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CROSS PORTER

Conversations with Waheeda Rehman Sculpt and ShapeThe Pilates Way

In this highly acclaimed book of conversations with Nasreen Munni Kabir, Waheeda Rehman speaks about her life and work with refreshing honesty, humour and insight: from detailing her personal triumphs and tribulations to giving enthralling accounts of working with cinematic personalities like Guru Dutt, Satyajit Ray, Raj Kapoor and Dev Anand. Against all odds, she successfully made a life in cinema on her own terms. Filled with compelling anecdotes and astute observations, this is a riveting slice of film history that provides a rare view of a much-adored and award-winning screen legend. *Dating Dr. Dil* Penguin UK

Kareena Kapoor was born to be a star! In her first-ever book, the ultimate glamour girl lets you into her fabulous life and reveals her best-kept style and beauty secrets. Bebo’s fashion, beauty and make-up tricks and tips! Get a Size Zero body with Bebo’s diet and fitness regime Replicate her looks from all her hit films Learn about Bebo’s must-visit hotels and restaurants Learn how to treat and dress your man right and the inside story of the romance with Saif Ali Khan

The First Family of Indian Cinema Penguin Random House India Private Limited

Asha Parekh was to the movies born. Ever since she was knee-high, she faced the camera as a child artiste, while performing simultaneously at dance fetes. An alumnus of Bombay’s The J. B. Petit Girls’ High School, she devoted after-school hours to learning classical dance from exacting gurus. Given a break as a leading lady by Filmalaya Studio’s Sashadhar Mukherjee, she debuted opposite Shammi Kapoor in the romantic entertainer Dil Deke Dekho. Instantaneously, the audience and the critics agreed: “A star is born.” Followed a concatenation of silver and golden jubilee hits, which established her as the quintessential Hit Girl. Possessed of all the requisites of the cinema of the 1960s and the ’70s – felicity at instinctive acting, intricate dance skills and the ability to invest conviction into the roles of zestful, glamour-exuding film heroines – she made an impact, too, with parts demanding gravitas. Apart from films in Hindi, she has also acted in films in Gujarati, Punjabi and a film in Kannada. The Mumbai film trade, to date, acknowledges her as one of the heroines with the highest number of successes. Her innumerable dance ballets on stage have earned her untold acclaim, at home and overseas. Among her other facets, she has been involved since decades in running a charitable hospital. She was Chairperson of the Central Board of Film Certification (1998-2001) and has been associated with the Cine and TV Artistes’ Associations and other organisations dedicated to the welfare of film industry workers, technicians and actors. She turned producer and director with several top TRP-rated TV serials like ‘Kora Kagaz’ and ‘Palash ke Phool’ and programmes like ‘Baaje Paayal’. Currently she has chosen to retire from acting, but adds, “Never say never.” She lives by the famed Juhu shoreline in Mumbai.

The Crazy Untold Story of Bollywood's Bad Boy Hogarth

NEW YORK TIMES BEST SELLER • Sharon Stone tells her own story: a journey of healing, love, and purpose. • “Not your typical Hollywood autobiography. Brutally honest, restless and questing.” —O, The Oprah Magazine Sharon Stone, one of the most renowned actresses in the world, suffered a massive stroke that cost her not only her health, but her career, family, fortune, and global fame. In *The Beauty of Living Twice*, Stone chronicles her efforts to rebuild her life and writes about her slow road back to wholeness and health. In a business that doesn’t accept failure, in a world where too many voices are silenced, Stone found the power to return, the courage to speak up, and the will to make a difference in the lives of men, women, and children around the globe. Over the course of these intimate pages, as candid as a personal conversation, Stone talks about her pivotal roles, her life-changing friendships, her worst disappointments, and her greatest accomplishments. She reveals how she went from a childhood of trauma and violence to a career in an industry that in many ways echoed those same assaults, under cover of money and glamour. She describes the strength and meaning she found in her children, and in her humanitarian efforts. And ultimately, she shares how she fought her way back to find not only her truth, but her family’s reconciliation and love. Stone made headlines not just for her beauty and her talent, but for her candor and her refusal to “play nice,” and it’s those same qualities that make this memoir so powerful. *The Beauty of Living Twice* is a book for the wounded and a book for the survivors; it’s a celebration of women’s strength and resilience, a reckoning, and a call to activism. It is proof that it’s never too late to raise your voice and speak out.

