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Brain Boot Camp HarperCollins UK
In this book, Tony Buzan, best selling author, inventor of the Mind Map, and world expert on how people can maximize their brain power, proves that you are smarter than you think.

Your Memory HarperCollins UK
Get your brain out of autopilot and improve your mental agility using research proven methods including: Mind Maps, 'chunking techniques', brain fitness questionnaires and two minute logic boosters.

Use Both Sides of Your Brain Plume
Mind Mapping is a breakthrough system of planning and note-taking that cuts

homework time in half and makes schoolwork fun. Mind Maps for Kids is Tony Buzan's first book written specially for a younger audience, suitable for ages 7 to 14. Tony Buzan has been teaching children all over the world for the past thirty years and has proved that Mind Maps are the magic formula in the classroom: remembering facts and figures is a piece of cake, planning is a doddle and getting stuck for an answer is a thing of the past. In Mind Maps for Kids, Tony Buzan explains this amazing system using step-by-step examples in every subject across the curriculum. He shows just how easy Mind Mapping is and how it can help kids to - remember things and concentrate better - make clearer and better notes - revise and ace exams - come up with ideas and unlock the imagination - save

time Mind Maps for Kids is a full-colour workbook, with the emphasis on having fun. As well as tips for improving memory and concentration, the book is packed with jokes, cartoons and brainteasers. Mind Mapping is the shortcut to success that puts kids one step (and sometimes miles) ahead.

Use Your Perfect Memory HarperCollins UK

From the bestselling author of The Mind Map Book and Use Both Sides of Your Brain The potential of the human memory is phenomenal. But do you know how to make the most of yours? World-renowned expert on the brain, memory, speed reading, creativity, and innovation Tony Buzan, inventor of Mind Maps, shares the secrets of how to stretch your memory to its fullest. Buzan has devised an ingenious

system for memory improvement, geared to handle each specific memory problem—from everyday names and phone numbers to special programs for card players to showing students how to prepare for and get optimum results on exams.

Use Your Memory Pearson Education

"Right now vast amounts of data are being produced and transferred around the world. Each year this equates to millions of times more than the information contained in every single book ever published. To succeed in this age of information overload, we need to have skills that enable us to take in and assimilate a lot of information fast." -- Back cover.

Mind Maps for Kids HarperCollins UK

A 7-day course to improve your mental fitness.

Mind Mapping For Dummies Plume Books

Would you like to- bull; Double your current memory capacity? bull; Be able to remember perfectly a list of 100 objects in under two hours? bull; Expand your memory and knowledge of the world's greatest artists, composers and writers? bull; Raise your IQ and achieve greater

success in all aspects of life? bull; Remember telephone and other vital numbers? bull; Master Your Memory is designed to help you to do just that. This edition of Master Your Memory introduces you to the last great memory invention of the last millennium - the Self-Enhancing Master memory matrix. This technique will allow you to memorise anything from ten to fifty thousand items with comparative ease, while at the same time exercising and improving your Memory Muscle.

Use Your Memory John Wiley & Sons
Mind mapping is a system of planning and note-taking that cuts revision time in half with double the results. Tony Buzan shows just how easy mind mapping is and how kids can use it to improve memory and concentration, remember facts and figures easily, and make revision fun.

Speed Memory Pearson Education
Provides techniques for memorizing things, absorbing facts, figures and formulas, improving concentration and motivation, remembering names, events and lines for plays, recalling information under pressure, cutting study time in half with double the results.

Master Your Memory Bbc Publications

The potential of the human memory is phenomenal. But do you know how to make the most of yours? In this edition of the BBC classic *Use Your Memory*, the secrets of how to improve your memory are fascinatingly revealed by Tony Buzan. He teaches you how to improve your memory for names, numbers, dates and lists and also for speeches, articles, poetry and whole books. There are sections for card players, for people learning new languages and for those studying for exams, as well as an intriguing chapter on how to recall your dreams. *Use Your Memory* will: *Be particularly useful for school and university students throughout their studies, and especially during review and exam times *Be useful for business people and for those wishing to improve their brainpower as they advance in years. *Allow anyone to join the rapidly growing number of mental athletes who are preparing themselves for memory competitions and championships. All the classic memory systems are explained, plus, of course, Tony Buzan's own world-famous Mind Mapping technique
Buzan's Book of Mental World Records
Pearson Education

