
Zenspirations

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Zenspirations

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CARPENTER BRAYLON

[Balance \(Angie's Extreme Stress Menders Volume 1\)](#) Createspace Independent Publishing Platform
Learn how to how to draw, pattern, and compose your own Zenspirations art, as you use rhythmic patterning and uplifting messages to relax your mind and body. This book will get you started with step-by-step instructions, practice exercises, and special places for you to create your own "Zen-spined" designs.

[Joy of Zentangle](#) Race Point Publishing

Create, color, pattern, and play with 32 pages of inspiring bird and butterfly designs that are just waiting for your creative touch.

[Zenspirations](#) Design Originals

Create, color, pattern, and play with 32 pages of faithful and affirming messages that are just waiting for your creative touch.

[Zenspirations](#) Design Originals

Coloring time is calming time! Best selling coloring book artist Angie Grace invites you to relax and explore the intricate and exquisite world of stress mending circular whimsical art. Stroke by stroke, shade by shade, tension and worries fade away as you transform Angie's beautiful black and white lines into your own unique, personal and beautiful keepsake art piece. This book has been drawn for connoisseur colorists and is suitable for adults and older children coloring with fine tipped markers, colored pencils or brush tipped markers. 50 delightfully detailed original designs printed on one side of the page.

Zenspirations Coloring Book Inspirations Designs to Feed Your Spirit Fox Chapel Publishing
Patterning is fun, relaxing and can add a "Wow" factor to any design. Zenspirations dangles are a unique form of patterning...and although they look complicated, they are actually easy to create. If you enjoyed Joanne's first book, Zenspirations Paterns & Lettering then you'll love Zenspiration Dangle Designs.

[Expressions of Hope Coloring Book](#) Penguin

In A Dangle A Day, Angela Porter will guide you through adding charms and embellishments to your hand lettering and artwork to create your own dangling masterpieces. Dangles are a beautiful and whimsical art form for people who love coloring and tangles. A Dangle A Day features the artwork of Angela Porter, whom you may know as the author of the Color Me series. In this book, you will follow

Angela's instructions to add charms and embellishments to letters and artwork. A Dangle a Day features more than 120 pieces of art for you to look to as you add stunning patterns and color to dangles, personalize your dangles with charms that are unique to you, and create dangle words from a variety of highly detailed alphabets. Dangles are a perfect way to accentuate your stationery, invitations, lettering, scrapbook, journals and more; so if you like coloring, tangling, or lettering, you'll love to dangle!

[Expressions of Nature Coloring Book Design Originals](#)

Discover a bountiful garden of 30 whimsical flower designs in this extraordinary coloring activity book. Zenspirations(R) artist Joanne Fink reveals her easy-to-learn techniques for combining playful patterns in gorgeous floral designs. So much more than mere outlines to color, exquisite Zenspirations patterns are launching pads of endless imagination and creativity. You don't need to have the skills of an artist to create your own masterpiece here. After your patterning is complete, go ahead and explore color! Use the finished examples for guidance, or try your own interesting color combinations to create dazzling flower art. Printed on high quality extra-thick paper, this beautiful and inspirational book is perfect for decorating with your choice of colored pencils, markers, or gel pens. Pages are printed on one side only, and are pre-perforated for easy removal and display.

[Zenspirations Coloring Book Flowers](#) Rockport Publishers

BEAUTIFUL book of wildflowers with watercolor illustrations throughout. The author says in the introduction to her grandchildren: "I first got the idea of making a little ABC picture book of Wildflowers for you when your father said quite rightly that we had failed as parents in not teaching you about the nature all around us." This book will enchant your children and encourage them to explore nature. S

[Coloring Book for Adults with Dementia](#) Createspace Independent Pub

From the creator of the worldwide bestsellers Secret Garden and Lost Ocean, a beautiful new adult coloring book, printed on ivory paper and featuring delicate tangles of holly and ivy, bauble-laden Christmas trees, and mountains of exquisitely wrapped gifts. From flurries of delicate snowflakes to deliciously decorated gingerbread houses and reindeer-led sleighs, Johanna's Christmas is a celebration of this wonderful holiday season that invites you to pick up your pens and pencils to color, complete, or embellish each of the festive artworks. Each of the 37 images in this book is printed single-sided on perforated paper, so you can color and remove the images—the perfect frameable holiday gift! Now printed on specially selected ivory paper. This paper has been

specifically created for Johanna Basford's coloring books. It has a medium tooth which is perfect for creating beautiful colored pencil effects or chalk pastel backgrounds but also wonderful for pens, which will glide effortlessly over its surface.