The Pilates Way Routledge

From the heart of a well-known family of Hyderabad to life in a single room with the barest of necessities, Shaukat Kaifi's memoir of her life with the renowned poet Kaifi Azmi speaks of love and commitment. A marriage of over a half a century, a life steeped in poetry and progressive politics, continuing involvement with the Indian People's Theatre Association, the Progressive Writers Association, Prithvi Theatre... all of these and more inform this beautifully told tale of love. Shaukat Kaifi's writing details life in a communist commune, a long career in theatre and film and a life spent bringing up her two children, cinematographer Baba Azmi and actor Shabana Azmi. Nasreen Rehman's deft and fluent translation brings this luminous memoir alive with warmth and empathy. "To say that this is a lovely book would be an understatement. It is an enchanting recollection of the life of a

hugely talented and sensitive human being, shared with a great poet." -- Amartya Sen. Published by Zubaan.

A Novel Mark Batty Publisher

India’s top Bollywood biographer tells the uncensored story of Sanjay’s roller-coaster life Ð from the tragic deaths of both his mother and his first wife to the time he smuggled heroin into the US and from the painful rehab he had to go through to his curious phone calls to gangster Chhota Shakeel.

Busting the big FAT MYTH Zubaan

How do you deal with the most difficult moments in your life? Every experience that we go through changes us and helps us grow. As we learn to laugh and cry, win and lose, share and care, the meaning of life and true happiness unfolds before us. Known for his bold forays into Bollywood, Emraan Hashmi walks us through his memories that have shaped him—from a confused teenager who dabbled in a variety of things to finding his calling to the suave, smart and unorthodox actor he has become today. At the heart of his story lies the most important and transformative experience of his life—the period when his son, Ayyan, was battling with cancer. It reveals the man behind the limitless charm of Emraan Hashmi and how he dealt with his son’s illness. Honest, personal, bold and heart-warming, *The Kiss of Life* is about an actor and a father’s trials and triumphs.

An Autobiography Lulu Press, Inc

From the #1 New York Times bestselling author of *milk and honey* and *the sun and her flowers* comes her greatly anticipated third collection of poetry. rupi kaur constantly embraces growth, and in *home body*, she walks readers through a reflective and intimate journey visiting the past, the present, and the potential of the self. *home body* is a collection of raw, honest conversations with oneself - reminding readers to fill up on love, acceptance, community, family, and embrace change. illustrated by the author, themes of nature and nurture, light and dark, rest here. i dive into the well of my body and end up in another world everything i need already exists in me there’s no need to look anywhere else - home

A Novel Bloomsbury USA Academic

I am Lakshmi Prasad, native of Bitihar. I am doing PhD on a very important subject “Mating habits of gay chimpanzees in West Africa” at PANU University, the best University in India and possibly the best University in the world. My idols are “Faizal Guru”, “Janab Kasab Sahib”, “Focus Carat”, “Baba Badkar”, “Zakir Nalayak”, “Gharkha Dutt”, “Dr. Kana Ayyub” and all PhD students who had committed suicide since they failed to solve their PhD problems. I personally feel that, all deprived Indians should automatically be awarded a PhD degree coupled with a free pension of 1 lakh rupees/month to be delivered in cash via post at door step. Till then we are going to fight for azaadi from India. Imagine a day, when no PhD student would have to commit suicide, imagine a day, when no lower caste will be humiliated by upper caste, s/he can use his/her doctorate degree and force others to call him/her Dr. X, Dr. Y ,etc.

Penguin Random House India Private Limited

The dramatic, entertaining story of the dream team that pioneered the Bollywood blockbuster Salim Khan and Javed Akhtar reinvented the Bollywood formula with an extraordinary lineup of superhits, becoming game changers at a time when screenwriting was dismissed as a back-room job. From Zanjeer to Deewaar and Sholay to Shakti, their creative output changed the destinies of several actors and filmmakers and even made a cultural phenomenon of the Angry Young Man. Even after they decided to part ways, success continued to court them—a testament not only to their impeccable talent and professional ethos, but also their enterprising showmanship and business acumen. Fizzing with energy and brimming over with enough trivia to delight a cinephile’s heart, *Written by Salim-Javed* tells the story of a dynamic partnership that transformed Hindi cinema forever.

Written by Salim-Javed Harper Collins

First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

The Front Row: Conversations on Cinema Penguin UK

Shyam Benegal is one of India’s major film directors. A career spanning more than forty years includes documentaries and television programs as well as over twenty feature films. He has worked with, indeed launched the careers of, many of the major stars of the Bombay film industry such as Shabana Azmi, Om Puri, Smita Patil, Naseeruddin Shah and Amrish Puri. From his first feature film, *Ankur*, to recent work like *Zubeidaa*, Benegal has always combined social analysis with aesthetic pleasure. These lively and engaging interviews cover Benegal’s life and work and, in doing so, present a history of Indian cinema.