Make the Most of Your Mind is an indispensable guide for anyone who wants to rouse the sleeping giant of his or her brain to think, learn, read, and memorize more efficiently. Make the Most of Your Mind explains how to develop untapped resource areas of the brain and increase your ability to think, learn, read, memorize, listen, and solve problems more creatively and efficiently. *Use Your Memory* Gower Publishing, Ltd. Discover how you can use mind mapping to get organized, improve your memory, plan your business strategy, and much more—from the original creator of this revolutionary thinking tool For the past five decades, Tony Buzan has been at the leading edge of learning and educational research with his revolutionary Mind Map technique. With Mind Map Mastery, he has distilled these years of global research into the clearest and most powerful instructional work available on the Mind Map technique. Tony Buzan's Mind Map technique has gathered amazing praise and an enormous worldwide following over the last few decades—but as with any very successful idea, there have been many sub-standard imitators. With Mind Map

Mastery, Tony Buzan re-establishes the essential concepts that are the core of the Mind Map with a clarity and practicality unrivalled by other books. If you are looking to improve your memory, plan your business strategy, become more organized, study for an exam or plan out your future, this is the book for you. With a clarity and depth that far exceeds any other book on the subject, it includes:

- The history of the development of the Mind Map
- An explanation of what makes a Mind Map (and what isn't a Mind Map)
- Why the Mind Map technique is such a powerful tool
- Illustrated step-by-step techniques for Mind Map development
- How to deal with Mind Maps that have "gone wrong"

Developed both for those new to the Mind Map concept as well as more experienced users who would like to revise and expand their expertise, Mind Map Mastery is the one Mind Mapping book needed on the shelf of every student and businessperson across the world. **Buzan's Study Skills** Ballantine Books Since 1974, *Use Your Head* has been translated into over 27 languages, has been published in five continents and 100 countries, has sold well over a million

copies and still the demand increases! **Use Your Head** Bbc Publications Unlock your brain's potential using mind mapping Mind mapping is a popular technique that can be applied in a variety of situations and settings. Students can make sense of complex topics and structure their revision with mind mapping; business people can manage projects and collaborate with colleagues using mind maps, and any creative process can be supported by using a mind map to explore ideas and build upon them. Mind maps allow for greater creativity when recording ideas and information whatever the topic, and enable the note-taker to associate words with visual representations. *Mind Mapping For Dummies* explains how mind mapping works, why it's so successful, and the many ways it can be used. It takes you through the wide range of approaches to mind mapping, looks at the available mind mapping software options, and investigates advanced mind mapping techniques for a range of purposes, including studying for exams, improving memory, project management, and maximizing creativity. Suitable for

students of all ages and study levels An excellent resource for people working on creative projects who wish to use mind mapping to develop their ideas Shows businesspeople how to maximize their efficiency, manage projects, and brainstorm effectively If you're a student, artist, writer, or businessperson, *Mind Mapping For Dummies* shows you how to unlock your brain's potential.

Brain Sell Plume

Unleash the hidden power of your mind It's there in all of us. A mental resource we don't think much about. Memory. And now there's a way to master its power. . . . Through Harry Lorayne and Jerry Lucas's simple, fail-safe memory system, you can become more effective, more imaginative, and more powerful at work, at school, in sports, and at play. • Read with speed and greater understanding. • File phone numbers, data, figures, and appointments right in your head. • Send those birthday and anniversary cards on time. • Learn foreign words and phrases with ease. • Shine in the classroom and shorten study hours. • Dominate social situations: Remember and use important personal

details. Begin today. The change in your life will be unforgettable

Use Your Head HarperThorsons

Contains the traditional information on speed reading, and is the first book on the subject to utilize the latest discoveries about the astounding potential and intricate workings of your brain. This classic guide provides new approaches to reading, study, concentration, and learning, and offers state-of-the-art techniques for improving reading speed and comprehension.

Make the Most of Your Mind Pan Macmillan Tony Buzan, 'the biggest name in memory', takes a fascinating and exuberant look at the enormous potential of a child's brain and provides parents with the practical tools they need to help their children achieve it. Mind maps, memory games and other techniques allow parents to encourage learning and development for children of all ages.

The Speed Reading Book HarperCollins UK Kick-start your creativity and transform your life.

Use Your Perfect Memory Watkins Media Limited

The potential of the human memory is phenomenal, and this updated edition explains techniques (including the author's mind mapping system) for improving the memory not only for names, numbers, dates and lists, but also for speeches, articles, poetry, and even whole books. It has sections for card players, and for people learning new languages and for those studying exams, as well as a chapter on capturing dreams.

The Memory Book HarperThorsons

Brain Sell, based on the latest scientific research and the experiences of some of the world's most successful salespeople, explains how to identify which mental skills are currently being used in selling, apply whole brain selling to any sales situation, use a multi-sensory format in selling, develop your sales memory and remember customers' names and faces, Mind Map and be prepared for the 'sales information age', master the mind-body link, keep focused and retain customer information, mentally rehearse the sale, make memorable sales presentations, and develop and use a personal sales commercial.