Zenspirations Dangle Designs Fox Chapel Publishing

Filled with expressive sentiments and beautifully simple illustrations from the personal grief journal of award winning artist/author Joanne Fink, this special edition of *When You Lose Someone You Love* offers a healing connection with all who are dealing with one of life's most challenging times. Readers will understand that they are not alone, that there will be days when you feel overwhelmed, nights when you can't sleep, and times when waves of sadness wash over you unexpectedly. Affirming and cathartic, this book will help bring healing without sugarcoating the challenges of losing a loved one. *When You Lose Someone You Love* is an incredible gift of comfort for anyone who endures the journey of losing a spouse, a family member or close friend. *When You Lose Someone You Love* features... • Life-affirming insights from the personal grief journal of an award-winning artist. • Expressive sentiments take readers through the many emotions of loss. • Beautifully illustrated on every page. • A 116 page book that offers the "look and feel" of a very personal greeting card.

Calligraphic Drawing Watson-Guption

Zenspiration dangles are unique patterns that add interest and texture to any design. Gifted calligrapher and designer Joanne Fink shares her fun and relaxing techniques for adding dangle patterns to your drawings. Joanne demystifies the patterning process, and shows how simple it is to create richly textured dangles by breaking down the design into component parts. Whether you like to journal, draw, or doodle, you'll find intriguing ideas here for crafting, designing, and decorating with dangle patterns.

Color the Words of Jesus Design Originals

2018 GIFT IDEAS COLORING BOOKS FOR GROWN-UPS CHRISTIAN *Color the Words of Jesus* is a beautifully curated collection of bible verses for Christians centered on the words of Jesus. This Christian coloring book for everyone lets you enjoy the relaxing act of coloring while also deepening your relationship with the Lord. This book is perfect for Christians of all ages and makes a wonderful gift for special Christians in your life. Each single-sided page features a scripture verse in beautiful calligraphy & lettering for meditation and inspiring designs for coloring. The back of each page is black to minimize any potential bleed-through. The back pages also feature calming patterns and the full length bible verses for each coloring page. Celebrate your Christianity by grabbing your colored pencils and spending some time with the Lord! Product Details: Premium matte-finish cover design Printed single-sided on bright white paper Perfect for all coloring mediums High quality 60# (90gsm) paper stock Large format 8.5"x11.0" (22x28cm) pages

Zenspirations Inspirations Quarry Books

Create, color, pattern, and play with 32 pages of inspiring nature designs that are just waiting for your creative touch.

A Dangle a Day Fox Chapel Publishing

Let the wisdom and enchantment of timeless fables and fiction help you achieve your creative goals! From celebrated mixed-media artist and author of *Create Your Life Book* Tamara Laporte, *Ever After*

is a rich collection of step-by-step mixed-media art lessons inspired by fairy tales, folk tales, and classic fiction. Based on one of Tamara's popular series of online classes, *Ever After* addresses the most frequently asked question she receives from her students: "How do I develop my own creative style?" In addition to the beautiful art lessons created especially for this book by Tamara and eight other noted mixed-media artists, each chapter offers creative exercises that invite readers to explore stories, their symbolism, and a specific aspect of style development as they work toward and ultimately achieve their artistic goals. *The Story of You*. Explore the experiences, feelings, and ideas that stir your passion, and how to adapt and change motifs and other visual elements to make them your own. *Inspiration: How to Find It, How to Use It*. Examine how to stay open to inspiration, incorporate it into your art practice, and integrate it into your artwork. *Comfort Zones & Productivity*. Learn strategies for working through your fear and dedicating time to your artmaking. *Dealing with Challenges & Deepening Your Voice*. Find guidance for starting a mindfulness practice to help you deal with harsh feedback, and for allowing yourself the joy of continually evolving your story, your message, and your style. *Ever After* will teach you to tell your own unique stories through art making so that your wish—to become the artist you've always wanted to be—is sure to come true! Guest Teachers Includes lessons and tips from these renowned mixed-media artists: Kara Bullock Lucy Chen Danita Andrea Gomoll Annie Hamman Mariëlle Stolp Effy Wild Micki Wilde *Fairy Tales, Fables & Fiction* Featured stories include: *Alice's Adventures in Wonderland* *Bambi* *Beauty & the Beast* *Goldilocks & the Three Bears* *Mulan* *Peter Pan* *Sleeping Beauty* *The Little Mermaid* Color Peace Coloring Book Quiet Fox Designs