Being Ritu Om Books International

Raj Kapoor, the creator of some of Hindi cinema’s most enduring classics, is one of the greatest film-makers India has ever produced. As producer, director, actor, editor, storyteller, he blazed a trail for subsequent generations of film-makers to follow and aspire to. He was also known to the world as an extraordinary and controversial showman, an entertainer par excellence, someone who created the template for Hindi cinema.Raj Kapoor: The One and Only Showman is a unique experiment, both an autobiography and a biography. While the autobiography uses his own words, culled from interviews, journals and anecdotes, to provide an intimate glimpse into the mind of a genius, the biography is an attempt to record for posterity the lesser-known facets of his magnificent personality through the recollections of his family, colleagues and friends. As revealing as it is engaging, this is

a fascinating portrait of the man regarded as the last of the true movie moguls of Indian cinema.

[Humans of Bombay](#) HarperCollins

A monumental, genre-defying novel that David Mitchell calls "Michel Faber's second masterpiece," *The Book of Strange New Things* is a masterwork from a writer in full command of his many talents. It begins with Peter, a devoted man of faith, as he is called to the mission of a lifetime, one that takes him galaxies away from his wife, Bea. Peter becomes immersed in the mysteries of an astonishing new environment, overseen by an enigmatic corporation known only as USIC. His work introduces him to a seemingly friendly native population struggling with a dangerous illness and hungry for Peter's teachings—his Bible is their "book of strange new things." But Peter is rattled when Bea's letters from home become increasingly desperate: typhoons and earthquakes are devastating whole countries, and governments are crumbling. Bea's faith, once the guiding light of their lives, begins to falter. Suddenly, a separation measured by an otherworldly distance, and defined both by one newly discovered world and another in a state of collapse, is threatened by an ever-widening gulf that is much less quantifiable. While Peter is reconciling the needs of his congregation with the desires of his strange employer, Bea is struggling for survival. Their trials lay bare a profound meditation on faith, love tested beyond endurance, and our responsibility to those closest to us. Marked by the same bravura storytelling and precise language that made *The Crimson Petal* and *The White Pathos* such an international success, *The Book of Strange New Things* is extraordinary, mesmerizing, and replete with emotional complexity and genuine pathos.

[The Style Diary of a Bollywood Diva](#) Random House India

'We are like the Corleones in *The Godfather*'—Randhir Kapoor There is no film family quite like the Kapoors. A family of professional actors and directors, they span almost eighty years of film-making in India, from the 1920s to the present. Each decade in the history of Hindi films has had at least one Kapoor—if not more—playing a large part in defining it. Never before have four generations of this family—or five, if you include Bhasheshwar Nath Kapoor, Prithviraj Kapoor's father, who played the judge in *Awaraz*—been brought together in one book. The Kapoors details the professional careers and personal lives of each generation—box-office successes and failures, the ideologies that informed their work, the larger-than-life Kapoor weddings and Holi celebrations, their extraordinary romantic liaisons and family relationships, their love for food and their dark passages with alcohol. Based on extensive personal interviews conducted over seven years with family members and friends, Madhu Jain goes behind the façade of each member of the Kapoor clan to reveal what makes them tick. The Kapoors resembles the films that the great showman Raj Kapoor made: grand and sweeping, with moments of high drama and touching emotion. 'Few books on Indian cinema have been written with such wit, clarity and sparkle'—*Outlook* 'Jain writes in a language that is simple and pithy. . . it will keep alive public interest in the Kapoors who refuse to call it a day'—*Telegraph* 'Immensely readable...will surely find a place in the Indian cineaste's library'—*Biblio*

[The Story of Hindi Cinema's Greatest Screenwriters](#) Vintage

Meet Ritu Nanda. As Raj Kapoor's daughter, she was part of the first family of Bollywood. Her marriage to Rajan Nanda of the Escorts Group led to her joining another illustrious family. Yet, she went on to carve her own identity as an insurance advisor and even got her name into the Guinness Book of World Records. Being Ritu is the story of a woman who shed her shyness and stepped into the limelight, taking on a variety of roles - entrepreneur, insurance advisor, author, negotiator and pioneer. It's about her quiet determination, grace and courage as she lived every moment to its fullest, even while battling a dreaded disease, and touched the lives of everyone around her. It's also about those who added colour to the kaleidoscope of her life - her family, friends, colleagues and well-wishers. With tributes from her sambandhi Amitabh Bachchan, family members Randhir Kapoor, Rima Jain, Kareena Kapoor and Ranbir Kapoor, as well as friends such as Karan Johar, Sonali Bendre, Kiran Mazumdar-Shaw, Gauri Khan and many others, this is the story of a woman like no other. Meet Ritu Nanda. You will be happy you did.

