a book; it's a road map for your spiritual journey. Combining thoughtful verses from Scripture with timely stories and perspectives from Warren's own life, The Purpose Driven Life will help you discover the answer to one of life's most important questions: What on earth am I here for? Throughout The Purpose Driven Life, Warren will teach you to spend time getting to know yourself and your creator in order to live your life to the fullest. Unlocking your true

purpose will also reduce your stress, simplify your decisions, increase your satisfaction, and, most importantly, prepare you for eternity. Designed to be read over the course of forty-two days, *The Purpose Driven Life* will help you see the big picture, giving you a fresh perspective on the way that the pieces of your life fit together. Every chapter of *The Purpose Driven Life* provides a daily meditation and practical steps to help you uncover and live out your purpose, starting with exploring three essential questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? Each copy of *The Purpose Driven Life* also includes thoughtful discussion questions, audio Bible studies that go along with every chapter, and access to a supportive online community, giving you the opportunity to dive even deeper into each life-changing lesson. [Who Says You Can't? You Do](#) Rosetta Books From the celebrated author of the best-selling *Physics for Future Presidents* comes "a provocative, strongly

argued book on the fundamental nature of time" (Lee Smolin). You are reading the word "now" right now. But what does that mean? "Now" has bedeviled philosophers, priests, and modern-day physicists from Augustine to Einstein and beyond. In *Now*, eminent physicist Richard A. Muller takes up the challenge. He begins with remarkably clear explanations of relativity, entropy, entanglement, the Big Bang, and more, setting the stage for his own revolutionary theory of time, one that makes testable predictions. Muller's monumental work will spark major debate about the most fundamental assumptions of our universe, and may crack one of physics' longest-standing enigmas. **The Purpose Of Your Life** Penguin A word-of-mouth phenomenon that's changing lives around the world--a journey into your true self and amazing potential. Do you want to change your life? Well, who says you can't? A moment came in Daniel Chidiac's life when he realized he wasn't living his truth. His work didn't fulfill him, his relationships hurt him, and he was making

choices that didn't align with his true values. But he did have the ability to know his own purpose--a gift we all have--and thus his journey began. Daniel studied the lives of great achievers, sought guidance from spiritual leaders, and discovered the secrets for shaping one's own destiny. He used his personal experience of changing his life to create this powerful seven-step guide to discovering your true self, committing to your own life, and pushing beyond your known limits. Standing out for his incisive wisdom and complete lack of gimmicks, Daniel Chidiac is an inspiring, insightful, and honest guide. His empowering system has spread organically, and it has already changed the lives of legions of readers. With practical exercises and interactive tools, this book challenges you to ask hard questions and make life-changing decisions--and ultimately guides you to the fulfillment you have been seeking. Get ready to be intrigued, fascinated, and amazed. Not by this book, but by your own power. **The Purpose Driven Life** Random House PLEASE NOTE: Some recent copies of *Let Your*

Life Speak included printing errors. These issues have been corrected, but if you purchased a defective copy between September and December 2019, please send proof of purchase to [josseybasseducation@wiley.com](mailto:josseybasseducation@wiley.com) to receive a replacement copy. Dear Friends: I'm sorry that after 20 years of happy traveling, Let Your Life Speak hit a big pothole involving printing errors that resulted in an unreadable book. But I'm very grateful to my publisher for moving

quickly to see that people who received a defective copy have a way to receive a good copy without going through the return process. We're all doing everything we can to make things right, and I'm grateful for your patience. Thank you, Parker J. Palmer With wisdom, compassion, and gentle humor, Parker J. Palmer invites us to listen to the inner teacher and follow its leadings toward a sense of meaning and purpose. Telling stories from his own life and the lives of others who have made a difference, he shares insights gained

from darkness and depression as well as fulfillment and joy, illuminating a pathway toward vocation for all who seek the true calling of their lives. Personal Development for Smart People Penguin The author of Greater Expectations cites rising levels of young people who are entering adulthood without a clear sense of purpose, explaining how parents and educators can productively assist children to discover and responsibly pursue their true interests. Reprint.