Published by Kensington Press, *Coloring Book For Adults With Dementia (Volume One)* is an excellent art therapy book for individuals with dementia/alzheimer's disease. The book is packed with 35 beautiful drawings designed to bring back special memories, subjects include; the 1960's, flowers, nature, birds, animals, people and delicious food. Coloring is a great way to relax and pictures that bring back memories can encourage reminiscence and conversation for people with early stages of the disease.

Speedball Textbook Design Originals

Inspired by artist Tamara Laporte's popular online art classes (willowing.org), *Create Your Life Book* presents 18 step-by-step mixed-media drawing and painting projects that encourage self-fulfillment through the creative process. Tamara's kind, non-judgmental voice guides your way. What is holding you back? Where do you want to go? Let go of the past! Use these expressive exercises to help you recognize your personal challenges and other obstacles, then work through them. Let go of limiting beliefs, find courage, feel gratitude, heal pain, and develop self-love as you playfully create. Each themed chapter presents four to five two-part projects. First, you will explore a common issue that hampers creativity and/or positive self-worth. The second portion is a step-by-step mixed-media art project designed to help you work through that issue. Just a few of the explorations: Let go of what no longer serves you by taking stock of what's holding you back, then create a zentangle butterfly to symbolize you flying away from those limiting things. Embrace and love your inner quirky bird by taking an inventory of your quirky traits, then create a bird that celebrates them. Heal old wounds by writing a letter to yourself as a child, then create a house to keep your inner child safe. Adding rich variety to the messages and art inspiration, some of the project outlines have been contributed

by Tamara's guest teachers: Roxanne Coble, Andrea Gomoll, Alena Hennessy, Mystele Kirkeeng, Ivy Newport, and Effy Wild, each of whom are noted mixed-media artists in their own right. The final chapter presents a simple binding method for creating a keepsake book of your Life Book projects. Steeped in inspirational images and uplifting affirmations, Create Your Life Book can help you achieve both personal and creative growth.

With God All Things Are Possible Design Originals

"Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns." --P. 1.

When You Lose Someone You Love Design Originals

Patterning is fun, easy and relaxing. It is a great way to add interest and texture to any design. Whether you like to journal, draw, doodle, design, or craft, you'll find a world of inspiration here. These decorative borders, frames, shapes, and alphabets will appeal to a spectrum of tastes and styles.

The Time Garden Quarry Books

Let your spirit soar with 30 uplifting and encouraging designs in this extraordinary coloring activity book. Zenspirations(R) creator Joanne Fink reveals her easy-to-learn techniques for combining positive messages and playful patterns. So much more than mere outlines to color, exquisite

Zenspirations patterns are launching pads of endless imagination and creativity. You don't need to have the skills of an artist to create your own masterpiece here. After your patterning is complete, go ahead and explore color! Use the finished examples for guidance, or try your own interesting color combinations to create wonderfully motivating and meaningful art. Printed on high quality extra-thick paper, this beautiful and inspirational book is perfect for decorating with your choice of colored pencils, markers, or gel pens. Pages are printed on one side only, and are pre-perforated for easy removal and display.

Ever After Fox Chapel Publishing

Enter a fantastic world of 30 expressive abstract designs in this extraordinary coloring activity book. Zenspirations(R) creator Joanne Fink reveals her easy-to-learn techniques for combining playful patterns in intricately textured designs. So much more than mere outlines to color, exquisite Zenspirations patterns are launching pads of endless imagination and creativity. You don't need to have the skills of an artist to create your own masterpiece here. After your patterning is complete, go ahead and explore color! Use the finished examples for guidance, or try your own interesting color combinations to create stunning avant-garde art. Printed on high quality extra-thick paper, this beautiful and inspirational book is perfect for decorating with your choice of colored pencils, markers, or gel pens. Pages are printed on one side only, and are pre-perforated for easy removal and display.