[The Vagina Monologues](#) Penguin UK

About the Book Every success story has its price to pay. So did Shatrughan Sinha (SS) who achieved the impossible twice over. The youngest and the most pampered in a family of academics and doctors where four sons were named after the four brothers of the Ramayan, SS stood out defiantly different. He was born for applause and the limelight; he was besotted with Raj Kapoor and cinema. In the face of stiff opposition from disciplinarian

father Bhuvaneshwar Prasad Sinha, mother Shyama Devi's chhutki bauwa (little darling) set out for the Film Institute of India (now FTII) in Poona. Bombay was the next logical destination. Without Kapoorian good looks or any connection with the Hindi film industry, the unknown scarface from Patna went on to create history on celluloid. In politics too, with no known surname or family to power his entry, he set a record as the first film star from India to be sworn-in as a Cabinet Minister. Quotes Anything But Khamosh: The Shatrughan Sinha Biography, is a rivetingly honest read that retraces the hurrahs and heartaches of India's most popular Bihari Babu. "Do not attempt to change him. Of the 1.25 crore people of India, he stands out as unique" - Amitabh Bachchan, superstar, Hindi cinema "They used to call me the Shatrughan Sinha of the South" - Rajinikanth, superstar, Tamil Nadu "I became an actor because of Shatrughan Sinha" - Chiranjeevi, superstar & Congress-I leader, Andhra Pradesh "Ours is an Eklavya-Dronacharya story. He is my guru" - Ambareesh, superstar & Minister for Housing, Karnataka "A person who joined the Jan Sangh or the BJP when it was in the Opposition, had to be gutsy. Shatrughan is" - LK Advani, Senior Leader, BJP "I would give him sanyam ki salaah (advice on patience)" - Sushma Swaraj, Minister for External Affairs "I find there's no chaploosi (sycophancy) in him. Our doors are open 24/7 to him" - Lalu Prasad Yadav, Leader, RJD "If the Bihari Babu is hurt, the whole of Bihar is hurt" - Nitish Kumar, Chief Minister, Bihar "If we had Shatrusaab on our side, we wouldn't need anybody else on our team" - Nawaz Sharif, Prime Minister, Pakistan About the Author Renowned columnist, critic and author Bharathi S Pradhan has written both fiction and non-fiction. Mr Bidi - the life story of an industrialist; Heartfelt: The inspirational story of Medha Jalota; Colas, Cars & Communal Harmony on secularism and Valentine Lover, an adult novel, are some of her well-received books. She scripted a documentary on Mughal-e-Azam and ideated for Balaji Telefilms. She has been Chairperson, National Awards (for best writing on cinema), and has been on the jury of diverse awards committees. She was also on the jury of the Indian Panorama of IFFI 2015. Bharathi has edited a variety of magazines and contributed to several publications that include Reader's Digest, Mid-day, Savvy, Femina and Movie. She continues to be a Sunday columnist with The Telegraph. She lives in Mumbai with Sanjaya, her Chartered Accountant husband and Siddhesh, her son who is currently studying Law.

[The One and Only Showman](#) Penguin UK

While chasing the woman of his dreams, he ran into the love of his life. Dev's life is a mess because he is reckless. Tara's is a mess because she's not. His ex is getting married to her ex, and so two strangers meet on a plane to Paris on their way to break the wedding. When a freak volcanic eruption disrupts air travel globally, the two are left stranded on Heathrow. And that's when the real tamasha begins. Welcome onboard Flight APS through London, Paris and Ludhiana. Please pay attention to the safety demonstration because things are going to get real weird, real fast.

[Romancing with Life \(PB\)](#) Andrews McMeel Publishing

Divided into five chapters and illustrated by Kaur, the sun and her flowers is a journey of wilting, falling, rooting, rising, and blooming. A celebration of love in all its forms. This is the recipe of life said my mother as she held me in her arms as I wept. Think of those flowers you plant in the garden each year they will teach you that people too must wilt fall root rise in order to bloom

[Bollywood Babylon](#) Westland Publication Limited

NEW YORK TIMES BESTSELLER • In this thoughtful and revealing memoir, readers will accompany one of the world's most recognizable women on her journey of self-discovery. "I have always felt that life is a solitary journey, that we are each on a train, riding through our hours, our days, our years. We get on alone, we leave alone, and the decisions we make as we travel on the train are our responsibility alone." A remarkable life story rooted in two different worlds, *Unfinished* offers insights into Priyanka Chopra Jonas's childhood in India; her formative teenage years in the United States; and her return to India, where against all odds as a newcomer to the pageant world, she won the national and international beauty competitions that launched her global acting career. Whether reflecting on her nomadic early years or the challenges she has faced as she has doggedly pursued her calling, Priyanka shares her challenges and triumphs with warmth and honesty. The result is a book that is philosophical, sassy, inspiring, bold, and rebellious. Just like the author herself. From her dual-continent twenty-year-long career as an actor and producer to her work as a UNICEF Goodwill Ambassador, from losing her beloved father to cancer to marrying Nick Jonas, Priyanka Chopra Jonas's story will inspire a generation around the world to gather their courage, embrace their ambition, and commit to the hard work of following their dreams.